

WOMEN'S ORGANIZATIONS OF ALBERTA



Sixth Edition – November 2009

Alberta

Government
of Alberta



Government of Alberta

Women's Organizations of Alberta

**Sixth Edition
November 2009**

Alberta Children and Youth Services grants permission to photocopy this directory.

Changes to programs, services, office locations, contact persons, phone numbers, emails and websites may occur after the publication of this directory.

Published by:

Women's Issues
Intergovernmental Initiatives
Alberta Children and Youth Services

Sixth Edition
November 2009

INTRODUCTION

The Women's Issues area of Children and Youth Services is pleased to introduce the sixth edition of *Women's Organizations of Alberta*.

This directory is designed to:

- list organizations in the province which provide ongoing services and programs primarily for women, or which may be of high interest to women;
- encourage networking among women's organizations;
- increase communication and referrals between groups; and
- act as a springboard in the creation of new community-based services and programs.

Children and Youth Services grants permission to photocopy this directory from the ministry's website, at www.child.alberta.ca.

Using the Directory

Groups and organizations are organized by subject areas, which are listed alphabetically in the table of contents. The Location Index lists groups and organizations by community, and an Alphabetical Index is also included, providing a quick way to contact a specific group.

For the Future

We have made every effort to ensure the information in this directory is current, accurate, and complete. However, information about groups and organizations continuously changes.

To help keep this directory as up-to-date as possible, please let us know of changes to your organization. You can do this by completing the WOA Information Form on page 90. If your organization is not currently listed and you would like it added to the next edition, please fill out the same WOA Information Form.

Please send your WOA Information Form to:

Women's Issues
Intergovernmental Initiatives
Children and Youth Services
12th Floor, Sterling Place
9940-106 Street
Edmonton AB T5K 2N2
Phone: 780- 427-4304
Fax: 780- 422-6642
Email: cys.womensissues@gov.ab.ca

Acknowledgements

We acknowledge and thank the many women's groups and organizations that responded to our requests for information. Without their help, this directory would not be possible.

We sincerely hope this directory continues to be a useful resource.

Disclaimer

The organizations listed provided their contact information and a description of their services. They gave their permission to be included in this directory.

The views and policies of the organizations in this directory do not necessarily reflect those of the Government of Alberta. Children and Youth Services is not responsible for the quality of programs and services offered by these organizations.

Subject Areas

Aboriginal Women.....	6
Arts.....	8
Education – Post-Secondary, Continuing Education, and Training	10
Employment and Career Development – General	13
Employment and Career Development – Barriers to Employment	16
Employment and Career Development – Women in Science, Engineering, Trades, and Technology	17
Ethno-Cultural Diversity and New Canadians.....	18
Francophone Women	25
Gay, Lesbian, Bisexual, Transgendered/Transsexual, Queer/Questioning (GLBTQ).....	26
Gender Awareness	28
Girls and Young Women	29
Health and Wellness – General.....	32
Health and Wellness – Body Image and Self-esteem	33
Health and Wellness – Cancer Support Services.....	34
Health and Wellness – Mental Health	35
Health and Wellness – Pregnancy, Reproductive and Sexual Health.....	37
Health and Wellness – Sports and Physical Health	41
Health and Wellness – Substance Abuse and Addictions.....	43
Human Rights and Legal Issues.....	45
Information, Advocacy, and Referral	51
Older Women.....	57
Parenting and Family	58
Persons with Disabilities.....	60
Poverty	63
Politics and Leadership.....	61
Prostitution.....	62
Rural and Farm Women.....	64
Violence Against Women	65
Violence Against Women – Second Stage Housing.....	78
Location Index	80
Alphabetical Index	85
Update Form	90

Aboriginal Women

Alberta Native Friendship Centres Association

10336-121 Street

Edmonton AB T5N 1K8

Phone: 780-423-3138

Fax: 780-425-6277

Email: director@anfca.com

Website: www.anfca.com

Executive Director: Nelson Mayer

Supports the development and operation of friendship centres in Alberta. Addresses the social, health, economic, justice and recreational issues that affect Aboriginal people living in rural and urban settings. Offers provincially-based programs and services to enhance capacity of community-based Friendship Centres to respond to local needs. Administers province-wide Artist in Action, Aboriginal Artisan database; www.healthyspirit.com; an HIV/AIDS online information portal; and a range of culturally-based resources.

Canadian Native Friendship Centre

11205-101 Street

Edmonton AB T5G 2A4

Phone: 780-479-1999

Fax: 780-479-0043

Email: cnfc@shawbiz.com

Website: www.cnfc.ca

Contact: Crystal Beaverbones, Community Resources

Improves the quality of life for Aboriginal people in an urban environment by supporting self-determined activities, encouraging equal access and participation in Canadian society, all while respecting Aboriginal cultural distinctiveness. Holds Pow-Wow dance classes for women.

Institute for the Advancement of Aboriginal Women (IAAW)

201, 10812-178 Street

Edmonton AB T5S 1L3

Phone: 780-479-8195, or 1-877-471-2171 (toll-free)

Fax: 780-471-2169

Email: iaaw@iaaw.ca

Website: www.iaaw.ca

President: Muriel Stanley Venne

Supports Aboriginal women in Alberta through recognition and promotion of their roles as leaders, individually, in their families, and in their communities. Promotes Aboriginal women and their particular field of expertise. Provides education and advocacy concerning human rights as they apply to Aboriginal women.

Lac La Biche Canadian Native Friendship Centre

P.O. Box 2338, 10105 Churchill Drive

Lac La Biche AB T0A 2C0

Phone: 780-623-3249

Fax: 780-623-1846

Email: info@nativefriendship.ca

Website: www.nativefriendship.ca

Executive Director: Donna Webster

Focuses on developing strong relationships within the community and providing strong cultural supports.

Métis Child and Family Services Society

10437-123 Street

Edmonton AB T5N 1N8

Phone: 780-452-6100

Fax: 780-452-8944

Email: amanda.collins@metischild.com

Website: www.metischild.com

President: Debbie Houle

Promotes health and well-being of Métis children and families by building on the capacity of the Métis community through the provision of culturally-sensitive and appropriate programs and services. Offers Health for Two, a family support program, and an outreach program for women on the streets.

Stardale Women's Group Inc.

Sunlife Plaza – West Tower

2600, 144-4 Avenue SW

Calgary AB T2P 3N4

Phone: 403- 243-6615

Email: stardale@gmail.com

Website: www.nald.ca/Stardale

Executive Director: Helen McPhaden

Provides Aboriginal women, immigrant women, women living in poverty, and any other group of marginalized women with essential life skills, literacy skills, and education. Provides these women with advocacy to empower their lives, their families, and their communities, in order to overcome systemic barriers.

Arts

Global Television Women of Vision –

Calgary

Woman of Vision c/o Global Calgary

222-23rd Street NE

Calgary AB T2E 7N2

Phone: 403- 235-7714

Email: womanofvision@globaltv.com

Contact: Susan Costello

Edmonton

Woman of Vision c/o Global Edmonton

5325 Allard Way

Edmonton AB T6H 5B8

Phone: 780- 436-1250

Email: viewpoint@shaw.ca

Contact: Lesley MacDonald

A monthly feature on Global News which celebrates the accomplishments of outstanding Alberta women who have implemented their passion and whose personal dedication and actions inspire us all. These stories serve as an inspiration to other women, especially young women about to make goals and career choices. Women of Vision – Calgary is written and produced by Linda Olsen. Women of Vision – Edmonton is written and produced by Lesley MacDonald.

Women in Film and Television – Alberta

The National Film Board of Canada

10815-104 Avenue, Suite 100

Edmonton AB T5J 4N6

Email: admin@wifta.ca

Website: www.wifta.ca

President: Deborah Osborne

A non-profit organization that promotes and assists the professional development, equitable treatment, recognition of achievements and the creation of new opportunities for professionals, especially women in the film, video, multimedia and television industries.

Women's Writing Program, Faculty of Extension, University of Alberta

Suite 2-200, Enterprise Square

10230 Jasper Avenue

Edmonton AB T5J 4P6

Phone: 780- 492-3093

Fax: 780- 492-1857

Email: liberalstudies@ualberta.ca

Website: www.extension.ualberta.ca/womenswords

Program Coordinator: Susan Boychuk

A week-long writing program each June called *Women's Words: Summer Writing Week* offers women writers, both established and new, the opportunity to work in a small and interactive group with published writers and award-winning authors. This program explores poetry, life-writing, fiction, creative non-fiction, and visual art and text.

Education – Post-Secondary, Continuing Education, and Training

Alberta Women's Institutes (AWI)

See Rural and Farm Women

Braemar School

9359-67A Street NW

Edmonton AB T6B 1R7

Phone: 780- 468-3000

Fax: 780- 468-4949

Email: braemar@epsb.ca

Website: braemar.epsb.ca

Provides full senior high education to pregnant and parenting young women. In partnership with Terra Association, assists students in accessing community supports, to enable them to have the best possible future. Offers on-site supports such as childcare, medical services, parenting education, career counselling, and assistance with transportation, housing, legal, and personal issues.

Canadian Federation of University Women (CFUW)

Edmonton

403, 5520 Riverbend Road

Edmonton AB T6H 5G9

Email: president@cfuw-edmonton.org

Website: www.cfuw-edmonton.org

President: Gail Perrin

Calgary

Email : www.cfuw.ucalgary.ca/contact/us (online form)

President : Feray Berger

CFUW is a voluntary, non-partisan, non-profit, self-funded, bilingual organization, which works to raise the social, economic and legal status of women as well as to improve education, the environment, peace, justice, and human rights. Provides education through monthly speakers. Studies issues related to their mandate through an Issues/Education Committee. Funds scholarships at the University of Calgary (refer to U of C Scholarships and Grants booklet), University of Alberta, and supports national CFUW fellowships at the post-graduate level.

Congress of Black Women - Edmonton Chapter

PO Box 1121, Station Main

Edmonton AB T5J 3Y4

Phone: 780-475-7991

President: Maureen Braun

Assists Black Canadian women and their families to improve their welfare in local communities and nationally. Facilitates employment, financial, parenting and health workshops. Mentors minority students in high school and post-secondary institutions. Provides social support and networking to other like organizations.

Minerva Senior Studies Institute, Grant MacEwan College

City Centre Campus

Room 7-166, 10700-104 Avenue

Edmonton, AB T5J 4S2

Phone: 780-497-5082

Fax: 780-497-5599

Email: Minerva@macewan.ca

Website: www.minerva.macewan.ca

Manager: Donna-Mae Winquist

Provides learning opportunities for older adults (50+). The Female Mavericks of the Prairies course explores the role women played in shaping communities.

University of Calgary

EDT 106, 2500 University Drive NW

Calgary AB T2N 1N4

Phone: 403- 220-2866

Fax: 403- 284-5702

Email: conted@ucalgary.ca

Website: www.conteducalgary.ca

Program Director: Dr. Scott Mclean

Hosts the Workplace Strategies for Women workshop twice per year.

University of Lethbridge Women's Studies

4401 University Drive

Lethbridge AB T1K 3M4

Phone: 403-329-2684

Fax: 403-329-2016

Email: daniels@uleth.ca

Website: www.uleth.ca/fas/wom

Coordinator: Dayna B. Daniels

Courses in the program use an interdisciplinary approach and have a foundation of feminist theory. The courses in the program examine women's lives, bodies, experiences, labour, and scholarship.

Women and Relationships Education Program

Mill Creek Site
221 Bonnie Doon Shopping Centre
PO Box 2359
Edmonton AB T5J 2R7
Phone: 780-496-5917
Contact: Pat Moffat

Offers information to understand patterns of unhealthy relationships. Provides open discussion and information on how to recognize patterns of unhealthy relationships and how to set boundaries, build self-worth, and move towards having healthy relationships. This is a free 12-week program provided by the City of Edmonton. Sessions run twice per year.

Women in Psychology

Calgary
Phone: 403-242-7796
Email: patricia@lightheartedconcepts.com
Website: www.womeninpsychology.com
Contact: Patricia Morgan

Provides the Calgary feminist community with an atmosphere of mutual respect, develops a professional support network, shares information, and supports and empowers women pursuing graduate education in feminist studies.

Women's Issues, Children and Youth Services

Intergovernmental Initiatives
12th Floor, Sterling Place
9940-106 Street
Edmonton AB T5K 2N2
Phone: 780-427-4304 (toll-free by first dialling 310-0000)
Fax: 780-422-6642
Email: cys.womensissues@gov.ab.ca
Website: www.child.alberta.ca

Promotes public and government awareness of issues of concern to women. Offers the Persons Case Scholarship to students in areas non-traditional for their gender, or whose studies ultimately contribute to the advancement of women. Promotes educational resources and materials related to women's issues. Produces *Women's Organizations of Alberta* directory.

Women's Writing Program, Faculty of Extension, University of Alberta

See Arts

Employment and Career Development – General

Alberta Employment and Immigration

Email: EII.Communications@gov.ab.ca (for general inquiries)

Website: www.employment.alberta.ca

The department's major responsibilities include helping Albertans train for as well as find and keep employment, providing financial and health benefits, offering child support services and employment training support for Albertans in need. The department also provides support to Albertans fleeing abuse. Albertans in abusive situations can get help 24-hours-a-day, seven-days-a-week through Alberta Works. All they need to do is call 1-866-644-5135 toll-free in Alberta, or 780-644-5135 in Edmonton, to find out what is available. These financial supports are available, providing the program's eligibility criteria are met.

Alberta Women Entrepreneurs

Calgary

610, 736-8 Avenue

Calgary AB T2P 1H4

Phone: 1-800-713-3558 (toll-free)

Email: info@awebusiness.com

Website: www.awebusiness.com

Contact: Cindy Wahl Braun

Edmonton

100, 10237-104 Street

Edmonton, AB T5J 1B1

Phone: 1-800-713-3558 (toll-free)

Email: info@awebusiness.com

Website: www.awebusiness.com

Contact: Marcella Mandeville

Assists women entrepreneurs to start, grow, or purchase a business. Provides free business services to women in Alberta; including advice, skills development, network development, and financing (up to \$100,000).

Association of Women Lawyers (AWL)

AWL c/o Peacock Linder & Halt LLP

Suite 850, 607-8 Avenue SW

Calgary AB T2P 0A7

Email: jprice@plhlaw.ca

Website: www.awlcalgary.ca

President: Rebecca Brown

AWL promotes the advancement, equality, interests and well-being of women in the legal profession. Organizes and sponsors a number of events every year offering members educational, networking and social opportunities that will appeal to a diverse set of interests.

Candora Society

248, 3210-118 Avenue

Abbotsfield Mall

Edmonton AB T5W 4W1

Phone: 780-474-5011

Fax: 780-477-5655

Email: crystal.nahaiowski@candorasociety.com

Website: www.candora.ca

Promotes positive growth in the lives of women, children, and families in the community. Provides opportunities for progressive learning about issues that affect the lives of families. Networks and collaborates with community partners for early crisis intervention. Offers a variety of programs such as employment preparation, literacy activities, and women's savings groups.

Intuit Women's Network (IWN)

7008 Roper Road

Edmonton AB T6B 3H2

Phone: 1-800-565-8831 (toll-free)

Website: www.intuit.ca/en/intuit/careers_iwn.jsp

Contact: Stacey Bomak

Serves as an ongoing forum for networking, sharing best practices, and assisting with the professional development of its members through ongoing programs and services.

Organization of Women in International Trade (OWIT)

Suite 127, #406, 917-85 Street SW

Calgary AB T3H 5Z9

Phone: 403-214-0224

Fax: 403-214-0224

Email: cheryl@owitalberta.org

Website: www.owitalberta.org

President: Cheryl Lockhart

A locally-based women's organization providing support, inspiration, information, and networking opportunities to women and men who are active members of the international trade community. Organizes events in both Calgary and Edmonton.

Progressive Group for Independent Business Women (PGIBW)

PO Box 44068 Southcentre RPO

Calgary AB T2J 7C5

Phone: 403-720-2143

Fax: 403-203-3370

Email: pgibwomen@pgib.ca

Website: www.pgibw.ca and/or www.womenspages.ca

Executive Director: Julie Chandler

PGIBW fosters business development, collaboration, and growth through group meetings, networking sessions, and expert guest speakers, and also allows access to low merchant rates through their Chase Paymentech program.

Savoir Faire Professional Women's Club

Phone: 403-275-2051 ext.27

Fax: 403-283-2141

Email: info@savoirfairewomensclub.com

Website: www.savoirfairewomensclub.com

Contact: Gina Horwood

Facilitates relationship building for entrepreneurial business women. Delivers programs developed to help women grow personally, professionally, and in their businesses.

Women in a Home Office

369, 10816 MacLeod Trail S.

Calgary AB T2Z 3P4

Phone: 403-726-0785, or 1-800-615-7685 (toll-free)

Fax: 403-726-0780

Email: info@womeninahomeoffice.com

Website: www.womeninahomeoffice.com

Contact/Founder: Anne Stone

Offers women the opportunity to connect with others in similar work situations to provide peer support and sharing of information and resources. Educates members in areas related to both business and personal growth through ongoing local and teleconference meetings, as well as an informative website.

Employment and Career Development – Barriers to Employment

Distinctive Employment Counselling Services of Alberta (DECSA)

11515-71 Street

Edmonton AB T5B 1W1

Phone: 780-474-2500

Fax: 780-474-7765

Email: info@decsa.com

Website: www.decsa.com

Executive Director: Darrel Regehr

Offers services to people with barriers to employment resulting from mental or physical disability, domestic and family violence, or prostitution. Delivers the Opportunity Plus Program, which helps women who have experienced domestic violence train to learn skills in the areas of life management, the dynamics of abuse, and employment preparation. The Transitions Program provides services for women and transgendered individuals who want to leave prostitution.

EthniCity Catering

125, 920-36 Street NE

Calgary AB T2A 6L8

Phone: 403-537-8809

Email: order@ethnacitycatering.ca

Website: www.ethnacitycatering.ca

A social enterprise of the Centre for Newcomers, providing Calgarians with high-quality, multi-ethnic food. At the same time, it employs immigrant women in transition and breaks the cycle of "no Canadian work experience, no Canadian work." Employees work part-time while they learn about the Canadian work environment, build their skills, and search for permanent employment.

Employment and Career Development – Women in Science, Engineering, Trades, and Technology

WISEST (Women in Scholarship, Engineering, Science & Technology)

295 CAB (Central Academic Building)

University of Alberta

Edmonton AB T6G 2G1

Phone: 780-492-1842

Fax: 780-492-2990

Email: wisest@ualberta.ca

Website: www.wisest.ualberta.ca

Coordinator: Grace Ennis

Develops programs and policies to attract, retain, and help advance women in scientific fields and roles non-traditional for their gender, to increase representation of women in all fields of scholarship. WISEST works with university, industry, government, and volunteers on programs for women of all ages. The summer research program, CHOICES SET, exposes young women to the exciting opportunities in science.

Women Building Futures Society (WBF)

10326-107 Street

Edmonton AB T5J 1K2

Phone: 780-452-1200, or 1-866-452-1201 (toll-free)

Fax: 780-452-1279

Email: info@womenbuildingfutures.com

Website: www.womenbuildingfutures.com

Chief Executive Officer and President: JudyLynn Archer

Works to help women build better lives and achieve economic independence through training, employment, and mentorship. Attracts women into the trades industry by offering specialized trades training, scholarship/funding alternatives, and affordable student housing. Operates a for-profit business, Fixit Chicks Inc., which offers courses on home repair, home renovations, building, and welding. For more information, visit www.fixitchicks.ca.

Ethno-Cultural Diversity and New Canadians

Calgary Immigrant Women's Association (CIWA)

200, 138-4 Avenue SE

Calgary AB T2G 4Z6

Phone: 403-263-4414

Fax: 403-264-3914

Email: director@ciwa-online.com

Website: www.ciwa-online.com

Executive Director: Beda Svigir

Promotes and supports the integration of immigrant women into the community and the larger Canadian society. Offers transportation to programs and/or services, settlement and integration support, information and referral services, family conflict resolution, language instruction and translation and parenting programs. An emergency fund is available for abused women.

Canadian Law and Modern Day Foreign Brides

Website: www.lawforforeignbrides.ca

A website providing general information about the law. Addresses issues facing foreign brides who wish to enter Canada via sponsorship in the family class. This website is not intended to provide information on any other kinds of applications for Permanent Resident Status and is not meant to be used as legal or other professional advice.

Canadian Women for Women in Afghanistan

Bankview PO Box 32014

Calgary AB T2T 5X6

Phone: 403-244-5625

Email: info@cw4wafghan.ca

Website: www.w4wafghan.ca

Supports the empowerment efforts of Afghan women to raise awareness, understanding and knowledge in Canada of the need to protect human rights of Afghan women. Works towards improving conditions of human rights, ending women's oppression, and providing opportunities for Afghan women to live their lives with dignity, certainty and purpose.

Catholic Social Services

10709-105 Street

Edmonton AB T5H 2X3

Phone: 780-424-3545

Fax: 780-425-6627

Website: www.catholicsocialservices.ca

Contact: Mary Gallivan

Offers the African Women's Support group which provides a regular gathering for African women that includes education about health, parenting, legal issues, and budgeting.

Central Alberta Immigrant Women's Association

120, 4818-50 Avenue
Red Deer AB T4N 4A3
Phone: 403-341-3553
Fax: 403-309-3807
Email: caiwa@telus.net
Website: www.caiwa.ca
Contact: Halima Ali

Raises awareness of immigrant women in all aspects of Canadian life. Helps women achieve their full potential as members of Canadian society. Assists in the development of personal, educational, economic independence and well-being of immigrant women and their families. Provides workshops, resource materials, library resources, outreach services, networking opportunities, referrals, advocacy and education. Operates Food for Thought, a collective kitchen for immigrant women, CAIWA (multi-ethnic food) Catering, and offers beginner computer classes for immigrant women.

Centre for Newcomers

125, 920-36 Street NE
Calgary AB T2A 6L8
Phone: 403-569-3325
Fax: 403-248 5041
Email: newcomers@centrefornewcomers.ca
Website: www.centrefornewcomers.ca

Works in partnership with newcomer communities to provide opportunities for individuals to adjust, succeed, and contribute as citizens in Canada; and with Calgary communities to affirm and value diversity. Provides new immigrant women with training in sewing, catering (see EthniCity Catering in Employment and Career Development – Barriers to Employment), and family development. Provides services in settlement, employment, and English as a Second Language.

Changing Together... A Centre for Immigrant Women

3rd Floor, 10010-105 Street
Edmonton AB T5J 1C4
Phone: 780-421-0175
Fax: 780-426-2225
Email: info@changingtogether.com
Website: www.changingtogether.com

Operates a place for immigrant women to meet and work together in solving their problems and helps immigrant women participate fully in Canadian life. Assists in acquiring employment skills and work experience through a volunteer program. Offers childcare for women participating in any of the centre's programs.

Congress of Black Women - Edmonton Chapter

See Education

Edmonton Mennonite Centre for Newcomers (EMCN)

11713-82 Street

Edmonton AB T5B 2V9

Phone: 780-424-7709

Fax: 780-424-7736

Email: info@emcn.ab.ca

Website: www.emcn.ab.ca

Assists immigrants and refugees coming to the Edmonton area to achieve full participation in the community, contributing their experiences and skills to strengthen and enrich the lives of all Canadians. Programs and services include English as a Second Language (ESL), employment services, settlement counselling, personal counselling, community development and community economic development, advocacy and education.

EthniCity Catering

See Employment and Career Development – Barriers to Employment

Hadassah-WIZO Organization of Canada

Calgary Chapter

1607-90 Avenue SW

Calgary AB T2V 4V7

Phone: 403-253-4612

Fax: 403-640-1147

Email: info@calgary.chw.ca

Website: www.chw.ca

Edmonton Chapter

7200-156 Street

Edmonton AB T5R 1X3

Phone: 780-444-6985

Fax: 780-444-6985

Email: info@edmonton.chw.ca

Website: www.chw.ca

A non-political women's volunteer organization dedicated to the support of education, career training, healthcare, and women and youth services in Israel and Canada.

Indo-Canadian Women's Association

9342-34 Avenue NW

Edmonton AB T6E 5X8

Phone: 780-490-0477

Email: miriamicwa@gmail.com

President: Miriam Thomas

Provides immigration and settlement services, including adult instruction in English as a Second-Language (ESL), literacy, citizenship, senior resiliency skills, and human rights. Conducts research on immigration and human rights issues in conjunction with community-based organizations and universities.

Madeleine Sanam Foundation

Faculté Saint-Jean

8406-91 Street

Edmonton AB T6C 4G9

Phone: 780-490-7332

Website: www.madeleine-sanam.org

An organization for the emancipation and autonomy of African women. Provides programs on economy, community, health training on HIV-AIDS prevention/treatment, and harm reduction. Offers these services in English, French, and several African languages. Program runs on the third and fourth Saturday of every month between 9 a.m. and 5 p.m. Services are free to members. Memberships cost \$10.

Multicultural Health Brokers Cooperative

10867-97 Street

Edmonton AB T5H 2M6

Phone: 780- 423-1973

Fax: 780- 428-2748

Email: mchb@mchb.org

Website: www.mchb.org

Executive Director: Yvonne Chiu

Supports immigrant and refugee individuals and families in attaining optimal health through relevant health education, community development and advocacy support. Provides pre- and post-natal education and outreach support to immigrant and refugee women as an “entry point” to providing holistic family support.

Na'amat Canada

Na'amat Calgary
2135-21 Avenue SW
Calgary AB T2T 0P1
Phone: 403-238-5311
Email: naamatcalgary@yahoo.ca
Coordinator: Emily Sztabyb

Na'amat Edmonton
7200-156 Street
Edmonton AB T5R 1X3
Phone: 780-444-9444
Fax: 780-444-9444
Email: salpern@shaw.ca
President: Darlene Bushewsky

Website: www.naamat.com

Na'amat Canada is a registered Canadian women's charity with branches in five provinces, dedicated to enhancing the lives of women and children in Israel and Canada. Members of all ages are instrumental in fundraising and planning local social, educational, cultural and community projects. In Canada, offers social programs for seniors, anti-bullying programs, and a legal advisory clinic for victims of domestic violence.

Rosenet: Law and Abused Immigrant Women

Legal Resource Centre
210, 10350-124 Street
Edmonton AB T5N 3V9
Phone: 780-451-8764
Fax: 780-451-2341
Email: info.lrc@ualberta.ca
Website: www.rosenet-ca.org
Executive Director: Diane Rhyason

Develops and maintains a safe “virtual” place for immigrant women to learn relevant legal information, including information about resources in Alberta and issues related to spousal abuse. Empowers immigrant women by enabling them to develop skills in using the Internet for non-formal learning. Provides relevant legal information to service providers serving abused immigrant women.

Stardale Women's Group Inc.

See Aboriginal Women

Women's Resource Centre

MH318, 2500 University Drive NW

Calgary AB T2N 1N4

Phone: 403-220-8551

Fax: 403-210-7970

Website: www.ucalgary.ca/women

Executive Director: Stephanie Garrett

An umbrella group at the University of Calgary which includes White Women Against Racism, the Women of Colour Collective and the Women's Global Voices Collective Group. Provides a welcoming, supportive and safe place for women to share, learn and teach. Increases awareness of the influence that gender has in our lives. Delivers ongoing programs which focus on five pillars of work: Peer Support, Mentorship and Leadership, Cultural and Religious Diversity, Health and Wellbeing, and Internationalization.

White Women Against Racism

Email: wrcwwar@ucalgary.ca

Takes action against discrimination and discusses ways to stop racism.

Women of Colour Collective

Email: wrcwcc@ucalgary.ca

Brings together women of diverse ethnic, racial, cultural and religious backgrounds to discuss the ways in which racial and religious diversity affect their overall experiences as women.

Women's Global Voices Collective Group

Email: wrcwgv@ucalgary.ca

Executive Director: Stephanie Garrett

This program brings international students (women and men) together to develop the connections and networks necessary to celebrate their Canadian experience.

Women's Support Groups, Calgary Chinese Service Association

1, 128-2 Avenue SW

Calgary AB T2P 0B9

Phone: 403-265-8446

Fax: 403-233-0070

Email: cccsa@cccsa.ca

Website: www.cccsa.ca

Provides mutual support groups to break isolation, facilitate participation, and gain mutual support. Offers various information and skill workshops.

Worlds of Women Together

21, 7 Street SE

Medicine Hat AB T1A 1J2

Phone: 403-526-5627

Email: worlds@memlane.com

Helps facilitate the transition to Canadian life for immigrant women in the Medicine Hat area. Operates a catering company that provides an opportunity for new Canadians to earn an income and gain work experience.

YMCA Immigrant Settlement Services

201, 10011 Franklin Avenue

Fort McMurray AB T9H 2K7

Phone: 780-743-2970

Fax: 780-743-2973

Email: heidi_carter@ymca.ca

Website: www.ymca.woodbuffalo.org

Program Director: Heidi Carter

Offers programs and services to help immigrants adjust to Canadian life in Fort McMurray. The Host Program pairs newcomers with Canadian families. Holds a newcomers women's group that facilitates discussion on various issues and experiences that come along with being a new Canadian.

Francophone Women

Coalition des femmes de l'Alberta

8627-Rue Marie-Anne-Gaboury (91 Street), Bureau 42

Edmonton AB T6C 3N1

Phone: 780-468-2288

Fax: 780-468-2210

Email: femmes@coalitionfemmes.ab.ca

Website: www.coalitionfemmes.ab.ca

Organizes workshops, information sessions and activities, and provides resources to help Francophone women develop their identity.

La Société des Dames de Sainte-Famille

1719-5 Avenue SW

Calgary AB T2S 2A8

Phone: 403-228-3619

Fax: 403-802-3819

Email: sfamille@shaw.ca

Website: www.members.shaw.ca/ste-famille

President: Yvette Gourdinne

A Francophone women's Catholic group that holds monthly meetings to discuss religious affairs, church needs and needs of community members.

Gay, Lesbian, Bisexual, Transgendered/Transsexual, Queer/Questioning (GLBTQ)

Calgary OutLink: Centre for Gender and Sexual Diversity

4, 1230A-17 Avenue SW

Calgary AB T2T 0B8

Phone: 403-234-8973, or 1-877-Out-is-Ok (1-877-688-4765) – 24/7 toll-free

Fax: 403-261-9776

Email: info@calgaryoutlink.ca

Website: www.calgaryoutlink.ca

Provides a positive and safe environment for GLBTQ individuals to access support through education, resources and referrals. Delivers ongoing programs for lesbians (see Womyn's Space); the 1-877-Out-is-Ok peer support and crisis intervention line; New Directions – peer support for transsexuals; and Inside Out – weekly peer youth program.

Distinctive Employment Counselling Services of Alberta (DECSA)

See Employment and Career Development – Barriers to Employment

Edmonton Police Services (EPS)/ GLBTQ Liaison Committee (EPS Hate and Bias Crime Unit)

Police Headquarters

9620-103A Avenue

Edmonton AB T5H 0H7

Phone: 780-421-3489

Email: eps-lgbtq@yahoo.ca

A liaison committee to which people can report hate crimes. The committee consists of a variety of concerned lesbian, gay, bisexual, trans-identified, two-spirited, queer, allied community members, and police officers. Handles all inquiries with confidentiality and respect.

Inside/OUT

University of Alberta

Edmonton AB

Email: kwells@ualberta.ca

Website: www.ualberta.ca/~inout

Contact: Kris Wells

A campus-based network for lesbian, gay, bisexual, trans-identified, two-spirited, intersex, and queer (LGBTTIQ) students and community members. Provides a safe and confidential space on the university campus for LGBTTIQ persons and their allies to network and socialize in a supportive and welcoming environment. Every year Inside/OUT hosts a monthly speakers series profiling queer-related research and work.

PFLAG Canada

Phone: 1-888-530-6777 (toll-free English)

Phone: 1-888-530-6483 (toll-free French)

Website: www.pflagcanada.ca

Helps parents and family members understand and accept their non-heterosexual children. Promotes and supports a more accepting Canadian society by providing support, education and resources on issues of sexual orientation and gender identity. Maintains a national website with resources, links and contact information for five Alberta chapters in Hinton, Edmonton, Calgary, Lethbridge and Medicine Hat. Each chapter provides programs and services based on the specific needs of their respective communities.

Pride Centre of Edmonton

9540-111 Avenue

Edmonton AB T5G 0A5

Phone: 780-488-3234

Fax: 780-482-2855

Email: joclyan@pridecentreofedmonton.org

Website: www.pridecentreofedmonton.org

Executive Director: Will Sutherland

Seniors program: Jeff Boveen

Provides support and services related to arts, recreation, education, social services, and health, for and by lesbians, gays, bisexuals and transgender persons and their families. Facilitates an HIV positive support group and a transgender support group. Includes a GLBTQ Drop-in for persons aged 55 and up.

Womonspace

Box 128, Main Post Office

Edmonton AB T5J 3K4

Phone: 780-482-1794

Email: womonspace@gmail.com

Website: www.womonspace.ca

Provides opportunities for lesbians in Edmonton and surrounding area to interact and support each other in a safe environment, and contribute to the broader community.

Womyn's Space

4, 1230A-17 Avenue SW

Calgary AB T2T 0B8

Phone: 403-234-8973

Fax: 403-261-9776

Email: womynspace@calgaryoutlink.ca

Website: www.calgaryoutlink.ca

Executive Director: Tamrin Hildebrandt

Provides peer support for lesbian and bisexual women. Organizes *Tip of the Tongue* – social activities for lesbian and bisexual women, as well as a *Moms & Tots* Program, which provides monthly social activities for lesbian mothers.

Youth Understanding Youth (YUY)

9540-111 Avenue

Edmonton AB T5G 0A5

Website: www.yuyedm.ca

A self-supporting volunteer group that strives to create a safe environment in which lesbian, gay, bisexual, trans-identified, queer, and questioning youth (under 25) can explore and express their interests and needs in an atmosphere where they can expect to be supported and respected for their contributions and unique individual differences. YUY meets every Saturday from 7 to 9 p.m. at the Pride Centre of Edmonton.

Girls and Young Women

Airdrie Family Services

211, 125 Main Street NW

Airdrie AB T4B 0P7

Phone: 403-945-3900

Fax: 403-945-3901

Website: www.airdriefamilyservices.ca

Email: info@nrvc.ab.ca

Serves and promotes the welfare of people in the community by providing access to resources, services, and opportunities they require to promote their well-being. Provides ongoing counselling services, as well as group sessions in areas such as self-esteem and mental health, and parenting after separation.

Big Brothers Big Sisters

Calgary

5960 Centre Street SE

Calgary AB T2H 0C1

Phone: 403-777-3535

Fax: 403-777-3525

Email: bbbs@bbbscalgary.com

Website: www.bbbscalgary.com

Contact: Sharon Moore

Edmonton and Area

10135-89 Street

Edmonton, AB T5H 1P6

Phone: 780-424-8181

Fax: 780-426-6689

Email: bbbs@bbbsedmonton.org

Website: www.bbbsedmonton.org

Executive Director: Elizabeth O'Neil

Big Brothers Big Sisters Societies are community-supported, mentor-based organizations committed to the healthy development of children in need and their families through provision of quality, one-to-one volunteer relationships and related programs.

Boys and Girls Clubs of Alberta

11759 Groat Road
Edmonton AB T5M 3K6
Phone: 780-415-1734
Fax: 780-415-1737
Email: info@bgcalberta.com
Website: www.bgcalberta.com
Regional Coordinator: Pearl Kapitzke

Develops children's potential through partnership. Strives to ensure that every child in their community has access to this organization. Tackles a broad range of critical problems facing young people in our society today, including substance abuse, teen pregnancy, juvenile delinquency and crime, youth unemployment and child poverty.

Family Services of Central Alberta

5409-50 Avenue
Red Deer AB T4N 4B7
Phone: 403-343-6400
Fax: 403-343-6407
Email: fsca@fsca.ca
Website: www.fsca.ca
Executive Director: Walter Lidster

Provides a parenting program, counselling services, information referral, and group sessions aimed to help women through various stages in their life.

Girl Guides of Canada – Alberta Council

11055-107 Street NW
Edmonton AB T5H 2Z6
Phone: 780-424-5510
Fax: 780-426-1715
Email: info@albertagirlguides.com
Website: www.albertagirlguides.ca

Girl Guides of Canada-Guides du Canada is a movement of girls and women that challenges members in their personal development and empowers them to be responsible citizens. An all-female organization with locations in communities throughout Alberta. Adult members provide mentorship and act as role models to encourage girls to speak up and be leaders in their communities and schools. Programs include: Sparks for ages 5-6, Brownies for ages 7-8, Guides for ages 9-11, Senior Branches for ages 15-17, and Women for ages 18 and over.

Pregnant and Parenting Teen Program

9625 Prairie Road
Grande Prairie AB T8V 6G5
Phone: 780-538-3854
Fax: 780-538-4751
Email: melodie.mccracken@gppsd.ab.ca
Website: www.teenparents.ca
Contact: Melodie McCracken

Helps pregnant and parenting teens achieve their personal best. Teens are eligible for all programs until age 20; if needed, they are then referred to partnering program(s). Offers pre- and post-natal information, on-site counselling, nurse, schooling, and nursery. Also offers breastfeeding support group, mom's group, pregnant support group, baby clothing exchange, child safe first-aid, collective kitchen and home visitation.

Terra – Centre for Pregnant and Parenting Teens

9930-106 Street
Edmonton AB T5K 1C7
Phone: 780-428-3772
Fax: 780-425-5160
Email: terra@terraassociation.com
Website: www.terraassociation.com
Executive Director: Karen Mottershead

Assists young parents to develop competencies in parenting and to overcome challenges so they can effectively meet the needs of their children. Services include prenatal education, in-home parenting support, one-on-one counselling, housing, support group activities, and services for dads. Terra works in partnership with Braemar School (see Education) to help teen parents become successful teen parents.

Health and Wellness – General

Canadian Women's Health Network

203, 419 Graham Avenue
Winnipeg MB R3C 0M3
Phone: (204) 942-5500
Fax: (204) 989-2355
Email: cwhn@cwhn.ca
Website: www.cwhn.ca

Works to build and strengthen the women's health movement in Canada and throughout the world. Recognizes and respects the diverse realities of women's lives and takes an active stance in ending discrimination based on gender, race, age, language, religion, sexual orientation, ability or geographic region.

Multicultural Health Brokers Cooperative

See Ethno-Cultural Diversity and New Canadians

Victorian Order of Nurses (VON)

Alberta South
720-6 Street
Medicine Hat AB T1A 4J5
Phone: 403- 529-1222, or 1-888-854-7785 (toll-free)
Fax: 403- 529-1216, or 1-888-854-7795 (toll-free)
Email: Yvonne.taylor@von.ca
Contact: Yvonne Taylor

Calgary
100A, 9705 Horton Road SW
Calgary AB T2V 2X5
Phone: 403- 640-4765 or 1-888-499-6999 (toll-free)
Fax: 403- 640-4478

Edmonton
Suite 100, 4936-87 Street
Edmonton AB T6E 5W3
Phone: 780-466-0293
Fax: 780-463-5629
Email: clare.milling@von.ca
Contact: Clare Milling

Website: www.von.ca

VON is a charity guided by the principles of primary healthcare, offering leadership in community-based care; delivery of innovative, comprehensive health and social services; and influence in the development of health and social policy. Provides primary health care services to shelters through registered nurses with specialized training.

Women's Health Centre/Women's Health Resources

Room 185, 1441-29th Street NW

Calgary AB T2N 4J8

Phone: 403-944-2270

Fax: 403-944-2271

Email: whr@albertahealthservices.ca

Website: www.womenshealthcentre.ca

Provides a variety of services for women, including breast health, colposcopy, obstetrics/gynecology, an osteoporosis centre, an outreach program, and a pelvic floor clinic.

YWCA

See Information, Advocacy and Referrals

Health and Wellness – Body Image and Self-esteem

Airdrie Family Services

See Girls and Young Women

Society for Assisted Cooperative Recovery from Eating Disorders (SACRED)

182, 10654-82 Avenue

Edmonton AB T6E 2A7

Phone: 780-903-3300

Email: admin@sacredeatingdisorders.com

Website: www.sacredeatingdisorders.com

Offers hope and healing to those affected by eating disorders through a program based on the 12-Step/addictions model of recovery. Provides meal support, drop-in services, and support to family members of people with eating disorders. Educates and promotes public awareness on eating disorders through presentations, awareness campaigns, and networking.

Health and Wellness – Cancer Support Services

Canadian Breast Cancer Network (CBCN) / Réseau Canadien du Cancer du Sein

300, 331 rue Cooper Street
Ottawa ON K2P 0G5
Phone: (613) 230-3044 (ext/poste 222)
Fax: (613) 230-4424
Email: jmanthorne@cbcn.ca
Website: www.cbcn.ca

The Canadian Breast Cancer Network (CBCN) is a survivor-directed, national network of organizations and individuals. CBCN is a national link between all groups and individuals concerned about breast cancer, and represents the concerns of all Canadians affected by breast cancer and those at risk.

Canadian Cancer Society

200, 325 Manning Road North East
Calgary, AB T2E 2P5
Phone: 403-228-4487, or 1-800-661-2262 (toll-free)
Fax: 403-228-4506
Email: info@cancer.ab.ca
Website: www.cancer.ca

Strives to improve the lives of individuals living with cancer. Delivers peer support to people living with cancer and their caregivers. Offers practical support programs such as a patient travel subsidy program and wig banks.

Hereditary Breast and Ovarian Cancer Society of Alberta (HBOC)

114, 11728 Kingsway Avenue
Edmonton AB T5G 0X5
Phone: 780-488-HBOC (4262)
Fax: 780-422-3563
Email: hbocsociety@telus.net
Website: www.hbocsociety.org
Contact: Joanne Riediger-Duebel

Advances awareness and education of hereditary breast and ovarian cancer. Supports individuals and families affected by this hereditary cancer syndrome by providing information, advice, and peer support.

Sistership Dragon Boat Association

c/o 724, Sacramento Place SW
Calgary AB T2W 0R5
Email: info@sistershipcalgary.com
Website: www.sistershipcalgary.com
Contact: Frankie Poulain

Through the sport of dragon boating, provides opportunities for persons diagnosed with breast cancer to foster wellness and heighten the profile and importance of breast health.

Health and Wellness – Mental Health

Airdrie Family Services

See Girls and Young Women

Calgary Women's Health Collective

223-12 Avenue SW

Calgary AB T2R 0G9

Phone: 403-265-9590

Fax: 403-234-9532

Website: www.calgarywhc.com

Contact: Joan Hollenberg

Provides counselling services to meet the emotional needs of women in the Calgary community.

Distinctive Employment Counselling Services of Alberta (DECSA)

See Employment and Career Development – Barriers to Employment

Hull Child and Family Services

2266 Woodpark Avenue SW

Calgary AB T2W 2Z8

Phone: 403-251-8000

Website: www.hullservices.ca

Executive Director: George Ghitan

Provides an integrated continuum of services including specialized therapy, counselling and education. Helps children, youth, young adults and families who experience emotional and psychological disorders, behavioral problems, learning disabilities, mental illness, developmental delay, neglect and abuse, and family breakdown.

Support Group for Women's Issues

221 Boone Mall

(83 Street and 82 Avenue)

Edmonton AB T6C 4E3

Phone: 780-495-9881

Email: marie-helene.prescott@edmonton.ca

Contact: Marie Helene Prescott

Provides weekly drop-in meetings to discuss relationships, communication, and personal issues. Provides resources and information on self-esteem, mental health, and employment. Men are welcome, too.

Youville Women's Residence

3210-29 Street SW

Calgary AB T3E 2L1

Phone: 403-242-0244

Fax: 403-242-3915

Email: ed@youville.net

Website: www.youville.net

Executive Director: Cheryll Nandee

Operates residential recovery facilities for women who suffer from abuse, addiction, and mental health distress, delivering holistic programs to heal the mind, body, and spirit, and to accommodate the dependent children of clients in their facilities and programs.

Provides safe, long-term family-style residential accommodation to women seeking recovery. Guides women through the transition into the community to lead productive and rewarding lives.

Health and Wellness – Pregnancy, Reproductive and Sexual Health

Association for Safe Alternatives in Childbirth (The)

7219-106 Street
Main Post Office Box 1197
Edmonton AB T5J 2M4
Phone: 780-425-7993
Fax: 888-237-6457
Email: info@asac.ab.ca
Website: www.asac.ab.ca
President: Monica Eggink

Educates and informs families regarding choices in childbirth. Promotes natural childbirth. Encourages communication and cooperation between parents, midwives, childbirth educators and other health care professionals and institutions.

Birthright

108, 11520-100 Avenue
Edmonton AB T5K 0J7
Phone: 780-488-0681, or 1-800-550-4900 (toll-free)
Fax: 780- 488-1528
Website: www.birthright.org
Director: Pat Borgersen

Offers pregnancy support services as an alternative to abortion to any woman facing an unplanned pregnancy.

Braemar School

See Education

Calgary Pregnancy Care Centre

205, 925-7 Avenue SW
Calgary AB T2P 1A5
Phone: 403-269-3110
Fax: 403-237-5917
Email: info@pregcare.com
Website: www.pregcare.com
Client Services Director: Barb Andreasen

Offers counselling on abortion risks and procedures, adoption, parenting, and post-abortion recovery. Offers baby and maternity clothing, pre-natal and parenting classes and a life skills course to single parent and low-income families. Has peer support groups for birth mothers and post-adoption workshops. Provides referrals and connections to other community resources.

Calgary OutLink: Centre for Gender and Sexual Diversity
See GBLTQ

Calgary Sexual Health Centre

304, 301-14 Street NW

Calgary AB T2N 2A1

Phone: 403-283-5580

Fax: 403-270-3209

Email: generalmail@calgarysexualhealth.ca

Website: www.calgarysexualhealth.ca

Program Manager: Tina Clem

Promotes sexual health through counselling, education and community outreach. Programs include birth control information, pregnancy testing and options counselling, post-abortion counselling, general sexual health (anatomy, reproductive health, STI information), and the Talking to Your Kids About Sex Program. Administers the annual Dr. Maria Eriksen Scholarship, intended for post-secondary students who aim to forward the cause of feminism in their post-secondary studies and in their life.

Canadians for Choice

PO Box 539, Station B

Ottawa ON K1N 7E4

Phone: (613) 789-9958, or 1-888-642-2725 (toll-free)

Fax: (613) 789-9960

Email: info@canadiansforchoice.ca

Website: www.canadiansforchoice.ca

Executive Director: Patricia LaRue

Works to advance the continuum of sexual and reproductive health choices for all Canadians. Operates a 24/7 toll-free line, and a website providing information on a wide range of sexual and reproductive health issues.

Capital Health STD Clinic

Room 3B20, 11111 Jasper Avenue (General Hospital)

Edmonton AB T5K 0L4

Phone: 780-413-5156, or 1-800-772-2437 (toll-free, STD/HIV information line)

Fax: 780- 425-2194

Provides free confidential assessment, testing, counselling for STDs, HIV and Blood Borne Pathogens (BBP), pregnancy testing and emergency contraceptive pill. Works with a multi-disciplinary team to provide follow-up to HIV-positive pregnant women to coordinate their perinatal care.

Central Alberta Pregnancy Care Centre

4610-48 Avenue
Red Deer AB T4N 3S9
Phone: 403-343-1619
Fax: 403-343-1738
Email: info@pregnancycare.ca
Website: www.pregnancycare.ca
Executive Director: Monica Slobogean

Offers education and support to women facing unplanned pregnancy. Offers peer counselling on abortion risks and procedures, adoption, parenting, and post-abortion recovery.

Doula Association of Edmonton

Box 3384 Main Post Office
Sherwood Park AB T8H 2T3
Phone: 780-945-8080
Email: info@edmontondoula.org
Website: www.edmontondoula.org
Contact: Rebecca McKinley

Provides educational opportunities for doulas, as well as increasing awareness to the public and healthcare community about the positive effects a doula brings to the childbirth experience, in the form of non-medical and non-midwifery physical and emotional support in the childbirth process, prenatal, childbirth or postpartum. Meetings are held bimonthly and are open to the general public.

Dr. Trina Read

Website: www.trinaread.com

Educates people on healthy sexuality through public speaking forums, an interactive website and a national sex column.

Justisse – Healthworks for Women

10303-65 Avenue
Edmonton AB T6H 1V1
Phone: 780-420-0877
Fax: 780-420-0354
Email: info@justisse.ca
Website: www.justisse.ca
Executive Director: Geraldine Matus

The Justisse Method for fertility awareness, natural birth control and/or to monitor and enhance reproductive health, encourages the development of healthy relationships to the body and supports a naturopathic and complementary medicine approach to managing reproductive health problems and enhancing fertility. Educates Holistic Reproductive Health Practitioners (HRHP) to teach the Justisse Method.

Kensington Clinic

2431-5 Avenue NW
Calgary AB T2N 0T3
Phone: 403-283-9117
Fax: 403-283-9139
Email: kclinic@telus.net
Website: www.kensingtonclinic.com
Executive Director: Celia Posyniak

Provides abortion services from four to 20 weeks of pregnancy. Services are funded by Alberta Health Services.

La Leche League Canada: Alberta/Northwest Territories

23, 38146 Range Road 280
Red Deer AB T4S 2C9
Phone: 403-347-7835
Email: tansmom@shaw.ca
Website: www.lllc.ca
Area Coordinator: Lisa Loepky

Holds meetings and provides telephone services to provide information and support to women who choose to breastfeed their babies. Volunteers take calls from their homes seven-days-a-week. There are volunteers in Blackfalds, Calgary, Camrose, Chestermere, Edmonton, Fairview, Grande Prairie, Jasper, Lacombe, Lethbridge, Medicine Hat, Olds, Onoway, Peace River, Red Deer, Rycroft, St. Albert, Sherwood Park, Stony Plain, Spruce Grove and Vermilion.

Planned Parenthood Edmonton

50, 9912-106 Street
Edmonton AB T5K 1C5
Phone: 780-423-3737
Fax: 780-425-1782
Email: ppae@freenet.edmonton.ab.ca
Website: www.plannedparenthoodalta.com
Executive Director: Larry Brockman

Provides people with the skills and knowledge to make informed choices around issues of sexuality within the context of their values, beliefs and experience. Offers free pregnancy testing, pro-choice pregnancy options counselling and information about birth control, fertility/infertility, menopause and sexual orientation. Programs are designed to provide non-judgmental and factual information in a confidential, supportive and culturally sensitive environment.

Pregnant and Parenting Teen Program

See Girls and Young Women

Red Deer Pro Life

PO Box 202
Red Deer AB T4N 5E8
Phone: 403-347-4843
Fax: 403-347-4843
Email: chollings@telus.net
President: Charmaine Hollings

Promotes the belief that all human life should be valued from the moment of conception.
Provides education and understanding about the pro-life perspective.

Serena Alberta

PO Box 1820 Station Main
Edmonton AB T5J 2P2
Phone: 780-488-5221 or 1-866-488-5221 (toll-free)
Email: serena-a@telus.net
Website: www.serena.ca
Contact: Laurie Gallant

Provides information and instruction on the Sympto-Thermal Method of natural family planning to achieve, postpone, or avoid pregnancy. Offers update sessions for couples experiencing difficulties in achieving pregnancy, during postpartum, breastfeeding and menopause. Conveys the values of preserving human life from conception until natural death. Provides information sessions, fertility awareness, and classroom presentations.

Sexual Health Access Alberta (SHAA)

1010, 1202 Centre Street SE
Calgary AB T2G 5A5
Phone: 403-283-8591
Fax: 403-283-8563
Email: info@sexualhealthaccess.org
Website: www.sexualhealthaccess.org
Executive Director: Laura Wershler

Supports reproductive choice and promotes sexual health and wellness for all Albertans. SHAA facilitates access to accurate and comprehensive sexual health information, education and services through its programs, workshops, events, and community collaborations. The website, www.wontgetweird.com, directs youth to confidential, non-judgmental sexual health services throughout the province.

Women's Health Centre/Women's Health Resources

See Health and Wellness – General

Health and Wellness – Sports and Physical Health

Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS)

N202, 801 King Edward Avenue

Ottawa ON K1N 6N5

Phone: (613) 562-5667

Fax: (613) 562-5668

Email: caaws@caaws.ca

Website: www.caaws.ca

Contact: Jessica Lowe

Assists women and girls to gain access to a complete range of opportunities and choices as participants and leaders in sports and physical activity. Promotes equality for girls and women in sports and physical activity through a variety of programs, services, funding, and awards.

In Motion Network

11759 Groat Road

Edmonton AB T5M 3K6

Phone: 780-644-5613

Fax: 780-644-8404

Email: info@inmotionnetwork.org

Website: www.inmotionnetwork.org

Executive Director: Shawna Richard

Promotes increased physical activity opportunities for girls and women as participants and leaders, through networking, advocacy and education.

Sistership Dragon Boat Association

See Health and Wellness – Cancer Support Services.

Health and Wellness – Substance Abuse and Addictions

Alberta Alcohol & Drug Abuse Commission (AADAC) – Alberta Health Services

Phone: 1-866-33AADAC (2-2322) (24 hour Helpline)

Website: www.aadac.ca

As an agency funded by the Government of Alberta, assists Albertans in achieving freedom from the harmful effects of alcohol, other drugs and gambling.

AADAC Enhanced Services for Women (ESW)

Calgary

2nd Floor, 1177-11 Avenue SW

Calgary AB T2R 1K9

Phone: 403-297-3066

Fax: 403-297-3036

Edmonton

10010-102A Avenue NW

Edmonton AB T5J 3G2

Phone: 780-415-0786

Fax: 780-427-4180

Grande Prairie

11333-106 Street

Grande Prairie AB T8V 6T7

Phone: 780-538-6356

Fax: 780-538-6359

Red Deer

Main Floor Provincial Building

104, 4920-51 Street

Red Deer AB T4N 6K8

Phone: 403-340-5274

Fax: 403-340-4804

Offers services to women and female youth who are concerned about their own substance use or someone else's use, who are pregnant, or who may need an enhanced level of support. Helps pregnant women access AADAC's network of services, and facilitates connections to other community resources to enhance support during and after treatment. Provides information, consultations, and referrals to community professionals to better meet the needs of women with substance use concerns.

McDougall House Association

11070-108 Street
Edmonton AB T5H 3A9
Phone: 780-426-1409
Fax: 780-429-3459
Email: mcdougallhouse@shaw.ca

Provides a long-term three-month residential extended treatment program for women in recovery from addictions. All applicants must first complete an inpatient treatment program prior to being considered for the McDougall House Program. Provides individual and group counselling, goal setting sessions, and workshops enhanced by experiential learning.

Women for Sobriety Inc.

36 Dufferin Street
St. Albert AB T8N 5R6
Phone: 780-459-8689
Email: newlife@nni.com
Website: www.womenforsobriety.org
Area Coordinator for Edmonton and Area: Jan Aikens

Focuses on self-help support groups, the distribution of literature to women who ask for help, as well as providing an Internet and phone support network for those seeking support in sobriety. Operates a “New Life” Program, designed specifically for women who are addicted to, or who abuse alcohol or other substances.

Youville Women's Residence

See Health and Wellness – Mental Health

Human Rights and Legal Issues

Access to Justice Network

201, 10350-124 Street

Edmonton AB T5N 3V9

Phone: 780-451-1801

Email: info.lrc@ualberta.ca

Website: www.acjnet.org

Executive Director: Diane Rhyason

An electronic community that brings together people, information, and educational resources on justice and legal issues of interest to Canadians. Uses new technologies to create and distribute products and services and to facilitate broad-based consultations.

Alberta Civil Liberties Research Centre

c/o University of Calgary, Faculty of Law

2500 University Drive NW

Calgary AB T2N 1N4

Phone: 403-220-2505

Fax: 403-284-0945

Email: aclrc@ucalgary.ca

Website: www.aclrc.com

Executive Director: Linda McKay-Panos

Promotes awareness among Albertans about civil liberties and human rights through research and education. Provides several publications dedicated specifically to women's issues.

Alberta Human Rights and Citizenship Commission

Northern Regional Office

800, 10405 Jasper Ave NW

Edmonton AB T5J 4R7

Phone: 780-427-7661

Fax: 780-427-6013

Email: humanrights@gov.ab.ca

Website: www.albertahumanrights.ab.ca

Director: Louise Borle

Protects human rights and promotes fairness and access, so all Albertans have the opportunity to participate fully in the social, economic, and cultural life of the province. Provides grants to organizations that foster equality and reduce discrimination.

Alberta Human Rights and Citizenship Commission

Southern Regional Office
Suite 310, 525-11 Avenue SW
Calgary AB T2R 0C9
Phone: 403-297- 6571
Fax: 403-297-6567
Email: humanrights@gov.ab.ca
Website: www.albertahumanrights.ab.ca
Director: Pardeep Gundara

Protects human rights and promotes fairness and access, so all Albertans have the opportunity to participate fully in the social, economic, and cultural life of the province. Provides grants to organizations that foster equality and reduce discrimination.

Canadian Federation of University Women Edmonton (CFUW Edmonton)

See Education

Canadian Law and Modern Day Foreign Brides

See Ethno-Cultural Diversity and New Canadians

Edmonton Police Services (EPS)/ GLBTQ Liaison Committee (EPS Hate and Bias Crime Unit)

See GLBTQ

Elizabeth Fry Society – Calgary

600, 1509 Centre Street SW
Calgary AB T2G 2E6
Phone: 403-294-0737, or 1-877-398-3656 (toll-free)
Fax: 403-262-0285
Email: reception@elizabethfry.ab.ca
Website: www.elizabethfry.ab.ca

Fosters the dignity and worth of all women who come into conflict with the law and helps them live as valued members of their communities. Offers 10 different programs that help women through a variety of criminal justice stages. Assists with Berkana House, a residence for women on conditional release.

Elizabeth Fry Society – Edmonton

10523-100 Avenue
Edmonton AB T5J 0A8
Phone: 780- 421-1175, or 1-866-421-1175 (toll-free)
Fax: 780-425-8989
Email: director@elizabethfry.ab.ca
Website: www.elizabethfry.ab.ca
Executive Director: Toni Sinclair

Offers Aboriginal Women's Program encouraging a reconnection with their culture; Court support through several key programs: the Court Work Program, the Prison Liaison Program, and the Changing Path Program; and delivers life skills training and private home placement services for federally sentenced women on day parole. Conducts a Girls Empowered and Strong course, one-on-one counselling, and crisis intervention.

Institute for the Advancement of Aboriginal Women (IAAW)

See Aboriginal Women

John Howard Society – Edmonton

401, 10010-105 Street
Edmonton AB T5J 1C4
Phone: 780-428-7590
Fax: 780-425-1699
Email: mail@johnhoward.org
Website: www.johnhoward.org
Executive Assistant: Shawna Clarke

Provides assistance to people in conflict with the law, their families, those who have the potential to be in conflict with the law, and victims of crime. Provides support to women affected by family violence, including Court support.

Kids First Parent Association of Canada

3916-32 Street NW
Edmonton AB T6T 1J9
Phone: (604) 291-0088
Email: info@kidsfirstcanada.org
Website: www.kidsfirstcanada.org
Contact: Helen Ward

Supports well-being of children and recognition of parental care. Information services on research and policy on child care, daycare, children's well-being, paid and unpaid work.

Legal Aid Alberta

300 Revillon Building
10320-102 Avenue
Edmonton AB T5J 4A1
Phone: 780-427-7575
Fax: 780-427-5909
Website: www.legalaid.ab.ca
Contact: Erin Langner

Facilitates equal access to the justice system through financial assistance for legal services in serious legal matters for those who could not otherwise afford it. Operates the Family Law Office, which helps clients with legal issues relating to family law and offers a Protection Order Program.

Legal Education Action Fund (LEAF)

Suite 703, 60 St. Clair Avenue East
Toronto ON M4T 1N5
Phone: (416) 595-7170 or 1-888-824-5323 (toll-free)
Email: edmonton@leaf.ca
Website: www.leaf.ca
Contact: Rebecca Cuthbertson Hulst (Edmonton)

A national, non-profit organization committed to using the provisions of the Canadian Charter of Rights and Freedoms to promote equality for women. Acts as a catalyst for and resource to legislators, policy makers, women's groups and others on law reform, as it affects women's equality rights.

Rosenet: Law and Abused Immigrant Women

See Ethno-Cultural Diversity and New Canadians

Status of Women Canada (SWC)

National Office:
MacDonald Building
10th Floor, 123 Slater Street
Ottawa ON K1P 1H9
Phone: (613) 995-7835, or 1-866-902-2719 (toll-free)
Fax: (613) 957-3359
Email: info@swc-cfc.gc.ca
Website: www.swc-cfc.gc.ca
Contact: Clare Beckton

Promotes gender equality and the full participation of women in the economic, social, cultural, and political life of the country. SWC focuses its work in three areas: improving women's economic autonomy and well-being; eliminating systemic violence against women and children; and advancing women's human rights. The Women's Program of SWC provides financial and technical assistance to women's groups and other voluntary organizations.

Status of Women Canada (SWC)

Regional Office:

Suite 1001, Highfield Place

10010-106 Street NW

Edmonton AB T5J 3L8

Phone: 780-495-3839, or 1-866-966-3640 (toll-free)

Fax: 780-495-2315

Email: infowest@swc-cfs.gc.ca

Contact: Mary-Anne Veit

Promotes gender equality and the full participation of women in the economic, social, cultural, and political life of the country. SWC focuses its work in three areas: improving women's economic autonomy and well-being; eliminating systemic violence against women and children; and advancing women's human rights. The Women's Program of SWC provides financial and technical assistance to women's groups and other voluntary organizations.

University of Alberta: Office of Human Rights

University of Alberta

312 Campus Tower

Edmonton AB T6G 2G1

Phone: 780-492-7325

Email: wade.king@ualberta.ca

Website: www.ualberta.ca/humanrights

Advisor: Wade King

Promotes human rights on campus by encouraging and supporting a work, study, and learning environment that is respectful and inclusive. Provides consultative and advisory services to faculty, staff, students, and university administrators on discrimination, harassment, and employment equity issues.

VIOLET: Law and Abused Women

Legal Resource Centre

210, 10350-124 Street

Edmonton AB T5N 3V9

Phone: 780-451-8764

Fax: 780-451-2341

Email: info.lrc@ualberta.ca

Website: www.violetnet.org

Executive Director: Diane Rhyason

An Internet website offering a plain language, safe, woman-friendly space to access passive and interactive services which meet the legal information needs of abused women and their service providers in Alberta.

Womanspace Resource Centre

504, 740-4 Avenue South

Lethbridge AB T1J 0N9

Phone: 403-329-8338

Fax: 403-329-8886

Email: office@womanspace.ca

Website: www.womanspace.ca

Executive Director: Dorothy McKenna

Conducts research on various women's issues. Offers a confidential, non-judgmental, and safe environment for women to voice their social, economic and individual concerns. Maintains public resources and educational materials on women's issues and information about agencies which assist women and their families.

Women and the Law in Alberta

201, 10350-124 Street

Edmonton, AB T5N 3V9

Phone: 780-451-5285

Email: info.lrc@ualberta.ca

Website: www.acjnet.org/womenandthelaw

Executive Director: Diane Rhyason

A publication that aims to improve the status of women by informing the community about laws that affect women and providing information on resources that are available. This publication is a guide only, and is only intended to answer commonly-asked questions and provide general information on certain legal matters.

Information, Advocacy and Referral

211 Calgary and 211 Edmonton

Calgary

Phone: 211 or 403-264-3388 (Calgary area)

Email: info@211calgary.ca

Website: www.211calgary.ca

Edmonton

Phone: 211 or for Capital Region 780-482-INFO (4636)

Email: 211edmonton@thesupportnetwork.com

Website: www.211edmonton.info

The 211 system is a free, confidential, and multilingual three-digit telephone number that connects callers to a full range of community, social and government services information. Certified Information and Referral Specialists answer 211 calls 24-hours-a-day, seven-days-a-week.

Access to Justice Network

See Human Rights and Legal Issues

Alliance to End Violence

See Violence Against Women

Calgary Council of Women

602, 3316 Rideau Place SW

Calgary AB T2S 1Z4

Phone: 403-229-9256

Fax: 403-262-9169

Email: calgarycouncilofwomen@shaw.ca

President: Lynn Gaudet

As a chapter of the National Council of Women, forms an inclusive council of individuals and groups in the Calgary area committed to the advancement of women's equality. Develops a communications network of women active in all sectors, including but not limited to: media, arts, politics, ethnic communities, education, non-violence, labour, business, health, and poverty, to respond to issues of concern to women and take proactive measures to address women's equality.

Calgary Network on Prostitution

See Prostitution

Calgary Pregnancy Care Centre

See Health and Wellness – Pregnancy, Reproductive and Sexual Health

Canadian Law and Modern Day Foreign Brides

See Human Rights and Legal Issues

Central Alberta Women's Outreach Society

See Rural and Farm Women

Edmonton Local Council of Women

11443-43 Avenue

Edmonton AB T6J 0Y2

Phone: 780-435-4925

Email: jrbackstrom@shaw.ca

Website: www.elcw.ca

Contact: Joyce Backstrom

Empowers women to work together to improve the quality of life for women, families and society through a local forum of member organizations and individuals.

Family and Community Support Services (FCSS) – Provincial Office

106, 8944-182 Street

Edmonton AB T5T 2E3

Phone: 780-422-0133

Fax: 780-415-4791

Email: fcssaa@telus.net

Website: www.fcssaa.ab.ca

Executive Director: Sharlyn White

A province-wide service, with over 200 locations, which provides locally driven preventive social initiatives to enhance the well-being of individuals, families and communities through a partnership between the province, municipalities and Métis Settlements. Each FCSS Program decides what services it will provide from year to year, based on community needs and priorities. FCSS Programs usually provide organizational funding or special project grants, through a grant application process.

Famous 5 Foundation

See Politics and Leadership

InformAlberta

Website: www.informalberta.ca

A province-wide on-line directory that contains general information about community, health, social, and government services across the province.

Institute for the Advancement of Aboriginal Women (IAAW)

See Aboriginal Women

Institute for Gender Research

University of Calgary
Calgary AB T2N 4N1
Phone: 403-220-7862
Fax: 403-270-7307
Email: gender@ucalgary.ca
Website: www.ucalgary.ca/gender
Director: Wilfreda E. Thurston, PhD

Conducts and facilitates gender-related research on economic, social and humanist issues. Fosters awareness of the importance of gender in personal and public life, and assists in shaping public policy on regional, national and international levels.

Intergovernmental Initiatives

Children and Youth Services
12th Floor, Sterling Place
9940-106 Street
Edmonton AB T5K 2N2
Phone: 780-427-4304 (toll-free by first dialling 310-0000)
Fax: 780-422-6642
Email: cys.womensissues@gov.ab.ca
Website: www.child.alberta.ca

Promotes public and government awareness of issues of concern to women. Offers Persons Case Scholarship to students in areas non-traditional for their gender, or whose studies ultimately contribute to the advancement of women. Promotes educational resources and materials related to women's issues. Produces *Women's Organizations of Alberta* directory.

Martha's Monthly

c/o 504, 740-4 Avenue South
Lethbridge AB T1J 0N9
Phone: 403-329-8338
Fax: 403-329-8886
Email: marthasmonthly@yahoo.ca
Website: www.marthasmonthly.ca
Contact: Lisa Lambert

A feminist-activist monthly newsletter and background document that creates awareness to stimulate critical response to issues of concern to Alberta women.

Older Adult Knowledge Network (OAK-Net)

201, 10350-124 Street

Edmonton AB T5N 3V9

Phone: 780-451-5285

Email: info.lrc@ualberta.ca

Website: www.oak-net.org

Executive Director: Diane Rhyason

A website that describes different types of abuse in non-institutional settings and how Canadian law protects older adults.

Prostitution Awareness & Action Foundation of Edmonton (PAAFE)

See Prostitution

Rising Women Magazine

Calgary

Phone: 403-228-7874

Email: media@risingwomen.com

Website: www.risingwomen.com

Contact: Illiki Rai

A publication to support, educate and inspire women. Topics include business and marketing, health issues, and empowering advice on lifestyle and personal growth.

SPEC Association for Children and Families

101, 327-3 Street West

Brooks AB T1R 0E7

Phone: 403-362-5056

Fax: 403-362-5090

Email: home@spec.ab.ca

Executive Director: Debbie Piper

Provides a variety of supportive, preventive, educational and counselling programs and services for children and families, such as a Community Information Centre, ParentLINK Centre, Boys and Girls Club, and Connections (family school liaison). Participants can be referred from a number of sources. There are no fees for some services.

Status of Women Canada (SWC)

See Human Rights and Legal Issues

Womanspace Resource Centre

See Human Rights and Legal Issues

Women and the Law in Alberta

See Human Rights and Legal Issues

Women's Centre of Calgary

646 First Avenue NE
Calgary AB T2E 0B6
Phone: 403-264-1155
Fax: 403-264-1203
Email: womens-centre@shaw.ca
Website: www.womens-centre.org
Executive Director: Susan Gillies

Offers a place for every woman to receive support, make connections, and be part of a community. Maintains a resource room with a lending library and equipment use. Provides legal advice, clinic services, peer counselling, workshops, a collective kitchen, practice English groups, basic needs support, and information and referral.

Women's Resource Centre

See Gender Awareness

YWCA

Banff Community Resource Centre
PO Box 520, 102 Spray Avenue
Banff AB T1L 1A6
Phone: 403-760-3200
Fax: 403-760-3202
Email: crc@ywcabanff.ab.ca
Website: www.ywcabanff.ab.ca

Provides information and referral services which include: crisis counselling, advocacy, landlord-and-tenant information, and short-term support and referrals for those who experience domestic violence and other critical situations. Develops and implements education, prevention, and outreach programs on the topic of domestic violence and other topics of high importance to women.

Calgary
320-5 Avenue SE
Calgary AB T2G 0E5
Phone: 403-263-1550
Fax: 403-263-4681
Email: ywca@ywcaofcalgary.com
Website: www.ywcaofcalgary.com
Chief Executive Officer: Jill Wyatt

The YWCA has four core services and correction service areas: Child and Family Prevention and Intervention Services; Family Violence Prevention; Poverty and Homelessness Reduction; and Life and Health Wellness. Through these core areas, the YWCA provides a continuum of service for Calgary women and their families and supports their movement from unsafe to safe lifestyles and dependence to independence.

YMCA continued

Edmonton

100, 10350-124 Street

Edmonton AB T5N 3V9

Phone: 780-423-9922

Fax: 780-425-7467

Email: information@ywcaofedmonton.org

Website: www.ywcaofedmonton.org

Executive Director: Freda Badry

Provides a strong voice and support for women and their families. Offers group counselling for women who are in or have been in abusive relationships. Delivers a comprehensive support program for bereaved women, men and children, family support services, volunteer services, and YoWoChAs – an outdoor education centre which provides opportunities for learning and personal growth.

Lethbridge and District

604-8 Street South

Lethbridge AB T1J 2K1

Phone: 403-329-0088 (business line) or 1-866-296-0447 (toll-free)

Phone: 403-320-1881 (crisis lines)

Fax: 403-327-9112

Email: inquiries@ywcalethbridge.org

Website: www.ywcalethbridge.org

Chief Executive Officer: Kristine Cassie

Committed to women and the enhancement of their lives by providing programs and services which empower, support equality and promote wellness in mind, body, and spirit. Offers various programs including health and wellness, a women's residence, youth programs, child care, a women's emergency shelter, and outreach services.

Older Women

Alberta Council on Aging

210, 14964-121A Ave
Edmonton AB T5V 1A3
Phone: 780-423-7781
Fax: 780-425-9246
Email: info@acaging.ca
Website: www.acaging.ca
Executive Director: Marci Hoffman

Increases understanding of the impact of aging for both individuals and society. Works for change, both social and individual, to enhance the participation of seniors as active members of society.

Alberta War Brides Association

1040 Mayland Drive NE
Calgary AB T2E 6C6
Phone: 403-276-4311
Email: melynda@canadianwarbrides.com
Website: www.canadianwarbrides.com
President: Mrs. Doreen Kamis

Provides support and friendship to British brides who married Canadian Service Men, holding monthly meetings and an annual national reunion. Website tells the Canadian War Bride story, providing a compelling portrait of this historical human experience.

Pride Centre

See GBLTQ

Kerby Centre

1133-7 Avenue South West
Calgary AB T2P 1B2
Phone: 403-265-0661
Fax: 403-705-3211
Email: info@kerbycentre.com
Website: www.kerbycentre.com
Chief Executive Officer: Patricia E. Allen

Assists older people to live as well as possible for as long as possible, as residents in the community. Provides shelter for abused seniors (predominantly, but not exclusively women), outreach program, counselling, and resource referral.

Older Adult Knowledge Network (OAK-Net)

See Information, Advocacy and Referral

Minerva Senior Studies Institute, Grant MacEwan College

See Education

Parenting and Family

Alberta Association of Services for Children and Families

Suite 258, Bonnie Doon Mall

8330-82 Avenue

Edmonton AB T6C 4E3

Phone: 780-428-3660

Fax: 780-428-3844

Email: aascf@aascf.com

Website: www.aascf.com

Contact: Rhonda Barraclough

A membership association of agencies providing services to children and families in Alberta. Creates a network of agencies for information-sharing, social policy development and advocating on behalf of service providers.

Braemar School

See Education

Calgary Pregnancy Care Centre

See Health and Wellness – Pregnancy, Reproductive and Sexual Health

Candora Society

See Employment and Career Development

Alberta Child Care Association

Suite 110, Baker Centre

10025-106 Street

Edmonton AB T5J 1G4

Phone: 780-421-7544

Phone: 1-877-421-9937

Fax: 780- 428-0080

Email: tbaier.accna@telus.net

Website: albertachildcare.org

Contact: Margaret Golberg

Works to advance a unified child care profession by providing support, education, and recognition of its members.

John Howard Society – Edmonton

See Human Rights and Legal Issues

Kids First Parent Association of Canada

See Human Rights and Legal Issues

La Leche League Canada: Alberta/Northwest Territories

See Health and Wellness – Pregnancy, Reproductive and Sexual Health

Metis Child and Family Services Society

See Aboriginal Women

Hull Child and Family Services

See Health and Wellness – Mental Health

PFLAG Canada

See GLBTQ

Pregnant and Parenting Teen Program

See Health and Wellness – Pregnancy, Reproductive and Sexual Health

Sonshine Community Services

P.O. Box 34067 RPO Westbrook

Calgary AB T3C 3W2

Phone: 403-243-2002

Fax: 403-287-2194

Email: info@sonshine.ab.ca

Website: www.sonshine.ab.ca

Contact: Joy Johnson-Green PhD

Delivers services from a Christian perspective that support and encourage individuals, couples, and families to develop healthy lifestyles and build respectful relationships free from domestic violence and abuse.

SPEC Association for Children and Families

See Information, Advocacy and Referrals

Terra – Centre for Pregnant and Parenting Teens

See Girls and Young Women

Persons with Disabilities

Alberta Committee of Citizens with Disabilities (ACCD)

106, 10423-178 Street NW

Edmonton AB T5S 1R5

Phone: 780-488-9088, or 1-800-387-2514 (toll-free)

Fax: 780- 488-3757

Email: accd@accd.net

Website: www.accd.net

Edmonton Director: Ray Royer

Promotes full participation in society for Albertans with disabilities. Awards bursaries to people with disabilities who are first-time learners or who are attempting one course to begin their post-secondary level of education, to further improve the living standards of people with disabilities in Alberta.

Distinctive Employment Counselling Services of Alberta (DECSA)

See Employment and Career Development – Barriers to Employment

Politics and Leadership

Equal Voice Alberta

North Chapter

EMAIL: albertanorth@equalvoice.ca

WEBSITE: www.equalvoice.ca

South Chapter

Email: jkinch@shaw.ca

Website: www.equalvoice.ca

Chair: Janice Kinch

Campaign School website: www.gettingtothegate.com

A multi-partisan, non-profit volunteer organization promoting more women elected to every level of government. Programming, public awareness campaigns, and initiatives to promote involvement of women in politics and create more gender-balanced governments. Offers "Getting to the Gate," a bilingual on-line campaign school. Writes letters to media, presents white papers on the status of women in Canadian politics, and presents workshops about becoming involved in politics.

Edmonton and Area Famous 5 Society

c/o Pam Sigvaldson

100, 15023-123 Avenue

Edmonton AB T5K 1J7

Phone: 780-414-1663

Email: info@edmontonandareafamous5society.ca

Promotes women in leadership and focuses on celebrating the achievements of women.

Famous 5 Foundation

P.O. Box 72137 RPO Glenmore Landing

Calgary AB T2V 5H9

Phone: 403-253-1927

Email: admin@famous5.ca

Website: www.famous5.ca

Inspires and educates in the legacy of the Famous Five: Henrietta Muir Edwards, Nellie McClung, Louise McKinney, Emily Murphy and Irene Parlby. Supports women's leadership and public service. Sponsors a Leadership Speakers Program, and an annual Future Leaders Forum for high school students.

Girl Guides of Canada – Alberta Council

See Girls and Young Women

Global Television Women of Vision – Calgary and Edmonton

See Arts

Institute for the Advancement of Aboriginal Women (IAAW)

See Aboriginal Women

Poverty

Boys and Girls Clubs of Alberta

See Girls and Young Women

Edmonton Housing Trust Fund/ Edmonton Joint Planning Committee on Housing

6th floor, 10242-105 Street

Edmonton AB T5J 3L5

Phone: 780-496-2630

Fax: 780-496-2634

Email: info@homewardtrust.ca

Website: www.homewardtrust.ca

Executive Director: Susan McGee

Addresses the growing concern over the availability of sufficient housing to meet the needs of the city of Edmonton's lower-income and special needs citizens. Works in partnership with Women Building Futures (WBF) to help women become economically self-sufficient.

Hull Child and Family Services

See Health and Wellness – Mental Health

Women's Centre of Calgary

See Ethno-Cultural Diversity and New Canadians

YWCA

See Information, Advocacy and Referral

Prostitution

Calgary Network on Prostitution

c/o Mount Royal College
4825 Mount Royal Gate SW
Calgary AB T3E 6K6
Phone: 403-440-6383
Email: stavcer@mtroyal.ca
Website: www2.mtroyal.ca/~stavcer
Contact: Dr. D. Scharie Tavcer

Aims to challenge, balance, and change the perspectives that surround prostitution in Calgary. The Network, comprised of various agencies and communities in Calgary, strives to respond, empower, advocate, raise awareness, and disperse sustainable funding to agencies, programs and individuals working with or affected by prostitution.

Distinctive Employment Counselling Services of Alberta (DECSA)

See Employment and Career Development – Barriers to Employment

Metis Child and Family Services Society

See Aboriginal Women

Prostitution Awareness & Action Foundation of Edmonton (PAAFE)

P.O. Box 11471
Edmonton, AB T5J 3K6
Phone: 780- 471-6137
Fax: 780- 471-6237
Email: coordinator@paafe.org
Website: www.paafe.org
Executive Director: Kate Quinn

Works through partnerships to create and pursue strategies to address sexual exploitation and the harms created by prostitution. Offers various programs and services aimed at reducing sexual exploitation, including the John School where Vice Officers from the Edmonton Police Service give "johns" a wakeup call to the possible scenarios that can happen to them, and Project SNUG, a program that offers a meeting with a person at time of arrest and offers both immediate support and options for longer-term support. Offers a Court Diversion Program for individuals who have current or previous involvement in the commercial sex trade. Delivers the PAAFE Bursary Program, a Client Support Fund, as well as a Counselling and Recovery Fund.

Rural and Farm Women

Alberta Women's Institutes (AWI)

5405-36 Ave

Wetaskiwin AB T9A 3C7

Phone: 780-312-2440

Fax: 780-312-2482

Email: abwi3164@telus.net

Website: www.nald.ca/fwic.htm

President: Darlene Wicks

Supports women of all ages to achieve change through personal growth, communication, and education. Provides educational conveners on various subjects. Provides help and assistance needed in communities through donations of time and goods. Provides ongoing scholarships to Olds College, Lakeland College and Fairview College, and to eligible AWI members. Supports the Girls' Club (ages six to 16 years), which delivers similar programs.

Central Alberta Women's Outreach Society

4808 -51 Ave

Red Deer AB T4N 4H3

Phone: 403-347-2480 or 1 866-347-2480 (toll-free)

Email: info@womensoutreach.ca

Website: www.womensoutreach.ca

Executive Director: Barb Barber

Provides basic needs and emotional support for women. Provides education and support in specific areas such as domestic violence, family law, and the effects of crisis on families. Programs and services include the Rural Cooperative Kitchen, a health and social program, the R-Own Food Co-op Program, emotional support, legal support services, the Boundaries Group, a Furniture and Housing Program, the Adopt-A-Family Program, domestic violence support, a daycare drop-in centre, and outreach services.

Violence Against Women

Airdrie Family Services

See Health and Wellness – Body Image and Self-Esteem

Alberta Association of Sexual Assault Centres (AASAC)

YWCA Mary Dover House

7th floor, 320-5 Avenue SE

Calgary AB T2G 0E5

Phone: 403-981-2700

Email: info@aasac.ca

Website: www.aasac.ca

Provides leadership, coordination, and a unified voice on issues of sexual violence while increasing recognition and support for sexual assault centres in Alberta.

Alberta Council of Women's Shelters (ACWS)

320, 10310 Jasper Avenue

Edmonton AB T5J 2W4

Phone: 780-456-7000

Fax: 780-456-7001

Email: voice@acws.ca

Website: www.acws.ca

A province-wide, voluntary organization supporting women's shelters and their partners through education, research, and services for the benefit of abused women and their children. Offers crisis intervention, emotional support, 24-hour crisis line, safe accommodation for abused women, and supportive counselling. Offers ACWS members scholarships and grants for special projects.

Alberta Employment and Immigration

See Employment and Career Development

Alliance to End Violence

306, 301-14 Street NW

Calgary AB T2N 2A1

Phone: 403-283-3013, ext. 229

Fax: 403-283-3780

Email: info@acav.org

Contact: Barb Hill

Raises awareness on issues of family, sexual, and other forms of interpersonal violence and abuse; provides on-going professional development and leadership in the advancement and analysis of public policy on these issues. Develops and supports program development for diverse communities. Strives to maintain an organizational structure that is sustainable and that best meets the needs of the community.

Brigantia Place

PO Box 1405

Camrose AB T4V 1X3

Phone: 780-672-1035

Fax: 780-672-9885

Email: execdirector@brigantiaplace.org

Website: www.brigantiaplace.org

Provides a safe temporary shelter as well as basic need requirements to women and children. Ensures that a qualified staff will provide support services, counselling, and education to explore and develop self-esteem, personal growth, and options of non-violence in personal relationships. Promotes public awareness on issues of family violence. Develops programs that help establish a lifestyle free of abuse.

Brooks and District Women's Safe Shelter Society

PO Box 1045

Brooks AB T1R 1B8

Phone: 403-362-2766

Fax: 403-793-8288

Email: bdwsss@shaw.ca

Contact: Suzanne Ranta

Provides safe, supportive, temporary accommodations to women and their families experiencing family violence. Offers supportive counselling; specialized programming for parents; housing support and advocacy; community education programs; Court support and advocacy; clothing and food banks; and followup services with women after they leave the shelter.

Calgary Communities Against Sexual Abuse (CCASA)

7th floor, 320-5 Avenue SE

Calgary AB T2G 0E5

Phone: 403-237-6905 (business line)

Phone: 403-237-5888 (24-hour support line)

Fax: 403-264-8355

Email: info@calgarycasa.com

Website: www.calgarycasa.com

Executive Director: Danielle Aubry

The primary sexual assault and sexual abuse crisis and education service in Calgary and surrounding areas, CCASA provides individual and group counselling for survivors, Court support, school-based prevention programs, and community awareness campaigns.

Candora Society

See Employment and Career Development

Central Alberta Women's Outreach Society

See Rural and Farm Women

Community Crisis Society

P.O. Box 2162
Strathmore AB T1P 1K2
Phone: 403-934-6634
Fax: 403-934-6661
Executive Director: Karen Pease

Provides a secure residential shelter for women, men, and their children who are fleeing from domestic violence. Services include food, clothing, information, referrals, and advocacy. Provides outreach counselling, education programs, and a 24-hour crisis line.

Crisis Centre – Sexual Assault Services

A201, 5212-48 Street
Red Deer AB T4N 7C3
Phone: 403-356-1099 (24-hour crisis line – Red Deer)
Phone: 1-866-956-1099 (24-hour crisis line – toll-free)
Phone: 403-340-1124 (business)
Fax: 403-340-1163
Email: cenabsac@telusplanet.net
Executive Director: Lois Hansen

Educates, supports, and empowers individuals, families, and communities about personal safety, victimization, and sexual violence. Provides short- and long-term counselling for victims and families, a 24-hour crisis line, and in-school programs on personal safety.

Discovery House Family Violence Prevention Society

PO Box 85058, Albert Park PO
Calgary AB T2A 7R7
Phone: 403-670-0467
Fax: 403-670-0475
Email: shelter@discoveryhouse.ca
Website: www.discoveryhouse.ca
Executive Director: Brigitte Baradoy

Provides individualized services for abused women with children in a long-term residential setting, helping them build capacity to live safely in the community.

Dr. Margaret Savage Crisis Centre

PO Box 419
Cold Lake AB T9M 1P1
Phone: 780-594-3353
Fax: 780-594-7304
Executive Director: Yvette Houle

Provides temporary safe accommodation for women, with or without children, fleeing from domestic violence or experiencing other types of crisis. Offers basic shelter services, a 24-hour crisis line, walk-in counselling, a support group, advocacy and outreach.

John Howard Society - Edmonton

See Human Rights and Legal Issues

Edmonton Women's Shelter (WIN House)

P.O. Box 20088, RPO Beverly

Edmonton AB T5W 5E6

Phone: 780-471-6709

Phone: 780-479-0058 (Crisis Line)

Fax: 780-479-8252

Email: ewsinfo@telus.net

Website: www.winhouse.org

Executive Director: Sandra Danco

Provides a short-term emergency shelter for women, with or without children, fleeing domestic abuse. Provides immediate necessities, transportation to medical help, support, information, referrals, and a 24-hour crisis line. Offers outreach program and ongoing support for up to three months after shelter stay.

Fort McMurray Family Crisis Society

PO Box 6165

Fort McMurray AB T9H 4W1

Phone: 780-743-1190 (crisis line)

Phone: 780-743-4691 (administration)

Fax: 780-791-5560

Email: fcs.assist@shaw.ca

Executive Director: Mary-Ellen Proctor

Provides short-term shelter for abused women, with or without children, in crisis for a period of up to 21 days. Offers a followup program, outreach programs for women and men, early intervention services, and a child development program. Works in partnership with Fort McMurray Crisis Society – Second Stage, to provide second stage housing for women and their children who require long-term support.

Fort McMurray Sexual Assault Centre

PO Box 6165

Fort McMurray AB T9H 4W1

Phone: 780-791-6708 (crisis and business)

Fax: 780-791-5560

Email: sexualassault.couns@shawcable.com

Promotes public awareness concerning sexual assault. Provides crisis intervention, support services, education and makes referrals to appropriate agencies. Works closely with community organizations to ensure the best possible service for survivors and their families.

Grande Cache Transition House Society

PO Box 1242

Grande Cache AB T0E 0Y0

Phone: 780-827-3776

Fax: 780-827-2204

Email: teahouse@telus.net

Website: www.grandecachetransition.com

Contact: Tanya Moulun

Provides a 24-hour safe house and information service for women and children. Offers a comfort zone Monday through Friday from 9 a.m. to 4 p.m. Delivers programs such as anger management, counselling, and victim relief.

Grande Prairie Women's Residence Association (Odyssey House)

9913-93 Avenue

Grande Prairie AB T8V 0J5

Phone: 780-532-2672 (also 24-hour crisis line)

Fax: 780-532-1389

Email: director@odysseyhouse.ca

Executive Director: Kathy Sheppard

Provides safe, short-term and supportive accommodation for abused women and their children. Provides information groups for women on family violence, self-esteem and parenting. Offers one-on-one crisis intervention and a 24-hour crisis line. Provides a followup program for women and children setting out on their own.

Hope Haven Women's Shelter

PO Box 2168

Lac La Biche AB T0A 2C0

Phone: 780-623-3104 (office) or 1-866-727-4673 (toll-free)

Phone: 780-623-3100 (crisis line)

Fax: 780- 623-2094

Email: hhaven@telusplanet.net

Executive Director: Cassandra Putnam

Provides a safe and supportive environment for women in abusive situations, with or without children. Promotes community awareness and prevention of societal violence. Provides an outreach support group for victims of violence.

Hope Mission

9908-106 Avenue
Edmonton AB T5H 0N6
Phone: 780-422-2018 (women's program, ext. 250)
Fax: 780-426-7507
Email: reception@hopemission.com
Website: www.hopemission.com
Executive Director: Bruce Reith

Provides a long-term live-in program to women, with or without children, who are fleeing abusive relationships or experiencing other types of crisis, and desire a supportive living environment within which to make positive changes in their lives. Daily Group Sessions are designed to teach and encourage women toward a future of hope – free from reproach, shame, and defeat.

Lloydminster Interval Home Society

PO Box 1523
Lloydminster AB S9V 1K5
Phone: 780-875-0966 (Crisis Line)
Phone: 780-808-5282 (Office)
Fax: 780-875-0609
Email: lihsi@telusplanet.net
Website: www.intervalhome.ab.ca
Executive Director: Doreen McCaw

Provides safety, support, and programs for women and children in crisis. Promotes public education and awareness towards an abuse-free society.

Musasa House

PO Box 2500
Medicine Hat AB T1A 8G8
Phone: 403-527-8223
Fax: 403-526-0209
Email: musasa@psh-medhat.com
Website: www.mhwss.ca
Executive Director: Natasha Carvalho

Second stage program providing long-term, safe accommodation and accompanying support services for women with children escaping family violence. Family Support Workers provide a holistic approach to education and support to prepare all members of the family for re-integration into the community, equipped with the skills and resources necessary to live their lives free from family violence.

Paspew House Mikisew Cree Nation

PO Box 90

Fort Chipewan AB T0P 1B0

Phone: 780-697-3323 (Crisis)

Phone: 780-697-3329 (Business)

Fax: 780-697-3608

Email: dircommunity@mikisewcree.ca

Director: Mary Simpson

Provides a safe place for women escaping domestic violence. Offers public educational programs on relationship prevention in family violence. Operates a 24-hour crisis-line for the community. Clothing bank, Cree language classes, and women's drum making workshops are also available.

Peace River Regional Women's Shelter

PO Box 7738

Peace River AB T8S 1T3

Phone: 780-624-3466

Fax: 780-624-1469

Email: prrrws@telusplanet.net

Executive Director: Brenda Brochu

Provides women and children with services which ensure a safe environment. Works with other agencies in the region to provide education and information on domestic violence and abusive behaviour.

Peer Support Services for Abused Women

301, 501-18 Ave SW

Calgary AB T2S 0C7

Phone: 403-234-PEER (7337)

Fax: 403-228-0438

Email: info@pssaw.org

Website: www.pssaw.org

Contact: Andrea Silverstone

Provides support, resources and referrals to women and children affected by domestic abuse. Facilitates community-based peer support in cooperation with participants. Fosters self-directed change and independence in a caring, safe environment. All women and children are welcome, regardless of race, religion, sexual orientation or socioeconomic status.

Pembina Crisis Connection Society

4820-51 Avenue
Drayton Valley AB T7A 1R7
Phone: 780-621-2363
Fax: 780-514-3398
Email: pccs@incentre.net

Offers a protection program for women and their children in abusive situations. Provides a safe place where women can come get information on how to learn the signs of abuse and how to stay safe. Provides a volunteer-based transportation committee for women who need to seek shelter outside of Drayton Valley. Works in partnership with other community agencies in prevention of bullying and family violence.

Phoenix Safe House

PO Box 2500
Medicine Hat AB T1A 8G8
Phone: 403-527-8223
Fax: 403-526-0209
Email: info@psh-medhat.com
Executive Director: Natasha Carvalho

Short-term safe shelter for women and their children who are experiencing family violence. Crisis Intervention Workers assist women in developing a case plan for returning to community living, including information on community resources, referrals and, when needed, advocacy.

Pincher Creek Women's Emergency Shelter Association

PO Box 2092
Pincher Creek AB T0K 1W0
Phone: 403-627-2114, or 1-888-354-4868 (toll-free)
Fax: 403-627-4808
Email: pcwesa@telusplanet.net
Executive Director: Julie Coleman

In collaboration with other agencies, provides safe shelter and support services for women and children who are fleeing abusive situations. Offers a 24-hour crisis line, counselling, educational programs, support groups, outreach and advocacy.

Prevention of Family Violence and Bullying

Children and Youth Services

3rd Floor, Sterling Place

9940-106 Street

Edmonton AB T5K 2N2

Phone: 780-422-6492

Fax: 780-427-2039

Email: kathleen.gorman@gov.ab.ca

Website: www.child.alberta.ca

Senior Manager: Kathleen Gorman

Supports families and communities, helping them to provide nurturing, safe environments for their children. Strives to break the cycles of family violence, abuse and poverty.

Provides information on topics such as adoption, child care, foster care, family violence prevention, women's issues, child welfare, and supports for children with disabilities.

Programs and services are available province-wide through the Child and Family Services Authorities (CFSAs) and the 18 Delegated First Nation Agencies (DFNAs).

Safe Haven Women's Shelter Society

PO Box 4113

Taber AB T1G 2C6

Phone: 403-223-0483

Fax: 403-223-4889

Email: tabercrisis@hotmail.com

Website: www.tabersafehaven.org

Executive Director: Jennifer Gullage

Provides emergency shelter, community outreach program, information and referral, advocacy, prevention and education. The outreach program runs sessional support groups for women and teenage girls that cover topics such as self-esteem, healthy relationships, abuse awareness and parenting.

Safe Home

PO Box 396

High Level AB T0H 1Z0

PHONE: 780-926-3899

FAX: 780-926-3874

EMAIL: safehome@telusplanet.net

Director: Barbara Beaulieu

Offers shelter and counselling 24-hours a day to women in crisis and their children.

Operates a 24-hour crisis line. Provides public education on family and dating violence to all communities in the North Central Alberta CFSA.

Saffron – Strathcona Sexual Assault Centre

44, 48 Brentwood Boulevard
Sherwood Park AB T8A 2H5
Phone: 780-449-0900
Fax: 780-416-2393
Email: info@saffron-ssac.com
Website: www.saffron-ssac.com
Executive Director: Dortha Flauer

Works toward preventing sexual violence and supporting survivors of sexual abuse. Offers one-to-one counselling for both survivors and their support people. Provides group counselling for women who experienced sexual violence as children or youth.

Sexual Assault Centre of Edmonton (SACE)

205, 14964-121A Avenue
Edmonton AB T5V 1A4
Phone: 780-423-4102
Phone: 780-423-4121 (24-hour crisis line)
Fax: 780-421-8734
Email: info@sace.ab.ca
Website: www.sace.ab.ca
Executive Director: Karen Smith

Provides specialized, cost-effective services aimed at preventing sexual violence. Offers healing and recovery for those who have been targets of sexually violent crimes. Operates a 24-hour crisis line and both individual and group counselling.

Sexual Assault Response Committee

477-3 Street SE
Medicine Hat AB T1A 0G8
Phone: 403-504-8026
Fax: 403-504-0351
Email: help@mhsarc.com
Website: www.mhsarc.com
Regional Coordinator: Christina Johnson

Provides services to victims, families, and community members affected by sexual violence.

St. Albert Stop Abuse In Families (SAIF) Society

324, 7 St. Anne Street
St. Albert AB T8N 2X4
Phone: 780-460-2195
Fax: 780-460-2190
Email: info@stopabuse.ca
Website: www.stopabuse.ca
President: Pam Smyth

Provides education, support, and advocacy to prevent abuse in the family. Offers crisis intervention, individual short-term counselling and ongoing support. Operates a resource centre. Provides assistance and support to abused women to deal with systems (legal, court, social services, etc.) through trained advocates. Runs a three-phased group for abused women. Provides education and presentations to professionals, agencies and community groups. In conjunction with other community agencies, offers New Directions, a child-focused program for children and parents from abusive homes.

St. Paul and District Crisis Association

PO Box 1237
St. Paul AB T0A 3A0
Phone: 780-645-5132
Fax: 780-645-1966
Executive Director: Noreen Cotton

A short-term emergency shelter for abused women, with or without children. Followup programming is offered to previous residents who want to continue working on abuse prevention, life skills, and/or parenting issues.

Strathcona Shelter Society Ltd. 'A Safe Place'

PO Box 3282
Sherwood Park AB T8H 2T2
Phone: 780-464-7232
Phone: (24-hour crisis line) 780- 464-7233
Fax: 780-467-3511
Email: sssltd@shaw.ca
Website: www.asafeplace.ca
Executive Director: Patricia Vargas

Provides safe, short-term accommodation and crisis intervention services for abused women, with or without children. Offers outreach programming and support groups for women and children.

University of Alberta: Sexual Assault Centre

2, 705 Students Union Building
Edmonton AB T6G 2J7
Phone: 780-492-9771
Fax: 780-492-3804
Email: sexualassaultcentre@ualberta.ca
Website: www.ualberta.ca/~uasac
Director: Kris Fowler

Provides a safe place on campus where unconditional support, confidentiality, respect and advocacy are available for those affected by sexual assault. Services include telephone or drop-in crisis intervention, support and information, a support group for acquaintances of sexual assault survivors, referrals for long-term support, and advocacy for those who choose to involve the hospital, police or criminal justice system.

Vegreville Victim Services

PO Box 1022
Vegreville AB T9C 1S1
Phone: 780-632-2718
Fax: 780-632-2296
Email: cindy.oslund-herbert@rcmp-grc.gc.ca
Coordinator: Cindy Oslund-Herbert

A police-based service to support victims of crime and tragedy. Provides ongoing support to women who experience domestic violence.

Victorian Order of Nurses (VON) Alberta South, Calgary and Edmonton

See Health and Wellness – General

VIOLET: Law and Abused Women

See Human Rights and Legal Issues

Yellowhead Emergency Shelter for Women

PO Box 6401
Hinton AB T7V 1X7
Phone: 780-865-4359 (business line)
Phone: 780-865-5133 (24-hour crisis support line)
Phone: 1-800-661-0937 (toll-free 24 hour crisis support line)
Fax: 780- 865-7151
Email: yeswomen@shaw.ca
Director: Marjorie Luger

Offers secure accommodation to women and children seeking refuge in crisis situations. Enables healing for abused women. Operates a crisis support line, basic shelter services, walk-in counselling, outreach family support, a public education program, and follow-up support for women and children.

Youville Women's Residence

See Health and Wellness – Mental Health

YWCA Banff, Calgary, Edmonton, and Lethbridge and District

See Information, Advocacy and Referral

YWCA Mary Dover House

320-5 Avenue SE

Calgary AB T2G 0E5

Phone: 403-263-1550

Fax: 403-263-4681

Email: ywca@ywcaofcalgary.com

Website: www.ywcaofcalgary.com

Provides safe and affordable housing to women and children in crisis or transition, and a variety of specialized social programs, including on-site counselling, agency referrals, advocacy work, VON nurse services, emergency transportation, a community kitchen, common lounge areas and kitchenettes, and access to the YWCA Fitness on Fifth facility. Women are required to meet with an assigned counselor on a regular basis and are supported as they work on goals to achieve greater self-sufficiency.

YWCA Sheriff King Home (The)

2003-16 Street SE

Calgary AB T2G 5B7

Phone: 403-266-4111

Phone: 403-266-0707 (24-hour crisis line)

Fax: 403-262-1743

Email: sheriffk@ywcaofcalgary.com

Website: www.ywcaofcalgary.com

Provides a 38-bed, 21-day stay emergency shelter for women and children fleeing domestic violence. Provides shelter, food, individual and group counselling, followup services and referrals at no cost to clients. Addresses confidentiality, danger and risk assessment, safety planning for the whole family, and focuses on basic trauma work. The immediate goal of the shelter services is to move the family out of the crisis state to feel safer and calmer.

Violence Against Women – Second Stage Housing

Hope Mission

See Violence Against Women

La Salle ‘A Safe Place For Women and Their Children’

Main PO Box 1135

Edmonton AB T5J 2M1

Phone: 780-442-0082

Fax: 780-482-3008

Provides second stage shelter specifically targeted towards Aboriginal women and their children fleeing an abusive/violent situation. Operates nine furnished suites and assists residents toward increased independence. Provides one-on-one counselling and workshops.

Lethbridge Native Women's Transition Home Society

740-4 Avenue South

Lethbridge AB T1J 4K2

Phone: 403-329-6506, or 1-877-777-6077 (toll-free)

Email: nwthsoc90@hotmail.com

Contact: Doris Sweetgrass

Provides transitional housing for eight families consisting of women and children in crisis situations. Programs and services to help women build strong and healthy lives, including: Life Skills, Elders Program, Family Case Plans and referral services.

Lloydminster Interval Home Society

PO Box 1523

Lloydminster AB S9V 1K5

Phone: 780-875-0966 (Crisis Line)

Phone: 780-808-5282 (Office)

Fax: 780-875-0609

Email: lihsi@telusplanet.net

Website: www.intervalhome.ab.ca

Executive Director: Linda Baillargeon

Provides safety, support, and programs for women and children in crisis. Promotes public education and awareness towards an abuse-free society.

Musasa House

See Violence Against Women

Phoenix Safe House

See Violence Against Women

LOCATION INDEX

Wings of Providence

PO Box 32141

Edmonton AB T6K 4C2

Phone: 780-426-4985

Fax: 780-424-3625

Email: pgarrett@wingsofprovidence.ca

Website: www.wingsofprovidence.ca

Executive Director: Patricia Garrett

Provides comprehensive transitional programs and independent living in a safe, secure, supportive, and healthy environment for women with children who have experienced family violence. Provides information and programs in the area of health, life management skills, parental resources, family violence, and child/teen support groups.

LOCATION INDEX

Airdrie

Airdrie Family Services 29

Banff

YWCA of Banff Community Resource Centre 55

Calgary

211 Calgary 51

AADAC Enhanced Services for Women 43

Alberta Association of Sexual Assault Centres 65

Alberta Civil Liberties Research Centre 45

Alberta Human Rights Citizenship Commission 46

Alberta War Brides Association 57

Alberta Women Entrepreneurs 14

Alliance to End Violence 65

Association of Women Lawyers 13

Big Brothers and Sisters 29

Calgary Communities Against Sexual Abuse 66

Calgary Council of Women 51

Calgary Immigrant Women's Association 18

Calgary Network on Prostitution 63

Calgary Outlink – Centre for Gender and Sexual Diversity 26

Calgary Pregnancy Care Centre 37

Calgary Sexual Health Centre 38

Calgary Women's Health Collective 35

Canadian Cancer Society 34

Canadian Women for Women in Afghanistan 18

Centre for Newcomers 19

Discovery House Family Violence Prevention Society 67

Elizabeth Fry Society of Calgary 46

Equal Voice 61

EthniCity Catering 16

Famous 5 Foundation 61

Global Television Women of Vision – Calgary 8

Haddassah – WIZO Organization of Canada 20

Hull Child and Family Services 35

InformAlberta 52

Institute for Gender Research 53

Kensington Clinic 40

Kerby Centre 57

La Leche League Canada 40

La Société des Dames de Sainte – Famille 25

Na'amat Canada 22

Organization of Women in International Trade 14

Peer Support Services for Abused Women 71

PFLAG Canada 27

Progressive Group for Independent Business Women 14

Rising Women Magazine 54

Sexual Health Access Alberta 41

Sistership Dragonboat Association 34

Sonshine Community Service 59

Stardale Women's Group Inc. 7

LOCATION INDEX

University of Calgary 11
Victorian Order of Nurses 32
White Women Against Racism 22
Women in a Home Office 15
Women in Psychology 12
Women of Color Collective 23
Women's Global Voices Collective Group 23
Women's Health Centre/Women's Health Resources 33
Women's Resource Centre 23
Women's Support Groups, Calgary Chinese Service Association 23
Womyn's Space 28
Youville Women's Residence 36
YWCA Calgary 55
YWCA Mary Dover House 77
YWCA Sheriff King Home 77
Camrose
Brigantia Place 66
La Leche League Canada 40
Chestermere
La Leche League Canada 40
Cold Lake
Dr. Margaret Savage Crisis Centre 67
Edmonton
211 Edmonton 51
AADAC Enhanced Services for Women 43
Access to Justice Network 45
Alberta Alcohol & Drug Abuse Commission (AADAC) 43
Alberta Association of Services for Children and Families 58
Alberta Child and Youth Services 12
Alberta Child Care Association 58
Alberta Committee of Citizens with Disabilities 60
Alberta Council of Women's Shelters 65
Alberta Council on Aging 57
Alberta Employment and Immigration 13
Alberta Human Rights and Citizenship Commission 45
Alberta Native Friendship Centres Association 6
Alberta Women Entrepreneurs 13
Association for Safe Alternatives in Childbirth 37
Birthright 37
Boys and Girls Clubs of Alberta 30
Braemar School 10
Canadian Federation of University Women 10
Canadian Law and Modern Day Foreign Brides 18
Canadian Native Friendship Centre 6
Candora Society 14
Capital Health STD Clinic 38
Catholic Social Services 18
Changing Together...A Centre for Immigrant Women 19
Coalition des femmes de l'Alberta 25
Congress of Black Women 10
Distinctive Employment Counselling Services of Alberta 16

LOCATION INDEX

Doula Association of Edmonton 39
Edmonton and Area Famous 5 Society 61
Edmonton Housing and Trust Fund 62
Edmonton John Howard Society 47
Edmonton Local Council of Women 52
Edmonton Mennonite Centre for Newcomers 20
Edmonton Police Services – GLBTQ Liaison Committee 26
Elizabeth Fry Society of Edmonton 47
Equal Voice Alberta North 61
Family and Community Support Services 52
Girl Guides of Canada 30
Global Television Women of Vision 8
Hadassah – WIZO Organization of Canada 20
Hereditary Breast and Ovarian Cancer Society of Alberta 34
Hope Mission 70
In Motion Network 42
Indo-Canadian Women’s Association 21
Inside/OUT 26
Institute for the Advancement of Aboriginal Women 6
Intergovernmental Initiatives (Children and Youth Services) 53
Intuit Women’s Network 14
Justisse – Healthworks for Women 39
Kids First Parenting Association of Canada 47
La Leche League Canada 40
La Salle ‘A Safe Place for Women and their Children’ 78
Legal Aid Alberta 48
Legal Education Action Fund (LEAF) 48
Madeleine Sanam Foundation 21
McDougall House Association 43
Métis Child and Family Services Society 7
Minerva Senior Studies Institute – Grant MacEwan College 11
Multicultural Health Brokers Cooperative 21
Na’amat Edmonton 22
Older Adult Knowledge Network 54
Organization of Women in International Trade 14
PFLAG Canada 27
Planned Parenthood 40
Pride Centre 27
Prostitution Awareness and Action Foundation of Edmonton (PAAFE) 63
Rosenet: Law and Abused Immigrant Women 22
Serena Alberta 41
Sexual Assault Centre of Edmonton 74
Society for Assisted Cooperative Recovery From Eating Disorders (SACRED) 33
Status of Women Edmonton 49
Support Group for Women’s Issues 35
Terra – Centre for Pregnant and Parenting Teens 31
University of Alberta: Office of Human Rights 49
Victorian Order of Nurses 32
Violet: Law and Abused Women 49
Wings of Providence 79
WISEST (Women in Scholarship, Engineering, Science, and Technology) 17

LOCATION INDEX

- Women and Relationships Education Program 12
Women and the Law in Alberta 50
Women Building Futures Society 17
Women for Sobriety 44
Women in Film and Television 8
Women's Issues (Children and Youth Services) 12
Women's Writing Program, Faculty of Extension, University of Alberta 9
Womonspace 27
Youth Understanding Youth 28
YWCA Edmonton 56
- Fairview**
Alberta Women's Institutes 64
La Leche League Canada 40
- Fort McMurray**
Fort McMurray Family Crisis Society 68
Fort McMurray Sexual Assault Centre 68
YMCA Immigrant Settlement Services 24
- Grande Cache**
Grande Cache Transition House Society 69
- Grande Prairie**
AADAC Enhanced Services for Women 43
Grande Prairie Women's Residence Association (Odyssey House) 69
La Leche League Canada 40
Pregnant and Parenting Teen Program 31
- High Level**
Safe Home 73
- Hinton**
PFLAG Canada 27
Yellowhead Emergency Shelter for Women 76
- Jasper**
La Leche League Canada 40
- Lac La Biche**
Hope Haven Women's Shelter 69
Lac La Biche Canadian Native Friendship Centre 7
- Lacombe**
La Leche League Canada 40
- Lethbridge**
La Leche League Canada 40
Lethbridge Native Women's Transition Home Society 78
Martha's Monthly 53
PFLAG Canada 27
University of Lethbridge Women's Studies 11
Womanspace Resource Centre 50
YWCA Lethbridge and District 56
- Medicine Hat**
La Leche League Canada 40
Musasa House 70
PFLAG Canada 27
Phoenix Safe House 72
Sexual Assault Response Committee 74
Victorian Order of Nurses 32

LOCATION INDEX

Worlds of Women Together 24

Olds

Canadian Association for the Advancement of Women and Sport 42

Canadian Breast Cancer Network 34

Canadians for Choice 38

La Leche League Canada 40

Ottawa

Status of Women Canada 48

Peace River

La Leche League Canada 40

Peace River Regional Women's Shelter 71

Pincher Creek

Pincher Creek Women's Emergency Shelter Association 72

Red Deer

AADAC Enhanced Services for Women 43

Central Alberta Immigrant Women's Association 19

Central Alberta Pregnancy Care Centre 39

Central Alberta Women's Outreach Society 64

Crisis Centre – Sexual Assault Services 67

Family Services of Central Alberta 30

La Leche League Canada 40

Red Deer Pro Life 41

St. Albert

La Leche League Canada 40

St. Albert Stop Abuse in Families Society 75

Women for Sobriety 44

Sherwood Park

Doula Association of Edmonton 39

La Leche League Canada 40

Saffron: Strathcona Sexual Assault Centre 74

Strathcona Shelter Society Ltd 75

St. Paul

St. Paul and District Crisis Association 75

Stony Plain

La Leche League Canada 40

Toronto

Legal Education Action Fund (LEAF) 48

Vegreville

Vegreville Victim Services 76

ALPHABETICAL INDEX

A

211 Calgary and Edmonton	51
AADAC Enhanced Services for Women	43
Access to Justice Network	45
Airdrie Family Services	29
Alberta Alcohol & Drug Abuse Commission (AADAC)	43
Alberta Association of Services for Children and Families	58
Alberta Association of Sexual Assault Centres (AASAC)	65
Alberta Child Care Association	58
Alberta Children and Youth Services	12
Alberta Civil Liberties Research Centre	45
Alberta Committee of Citizens with Disabilities	60
Alberta Council of Women Shelters	65
Alberta Council on Aging	57
Alberta Employment and Immigration	13
Alberta Human Rights and Citizenship Commission	45, 46
Alberta Native Friendship Centres Association	6
Alberta War Brides Association	57
Alberta Women Entrepreneurs: Calgary	14
Alberta Women Entrepreneurs: Edmonton	13
Alberta Women's Institutes	64
Alliance to End Violence	65
Association for Safe Alternatives in Childbirth	37
Association of Women Lawyers	13

B

Big Brothers Big Sisters	29
Birthright	37
Boys and Girls Clubs of Alberta	30
Braemar School	10
Brigantia Place	66
Brooks and District Women's Safe Shelter Society	66

C

Calgary Communities Against Sexual Abuse	66
Calgary Council of Women	51
Calgary Immigrant Women's Association	18
Calgary Network on Prostitution	63
Calgary OutLink: Centre for Gender and Sexual Diversity	26
Calgary Pregnancy Care Centre	37
Calgary Sexual Health Centre	38
Calgary Women's Health Collective	35
Canadian Association for the Advancement of Women and Sport	42
Canadian Breast Cancer Network	34
Canadian Cancer Society	34
Canadian Federation of University Women	10

ALPHABETICAL INDEX

Canadian Law and Modern Day Foreign Brides	18
Canadian Native Friendship Centre	6
Canadian Women for Women in Afghanistan	18
Canadian Women's Health Network	32
Canadians for Choice	38
Candora Society	14
Capital Health STD Clinic	38
Catholic Social Services	18
Central Alberta Immigrant Women's Association	19
Central Alberta Pregnancy Care Centre	39
Central Alberta Women's Outreach Society	64
Centre for Newcomers	19
Changing Together... A Centre for Immigrant Women	19
Coalition des femmes de l'Alberta	25
Community Crisis Society	67
Congress of Black Women - Edmonton Chapter	11
Crisis Centre – Sexual Assault Services	67

D

Discovery House Family Violence Prevention Society	67
Distinctive Employment Counselling Services of Alberta	16
Doula Association of Edmonton	39
Dr. Margaret Savage Crisis Centre	67
Dr. Trina Read	39

E

Edmonton and Area Famous 5 Society	61
Edmonton Housing Trust Fund/ Edmonton Joint Planning Committee on Housing	62
Edmonton Local Council of Women	52
Edmonton Mennonite Centre for Newcomers	20
Edmonton Police Services/ GLBTQ Liaison Committee	26
Edmonton Women's Shelter (WIN House)	68
Elizabeth Fry Society	46, 47
Equal Voice – Alberta	61
EthniCity Catering	16

F

Family and Community Support Services – Provincial Office	52
Family Services of Central Alberta	30
Famous 5 Foundation	61
Fort McMurray Family Crisis Society	68
Fort McMurray Sexual Assault Centre	68

G

Girl Guides of Canada – Alberta Council	30
Global Television Women of Vision	8
Grande Cache Transition House Society	69
Grande Prairie Women's Residence Association (Odyssey House)	69

ALPHABETICAL INDEX

H

Hadassah-WIZO Organization of Canada 20
Hereditary Breast and Ovarian Cancer Society of Alberta 34
Hope Haven Women's Shelter 69
Hope Mission 69
Hull Child and Family Services 35

I

In Motion Network 42
Indo-Canadian Women's Association 20
InformAlberta 56
Inside/OUT 26
Institute for Gender Research 53
Institute for the Advancement of Aboriginal Women 6
Intergovernmental Initiatives (Children and Youth Services) 53
Intuit Women's Network 14

J

John Howard Society 47
Justisse – Healthworks for Women 39

K

Kensington Clinic 40
Kerby Centre 57
Kids First Parent Association of Canada 47

L

La Leche League Canada: Alberta/Northwest Territories 40
La Salle 'A Safe Place For Women and Their Children' 78
La Société des Dames de Sainte-Famille 25
Lac La Biche Canadian Native Friendship Centre 7
Legal Aid Alberta 48
Legal Education Action Fund (LEAF) 48
Lethbridge Native Women's Transition Home Society 78
Lloydminster Interval Home Society 70, 78

M

Madeleine Sanam Foundation 21
Martha's Monthly 53
McDougall House Association 43
Metis Child and Family Services Society 7
Minerva Senior Studies Institute, Grant MacEwan College 11
Multicultural Health Brokers Cooperative 21
Musasa House 70

N

Na'amat Canada 22

ALPHABETICAL INDEX

O

Older Adult Knowledge Network (OAK-Net)	54
Organization of Women in International Trade	14

P

Paspew House Mikisew Cree Nation	71
Peace River Regional Women's Shelter	71
Peer Support Services for Abused Women	71
Pembina Crisis Connection Society	72
PFLAG Canada	27
Phoenix Safe House	72
Pincher Creek Women's Emergency Shelter Association	72
Planned Parenthood Edmonton	40
Pregnant and Parenting Teen Program	31
Prevention of Family Violence and Bullying (Children and Youth Services)	73
Pride Centre of Edmonton	27
Progressive Group for Independent Business Women	14
Prostitution Awareness & Action Foundation of Edmonton	63

R

Red Deer Pro Life	41
Rising Women Magazine	54
Rosenet: Law and Abused Immigrant Women	22

S

Safe Haven Women's Shelter Society	73
Safe Home	73
Saffron – Strathcona Sexual Assault Centre	74
Savoir Faire Professional Women's Club	15
Serena Alberta	41
Sexual Assault Centre of Edmonton	74
Sexual Assault Response Committee	74
Sexual Health Access Alberta	41
Sistership Dragon Boat Association	34
Society for Assisted Cooperative Recovery from Eating Disorders	32
Sonshine Community Services	59
SPEC Association for Children and Families	54
St. Albert Stop Abuse In Families (SAIF) Society	75
St. Paul and District Crisis Association	75
Stardale Women's Group Inc	7
Status of Women Canada	48, 49
Strathcona Shelter Society Ltd. 'A Safe Place'	75
Support Group for Women's Issues	35

T

Terra – Centre for Pregnant and Parenting Teens	31
---	----

ALPHABETICAL INDEX

U

- University of Alberta: Office of Human Rights 49
- University of Alberta: Sexual Assault Centre 76
- University of Calgary 11
- University of Lethbridge Women's Studies 11

V

- Vegreville Victim Services 76
- Victorian Order of Nurses 32
- VIOLET: Law and Abused Women 49

W

- White Women Against Racism (Women's Resource Centre) 22
- Wings of Providence 79
- WISEST (Women in Scholarship, Engineering, Science & Technology) 17
- Womanspace Resource Centre 50
- Women and Relationships Education Program 12
- Women and the Law in Alberta 50
- Women Building Futures Society 17
- Women for Sobriety Inc. 44
- Women in a Home Office 15
- Women in Film and Television – Alberta 8
- Women in Psychology 12
- Women of Colour Collective (Women's Resource Centre) 23
- Women's Centre of Calgary 55
- Women's Global Voices Collective Group (Women's Resource Centre) 23
- Women's Health Centre/Women's Health Resources 33
- Women's Issues (Children and Youth Services) 12
- Women's Resource Centre 23
- Women's Support Groups, Calgary Chinese Service Association 23
- Women's Writing Program, Faculty of Extension, University of Alberta 9
- Womonspace 27
- Womyn's Space 28
- Worlds of Women Together 24

Y

- Yellowhead Emergency Shelter for Women 76
- YMCA Immigrant Settlement Services 24
- Youth Understanding Youth 28
- Youville Women's Residence 36
- YWCA 55, 56
- YWCA Mary Dover House 77
- YWCA Sheriff King Home 77

WOMEN'S ORGANIZATIONS OF ALBERTA – UPDATE FORM

1. Name of organization:

2. Address:

3. Postal code:

Phone:

Fax:

4. E-mail:

Website:

5. Contact name/Position:

6. Please check the category that best describes your organization.

(If your organization deals with more than one category, please mark 1 by the most representative, 2 by the second most representative, and so on.)

- | | |
|---|---|
| <input type="checkbox"/> Aboriginal women | <input type="checkbox"/> Human Rights and Legal Issues |
| <input type="checkbox"/> Arts | <input type="checkbox"/> Information, Advocacy and Referral |
| <input type="checkbox"/> Education – Post-Secondary,
Continuing Education, and Training | <input type="checkbox"/> Older Women |
| <input type="checkbox"/> Employment and Career Development | <input type="checkbox"/> Parenting and Family |
| <input type="radio"/> General | <input type="checkbox"/> Persons with Disabilities |
| <input type="radio"/> Barriers to Employment | <input type="checkbox"/> Politics and Leadership |
| <input type="radio"/> Women in Science, Engineering,
Trades, and Technology | <input type="checkbox"/> Poverty |
| <input type="checkbox"/> Ethno-Cultural Diversity and New
Canadians | <input type="checkbox"/> Prostitution |
| <input type="checkbox"/> Francophone women | <input type="checkbox"/> Rural and Farm Women |
| <input type="checkbox"/> Gay, Lesbian, Bisexual, Transgender/
Transsexual, Queer/Questioning | <input type="checkbox"/> Violence Against Women |
| <input type="checkbox"/> Gender Awareness | <input type="radio"/> Second Stage Housing |
| <input type="checkbox"/> Girls and Young Women | <input type="checkbox"/> Other |
| <input type="checkbox"/> Health and wellness | _____ |
| <input type="radio"/> General | _____ |
| <input type="radio"/> Body Image and Self-esteem | _____ |
| <input type="radio"/> Cancer Support Services | _____ |
| <input type="radio"/> Mental Health | _____ |
| <input type="radio"/> Pregnancy, Reproductive and
Sexual Health | _____ |
| <input type="radio"/> Sports and Physical Health | _____ |
| <input type="radio"/> Substance Abuse and Addictions | _____ |

[illegible]

Women's Issues Area
Intergovernmental Initiatives
Alberta Children and Youth Services
12th Floor, Sterling Place
9940-106 Street
Edmonton AB T5K 2N2
Fax: 780-422-6642
Email: cys.womensissues@gov.ab.ca

WOA