Alberta Children and Youth Services grants permission to photocopy this directory.

Changes to programs, services, office locations, contact persons, phone numbers, emails and websites may occur after the publication of this directory.

Published by:

Women’s Issues  
Intergovernmental Initiatives  
Alberta Children and Youth Services

Sixth Edition  
November 2009
INTRODUCTION

The Women’s Issues area of Children and Youth Services is pleased to introduce the sixth edition of *Women’s Organizations of Alberta*.

This directory is designed to:
- list organizations in the province which provide ongoing services and programs primarily for women, or which may be of high interest to women;
- encourage networking among women’s organizations;
- increase communication and referrals between groups; and
- act as a springboard in the creation of new community-based services and programs.

Children and Youth Services grants permission to photocopy this directory from the ministry’s website, at [www.child.alberta.ca](http://www.child.alberta.ca).

Using the Directory

Groups and organizations are organized by subject areas, which are listed alphabetically in the table of contents. The Location Index lists groups and organizations by community, and an Alphabetical Index is also included, providing a quick way to contact a specific group.

For the Future

We have made every effort to ensure the information in this directory is current, accurate, and complete. However, information about groups and organizations continuously changes.

To help keep this directory as up-to-date as possible, please let us know of changes to your organization. You can do this by completing the WOA Information Form on page 90. If your organization is not currently listed and you would like it added to the next edition, please fill out the same WOA Information Form.

Please send your WOA Information Form to:

Women’s Issues  
Intergovernmental Initiatives  
Children and Youth Services  
12th Floor, Sterling Place  
9940-106 Street  
Edmonton AB T5K 2N2  
Phone: 780-427-4304  
Fax: 780-422-6642  
Email: cys.womensissues@gov.ab.ca
Acknowledgements

We acknowledge and thank the many women’s groups and organizations that responded to our requests for information. Without their help, this directory would not be possible.

We sincerely hope this directory continues to be a useful resource.

Disclaimer

The organizations listed provided their contact information and a description of their services. They gave their permission to be included in this directory.

The views and policies of the organizations in this directory do not necessarily reflect those of the Government of Alberta. Children and Youth Services is not responsible for the quality of programs and services offered by these organizations.
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Aboriginal Women

**Alberta Native Friendship Centres Association**  
10336-121 Street  
Edmonton AB  T5N 1K8  
Phone: 780-423-3138  
Fax: 780-425-6277  
Email: director@anfca.com  
Website: www.anfca.com  
Executive Director: Nelson Mayer

Supports the development and operation of friendship centres in Alberta. Addresses the social, health, economic, justice and recreational issues that affect Aboriginal people living in rural and urban settings. Offers provincially-based programs and services to enhance capacity of community-based Friendship Centres to respond to local needs. Administers province-wide Artist in Action, Aboriginal Artisan database; www.healthyspirit.com; an HIV/AIDS online information portal; and a range of culturally-based resources.

**Canadian Native Friendship Centre**  
11205-101 Street  
Edmonton AB  T5G 2A4  
Phone: 780-479-1999  
Fax: 780-479-0043  
Email: cnfc@shawbiz.com  
Website: www.cnfc.ca  
Contact: Crystal Beaverbones, Community Resources

Improves the quality of life for Aboriginal people in an urban environment by supporting self-determined activities, encouraging equal access and participation in Canadian society, all while respecting Aboriginal cultural distinctiveness. Holds Pow-Wow dance classes for women.

**Institute for the Advancement of Aboriginal Women (IAAW)**  
201, 10812-178 Street  
Edmonton AB  T5S 1L3  
Phone: 780-479-8195, or 1-877-471-2171 (toll-free)  
Fax: 780-471-2169  
Email: iaaw@iaaw.ca  
Website: www.iaaw.ca  
President: Muriel Stanley Venne

Supports Aboriginal women in Alberta through recognition and promotion of their roles as leaders, individually, in their families, and in their communities. Promotes Aboriginal women and their particular field of expertise. Provides education and advocacy concerning human rights as they apply to Aboriginal women.
Lac La Biche Canadian Native Friendship Centre
P.O. Box 2338, 10105 Churchill Drive
Lac La Biche AB  T0A 2C0
Phone: 780-623-3249
Fax: 780-623-1846
Email: info@nativefriendship.ca
Website: www.nativefriendship.ca
Executive Director: Donna Webster

Focuses on developing strong relationships within the community and providing strong cultural supports.

Métis Child and Family Services Society
10437-123 Street
Edmonton AB  T5N 1N8
Phone: 780-452-6100
Fax: 780-452-8944
Email: amanda.collins@metischild.com
Website: www.metischild.com
President: Debbie Houle

Promotes health and well-being of Métis children and families by building on the capacity of the Métis community through the provision of culturally-sensitive and appropriate programs and services. Offers Health for Two, a family support program, and an outreach program for women on the streets.

Stardale Women's Group Inc.
Sunlife Plaza – West Tower
2600, 144-4 Avenue SW
Calgary AB  T2P 3N4
Phone: 403- 243-6615
Email: stardale@gmail.com
Website: www.nald.ca/Stardale
Executive Director: Helen McPhaden

Provides Aboriginal women, immigrant women, women living in poverty, and any other group of marginalized women with essential life skills, literacy skills, and education. Provides these women with advocacy to empower their lives, their families, and their communities, in order to overcome systemic barriers.
**Arts**

**Global Television Women of Vision –**
Calgary
Woman of Vision c/o Global Calgary
222-23rd Street NE
Calgary AB  T2E 7N2
Phone: 403- 235-7714
Email: womanofvision@globaltv.com
Contact: Susan Costello

Edmonton
Woman of Vision c/o Global Edmonton
5325 Allard Way
Edmonton AB  T6H 5B8
Phone: 780- 436-1250
Email: viewpoint@shaw.ca
Contact: Lesley MacDonald

A monthly feature on Global News which celebrates the accomplishments of outstanding Alberta women who have implemented their passion and whose personal dedication and actions inspire us all. These stories serve as an inspiration to other women, especially young women about to make goals and career choices. Women of Vision – Calgary is written and produced by Linda Olsen. Women of Vision – Edmonton is written and produced by Lesley MacDonald.

**Women in Film and Television – Alberta**
The National Film Board of Canada
10815-104 Avenue, Suite 100
Edmonton AB  T5J 4N6
Email: admin@wifta.ca
Website: www.wifta.ca
President: Deborah Osborne

A non-profit organization that promotes and assists the professional development, equitable treatment, recognition of achievements and the creation of new opportunities for professionals, especially women in the film, video, multimedia and television industries.
Women’s Writing Program, Faculty of Extension, University of Alberta
Suite 2-200, Enterprise Square
10230 Jasper Avenue
Edmonton AB T5J 4P6
Phone: 780-492-3093
Fax: 780-492-1857
Email: liberalstudies@ualberta.ca
Website: www.extension.ualberta.ca/womenswords
Program Coordinator: Susan Boychuk

A week-long writing program each June called Women’s Words: Summer Writing Week offers women writers, both established and new, the opportunity to work in a small and interactive group with published writers and award-winning authors. This program explores poetry, life-writing, fiction, creative non-fiction, and visual art and text.
Education – Post-Secondary, Continuing Education, and Training

Alberta Women’s Institutes (AWI)
See Rural and Farm Women

Braemar School
9359-67A Street NW
Edmonton AB T6B 1R7
Phone: 780-468-3000
Fax: 780-468-4949
Email: braemar@epsb.ca
Website: braemar.epsb.ca

Provides full senior high education to pregnant and parenting young women. In partnership with Terra Association, assists students in accessing community supports, to enable them to have the best possible future. Offers on-site supports such as childcare, medical services, parenting education, career counselling, and assistance with transportation, housing, legal, and personal issues.

Canadian Federation of University Women (CFUW)
Edmonton
403, 5520 Riverbend Road
Edmonton AB T6H 5G9
Email: president@cfuw-edmonton.org
Website: www.cfuw-edmonton.org
President: Gail Perrin

Calgary
Email: www.cfuw.ucalgary.ca/contact/us (online form)
President: Feray Berger

CFUW is a voluntary, non-partisan, non-profit, self-funded, bilingual organization, which works to raise the social, economic and legal status of women as well as to improve education, the environment, peace, justice, and human rights. Provides education through monthly speakers. Studies issues related to their mandate through an Issues/Education Committee. Funds scholarships at the University of Calgary (refer to U of C Scholarships and Grants booklet), University of Alberta, and supports national CFUW fellowships at the post-graduate level.
Congress of Black Women - Edmonton Chapter
PO Box 1121, Station Main
Edmonton AB  T5J 3Y4
Phone: 780-475-7991
President: Maureen Braun

Assists Black Canadian women and their families to improve their welfare in local communities and nationally. Facilitates employment, financial, parenting and health workshops. Mentors minority students in high school and post-secondary institutions. Provides social support and networking to other like organizations.

Minerva Senior Studies Institute, Grant MacEwan College
City Centre Campus
Room 7-166, 10700-104 Avenue
Edmonton, AB  T5J 4S2
Phone: 780-497-5082
Fax: 780-497-5599
Email: Minerva@macewan.ca
Website: www.minerva.macewan.ca
Manager: Donna-Mae Winquist

Provides learning opportunities for older adults (50+). The Female Mavericks of the Prairies course explores the role women played in shaping communities.

University of Calgary
EDT 106, 2500 University Drive NW
Calgary AB  T2N 1N4
Phone: 403- 220-2866
Fax: 403- 284-5702
Email: conted@ucalgary.ca
Website: www.conteducalgary.ca
Program Director: Dr. Scott Mclean

Hosts the Workplace Strategies for Women workshop twice per year.

University of Lethbridge Women’s Studies
4401 University Drive
Lethbridge AB  T1K 3M4
Phone: 403-329-2684
Fax: 403-329-2016
Email: daniels@uleth.ca
Website: www.uleth.ca/fas/wom
Coordinator: Dayna B. Daniels

Courses in the program use an interdisciplinary approach and have a foundation of feminist theory. The courses in the program examine women's lives, bodies, experiences, labour, and scholarship.
**Women and Relationships Education Program**  
Mill Creek Site  
221 Bonnie Doon Shopping Centre  
PO Box 2359  
Edmonton AB  T5J 2R7  
Phone: 780-496-5917  
Contact: Pat Moffat

Offers information to understand patterns of unhealthy relationships. Provides open discussion and information on how to recognize patterns of unhealthy relationships and how to set boundaries, build self-worth, and move towards having healthy relationships. This is a free 12-week program provided by the City of Edmonton. Sessions run twice per year.

**Women in Psychology**  
Calgary  
Phone: 403-242-7796  
Email: patricia@lightheartedconcepts.com  
Website: www.womeninpsychology.com  
Contact: Patricia Morgan

Provides the Calgary feminist community with an atmosphere of mutual respect, develops a professional support network, shares information, and supports and empowers women pursuing graduate education in feminist studies.

**Women’s Issues, Children and Youth Services**  
Intergovernmental Initiatives  
12th Floor, Sterling Place  
9940-106 Street  
Edmonton AB  T5K 2N2  
Phone: 780-427-4304 (toll-free by first dialling 310-0000)  
Fax: 780-422-6642  
Email: cys.womensissues@gov.ab.ca  
Website: www.child.alberta.ca

Promotes public and government awareness of issues of concern to women. Offers the Persons Case Scholarship to students in areas non-traditional for their gender, or whose studies ultimately contribute to the advancement of women. Promotes educational resources and materials related to women’s issues. Produces *Women’s Organizations of Alberta* directory.

**Women’s Writing Program, Faculty of Extension, University of Alberta**  
See Arts
Employment and Career Development – General

Alberta Employment and Immigration
Email: EII.Communications@gov.ab.ca (for general inquiries)
Website: www.employment.alberta.ca

The department’s major responsibilities include helping Albertans train for as well as find and keep employment, providing financial and health benefits, offering child support services and employment training support for Albertans in need. The department also provides support to Albertans fleeing abuse. Albertans in abusive situations can get help 24-hours-a-day, seven-days-a-week through Alberta Works. All they need to do is call 1-866-644-5135 toll-free in Alberta, or 780-644-5135 in Edmonton, to find out what is available. These financial supports are available, providing the program’s eligibility criteria are met.

Alberta Women Entrepreneurs
Calgary
610, 736-8 Avenue
Calgary AB T2P 1H4
Phone: 1-800-713-3558 (toll-free)
Email: info@awebusiness.com
Website: www.awebusiness.com
Contact: Cindy Wahl Braun

Edmonton
100, 10237-104 Street
Edmonton, AB T5J 1B1
Phone: 1-800-713-3558 (toll-free)
Email: info@awebusiness.com
Website: www.awebusiness.com
Contact: Marcella Mandeville

Assists women entrepreneurs to start, grow, or purchase a business. Provides free business services to women in Alberta; including advice, skills development, network development, and financing (up to $100,000).

Association of Women Lawyers (AWL)
AWL c/o Peacock Linder & Halt LLP
Suite 850, 607-8 Avenue SW
Calgary AB T2P 0A7
Email: jprice@plhlaw.ca
Website: www.awlcalgary.ca
President: Rebecca Brown

AWL promotes the advancement, equality, interests and well-being of women in the legal profession. Organizes and sponsors a number of events every year offering members educational, networking and social opportunities that will appeal to a diverse set of interests.
EMPLOYMENT AND CAREER DEVELOPMENT

Candora Society
248, 3210-118 Avenue
Abbotsfield Mall
Edmonton AB T5W 4W1
Phone: 780-474-5011
Fax: 780-477-5655
Email: crystal.nahaiowski@candorasociety.com
Website: www.candora.ca

Promotes positive growth in the lives of women, children, and families in the community.
Provides opportunities for progressive learning about issues that affect the lives of families.
Networks and collaborates with community partners for early crisis intervention. Offers a
variety of programs such as employment preparation, literacy activities, and women’s savings
groups.

Intuit Women’s Network (IWN)
7008 Roper Road
Edmonton AB T6B 3H2
Phone: 1-800-565-8831 (toll-free)
Website: www.intuit.ca/en/intuit/careers_iwn.jsp
Contact: Stacey Bomak

Serves as an ongoing forum for networking, sharing best practices, and assisting with the
professional development of its members through ongoing programs and services.

Organization of Women in International Trade (OWIT)
Suite 127, #406, 917-85 Street SW
Calgary AB T3H 5Z9
Phone: 403-214-0224
Fax: 403-214-0224
Email: cheryl@owitalberta.org
Website: www.owitalberta.org
President: Cheryl Lockhart

A locally-based women's organization providing support, inspiration, information, and
networking opportunities to women and men who are active members of the international
trade community. Organizes events in both Calgary and Edmonton.
Progressive Group for Independent Business Women (PGIBW)
PO Box 44068 Southcentre RPO
Calgary AB T2J 7C5
Phone: 403-720-2143
Fax: 403-203-3370
Email: pgibwomen@pgib.ca
Website: www.pgibw.ca and/or www.womenspages.ca
Executive Director: Julie Chandler
PGIBW fosters business development, collaboration, and growth through group meetings, networking sessions, and expert guest speakers, and also allows access to low merchant rates through their Chase Paymentech program.

Savoir Faire Professional Women’s Club
Phone: 403-275-2051 ext.27
Fax: 403-283-2141
Email: info@savoirfairewomensclub.com
Website: www.savoirfairewomensclub.com
Contact: Gina Horwood
Facilitates relationship building for entrepreneurial business women. Delivers programs developed to help women grow personally, professionally, and in their businesses.

Women in a Home Office
369, 10816 MacLeod Trail S.
Calgary AB T2Z 3P4
Phone: 403-726-0785, or 1-800-615-7685 (toll-free)
Fax: 403-726-0780
Email: info@womeninahomeoffice.com
Website: www.womeninahomeoffice.com
Contact/Founder: Anne Stone
Offers women the opportunity to connect with others in similar work situations to provide peer support and sharing of information and resources. Educates members in areas related to both business and personal growth through ongoing local and teleconference meetings, as well as an informative website.
Employment and Career Development – Barriers to Employment

Distinctive Employment Counselling Services of Alberta (DECSA)
11515-71 Street
Edmonton AB T5B 1W1
Phone: 780-474-2500
Fax: 780-474-7765
Email: info@decsa.com
Website: www.decsa.com
Executive Director: Darrel Regehr

Offers services to people with barriers to employment resulting from mental or physical disability, domestic and family violence, or prostitution. Delivers the Opportunity Plus Program, which helps women who have experienced domestic violence train to learn skills in the areas of life management, the dynamics of abuse, and employment preparation. The Transitions Program provides services for women and transgendered individuals who want to leave prostitution.

EthniCity Catering
125, 920-36 Street NE
Calgary AB T2A 6L8
Phone: 403-537-8809
Email: order@ethnicitycatering.ca
Website: www.ethnicitycatering.ca

A social enterprise of the Centre for Newcomers, providing Calgarians with high-quality, multi-ethnic food. At the same time, it employs immigrant women in transition and breaks the cycle of "no Canadian work experience, no Canadian work." Employees work part-time while they learn about the Canadian work environment, build their skills, and search for permanent employment.
Employment and Career Development – Women in Science, Engineering, Trades, and Technology

WISEST (Women in Scholarship, Engineering, Science & Technology)
295 CAB (Central Academic Building)
University of Alberta
Edmonton AB  T6G 2G1
Phone: 780-492-1842
Fax: 780-492-2990
Email: wisest@ualberta.ca
Website: www.wisest.ualberta.ca
Coordinator: Grace Ennis

Develops programs and policies to attract, retain, and help advance women in scientific fields and roles non-traditional for their gender, to increase representation of women in all fields of scholarship. WISEST works with university, industry, government, and volunteers on programs for women of all ages. The summer research program, CHOICES SET, exposes young women to the exciting opportunities in science.

Women Building Futures Society (WBF)
10326-107 Street
Edmonton AB  T5J 1K2
Phone: 780-452-1200, or 1-866-452-1201 (toll-free)
Fax: 780-452-1279
Email: info@womenbuildingfutures.com
Website: www.womenbuildingfutures.com
Chief Executive Officer and President: JudyLynn Archer

Works to help women build better lives and achieve economic independence through training, employment, and mentorship. Attracts women into the trades industry by offering specialized trades training, scholarship/funding alternatives, and affordable student housing. Operates a for-profit business, Fixit Chicks Inc., which offers courses on home repair, home renovations, building, and welding. For more information, visit www.fixitchicks.ca.
Ethno-Cultural Diversity and New Canadians

Calgary Immigrant Women’s Association (CIWA)
200, 138-4 Avenue SE
Calgary AB  T2G 4Z6
Phone: 403-263-4414
Fax: 403-264-3914
Email: director@ciwa-online.com
Website: www.ciwa-online.com
Executive Director: Beda Svigir

Promotes and supports the integration of immigrant women into the community and the larger Canadian society. Offers transportation to programs and/or services, settlement and integration support, information and referral services, family conflict resolution, language instruction and translation and parenting programs. An emergency fund is available for abused women.

Canadian Law and Modern Day Foreign Brides
Website: www.lawforforeignbrides.ca

A website providing general information about the law. Addresses issues facing foreign brides who wish to enter Canada via sponsorship in the family class. This website is not intended to provide information on any other kinds of applications for Permanent Resident Status and is not meant to be used as legal or other professional advice.

Canadian Women for Women in Afghanistan
Bankview PO Box 32014
Calgary AB  T2T 5X6
Phone: 403-244-5625
Email: info@cw4wafghan.ca
Website: www.w4wafghan.ca

Supports the empowerment efforts of Afghan women to raise awareness, understanding and knowledge in Canada of the need to protect human rights of Afghan women. Works towards improving conditions of human rights, ending women's oppression, and providing opportunities for Afghan women to live their lives with dignity, certainty and purpose.

Catholic Social Services
10709-105 Street
Edmonton AB  T5H 2X3
Phone: 780-424-3545
Fax: 780-425-6627
Website: www.catholicsocialservices.ca
Contact: Mary Gallivan

Offers the African Women’s Support group which provides a regular gathering for African women that includes education about health, parenting, legal issues, and budgeting.
Central Alberta Immigrant Women’s Association
120, 4818-50 Avenue
Red Deer AB  T4N 4A3
Phone: 403-341-3553
Fax: 403-309-3807
Email: caiwa@telus.net
Website: www.caiwa.ca
Contact: Halima Ali

Raises awareness of immigrant women in all aspects of Canadian life. Helps women achieve their full potential as members of Canadian society. Assists in the development of personal, educational, economic independence and well-being of immigrant women and their families. Provides workshops, resource materials, library resources, outreach services, networking opportunities, referrals, advocacy and education. Operates Food for Thought, a collective kitchen for immigrant women, CAIWA (multi-ethnic food) Catering, and offers beginner computer classes for immigrant women.

Centre for Newcomers
125, 920-36 Street NE
Calgary AB  T2A 6L8
Phone: 403-569-3325
Fax: 403-248 5041
Email: newcomers@centrefornewcomers.ca
Website: www.centrefornewcomers.ca

Works in partnership with newcomer communities to provide opportunities for individuals to adjust, succeed, and contribute as citizens in Canada; and with Calgary communities to affirm and value diversity. Provides new immigrant women with training in sewing, catering (see EthniCity Catering in Employment and Career Development – Barriers to Employment), and family development. Provides services in settlement, employment, and English as a Second Language.

Changing Together… A Centre for Immigrant Women
3rd Floor, 10010-105 Street
Edmonton AB  T5J 1C4
Phone: 780-421-0175
Fax: 780-426-2225
Email: info@changingtogether.com
Website: www.changingtogether.com

Operates a place for immigrant women to meet and work together in solving their problems and helps immigrant women participate fully in Canadian life. Assists in acquiring employment skills and work experience through a volunteer program. Offers childcare for women participating in any of the centre’s programs.
**Congress of Black Women - Edmonton Chapter**  
See Education

**Edmonton Mennonite Centre for Newcomers (EMCN)**  
11713-82 Street  
Edmonton AB T5B 2V9  
Phone: 780-424-7709  
Fax: 780-424-7736  
Email: info@emcn.ab.ca  
Website: www.emcn.ab.ca

Assists immigrants and refugees coming to the Edmonton area to achieve full participation in the community, contributing their experiences and skills to strengthen and enrich the lives of all Canadians. Programs and services include English as a Second Language (ESL), employment services, settlement counselling, personal counselling, community development and community economic development, advocacy and education.

**EthniCity Catering**  
See Employment and Career Development – Barriers to Employment

**Hadassah-WIZO Organization of Canada**  
Calgary Chapter  
1607-90 Avenue SW  
Calgary AB T2V 4V7  
Phone: 403-253-4612  
Fax: 403-640-1147  
Email: info@calgary.chw.ca  
Website: www.chw.ca

Edmonton Chapter  
7200-156 Street  
Edmonton AB T5R 1X3  
Phone: 780-444-6985  
Fax: 780-444-6985  
Email: info@edmonton.chw.ca  
Website: www.chw.ca

A non-political women's volunteer organization dedicated to the support of education, career training, healthcare, and women and youth services in Israel and Canada.
**Indo-Canadian Women’s Association**  
9342-34 Avenue NW  
Edmonton AB T6E 5X8  
Phone: 780-490-0477  
Email: miriamicwa@gmail.com  
President: Miriam Thomas  

Provides immigration and settlement services, including adult instruction in English as a Second-Language (ESL), literacy, citizenship, senior resiliency skills, and human rights. Conducts research on immigration and human rights issues in conjunction with community-based organizations and universities.

**Madeleine Sanam Foundation**  
Faculté Saint-Jean  
8406-91 Street  
Edmonton AB T6C 4G9  
Phone: 780-490-7332  
Website: [www.madeleine-sanam.org](http://www.madeleine-sanam.org)

An organization for the emancipation and autonomy of African women. Provides programs on economy, community, health training on HIV-AIDS prevention/treatment, and harm reduction. Offers these services in English, French, and several African languages. Program runs on the third and fourth Saturday of every month between 9 a.m. and 5 p.m. Services are free to members. Memberships cost $10.

**Multicultural Health Brokers Cooperative**  
10867-97 Street  
Edmonton AB T5H 2M6  
Phone: 780- 423-1973  
Fax: 780- 428-2748  
Email: mchb@mchb.org  
Website: [www.mchb.org](http://www.mchb.org)  
Executive Director: Yvonne Chiu

Supports immigrant and refugee individuals and families in attaining optimal health through relevant health education, community development and advocacy support. Provides pre- and post-natal education and outreach support to immigrant and refugee women as an “entry point” to providing holistic family support.
Na’amat Canada
Na’amat Calgary
2135-21 Avenue SW
Calgary AB T2T 0P1
Phone: 403-238-5311
Email: naamatcalgary@yahoo.ca
Coordinator: Emily Sztabzyb

Na’amat Edmonton
7200-156 Street
Edmonton AB T5R 1X3
Phone: 780-444-9444
Fax: 780-444-9444
Email: salpern@shaw.ca
President: Darlene Bushewsky
Website: www.naamat.com

Na’amat Canada is a registered Canadian women's charity with branches in five provinces, dedicated to enhancing the lives of women and children in Israel and Canada. Members of all ages are instrumental in fundraising and planning local social, educational, cultural and community projects. In Canada, offers social programs for seniors, anti-bullying programs, and a legal advisory clinic for victims of domestic violence.

Rosenet: Law and Abused Immigrant Women
Legal Resource Centre
210, 10350-124 Street
Edmonton AB T5N 3V9
Phone: 780-451-8764
Fax: 780-451-2341
Email: info.lrc@ualberta.ca
Website: www.rosenet-ca.org
Executive Director: Diane Rhyason

Develops and maintains a safe “virtual” place for immigrant women to learn relevant legal information, including information about resources in Alberta and issues related to spousal abuse. Empowers immigrant women by enabling them to develop skills in using the Internet for non-formal learning. Provides relevant legal information to service providers serving abused immigrant women.

Stardale Women's Group Inc.
See Aboriginal Women
Women’s Resource Centre
MH318, 2500 University Drive NW
Calgary AB T2N 1N4
Phone: 403-220-8551
Fax: 403-210-7970
Website: www.ucalgary.ca/women
Executive Director: Stephanie Garrett

An umbrella group at the University of Calgary which includes White Women Against Racism, the Women of Colour Collective and the Women’s Global Voices Collective Group. Provides a welcoming, supportive and safe place for women to share, learn and teach. Increases awareness of the influence that gender has in our lives. Delivers ongoing programs which focus on five pillars of work: Peer Support, Mentorship and Leadership, Cultural and Religious Diversity, Health and Wellbeing, and Internationalization.

White Women Against Racism
Email: wrcwwar@ucalgary.ca

Takes action against discrimination and discusses ways to stop racism.

Women of Colour Collective
Email: wrcwcc@ucalgary.ca

Brings together women of diverse ethnic, racial, cultural and religious backgrounds to discuss the ways in which racial and religious diversity affect their overall experiences as women.

Women’s Global Voices Collective Group
Email: wrcwgv@ucalgary.ca
Executive Director: Stephanie Garrett

This program brings international students (women and men) together to develop the connections and networks necessary to celebrate their Canadian experience.

Women’s Support Groups, Calgary Chinese Service Association
1, 128-2 Avenue SW
Calgary AB T2P 0B9
Phone: 403-265-8446
Fax: 403-233-0070
Email: cccsa@cccsa.ca
Website: www.cccsa.ca

Provides mutual support groups to break isolation, facilitate participation, and gain mutual support. Offers various information and skill workshops.
**Worlds of Women Together**

21, 7 Street SE  
Medicine Hat AB  T1A 1J2  
Phone: 403-526-5627  
Email: worlds@memlane.com

Helps facilitate the transition to Canadian life for immigrant women in the Medicine Hat area. Operates a catering company that provides an opportunity for new Canadians to earn an income and gain work experience.

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**YMCA Immigrant Settlement Services**

201, 10011 Franklin Avenue  
Fort McMurray AB  T9H 2K7  
Phone: 780-743-2970  
Fax: 780-743-2973  
Email: heidi_carter@ymca.ca  
Website: www.ymca.woodbuffalo.org  
Program Director: Heidi Carter

Offers programs and services to help immigrants adjust to Canadian life in Fort McMurray. The Host Program pairs newcomers with Canadian families. Holds a newcomers women’s group that facilitates discussion on various issues and experiences that come along with being a new Canadian.
Francophone Women

Coalition des femmes de l’Alberta
8627-Rue Marie-Anne-Gaboury (91 Street), Bureau 42
Edmonton AB  T6C 3N1
Phone: 780-468-2288
Fax: 780-468-2210
Email: femmes@coalitionfemmes.ab.ca
Website: www.coalitionfemmes.ab.ca

Organizes workshops, information sessions and activities, and provides resources to help Francophone women develop their identity.

La Société des Dames de Sainte-Famille
1719-5 Avenue SW
Calgary AB  T2S 2A8
Phone: 403-228-3619
Fax: 403-802-3819
Email: sfamille@shaw.ca
Website: www.members.shaw.ca/ste-famille
President: Yvette Gourdinne

A Francophone women’s Catholic group that holds monthly meetings to discuss religious affairs, church needs and needs of community members.
Gay, Lesbian, Bisexual, Transgendered/Transsexual, Queer/Questioning (GLBTQ)

Calgary OutLink: Centre for Gender and Sexual Diversity
4, 1230A-17 Avenue SW
Calgary AB T2T 0B8
Phone: 403-234-8973, or 1-877-Out-is-Ok (1-877-688-4765) – 24/7 toll-free
Fax: 403-261-9776
Email: info@calgaryoutlink.ca
Website: www.calgaryoutlink.ca

Provides a positive and safe environment for GLBTQ individuals to access support through education, resources and referrals. Delivers ongoing programs for lesbians (see Womyn’s Space); the 1-877-Out-is-Ok peer support and crisis intervention line; New Directions – peer support for transsexuals; and Inside Out – weekly peer youth program.

Distinctive Employment Counselling Services of Alberta (DECSA)
See Employment and Career Development – Barriers to Employment

Edmonton Police Services (EPS)/ GLBTQ Liaison Committee (EPS Hate and Bias Crime Unit)
Police Headquarters
9620-103A Avenue
Edmonton AB T5H 0H7
Phone: 780-421-3489
Email: epslgbtq@yahoo.ca

A liaison committee to which people can report hate crimes. The committee consists of a variety of concerned lesbian, gay, bisexual, trans-identified, two-spirited, queer, allied community members, and police officers. Handles all inquiries with confidentiality and respect.

Inside/OUT
University of Alberta
Edmonton AB
Email: kwells@ualberta.ca
Website: www.ualberta.ca/~inout
Contact: Kris Wells

A campus-based network for lesbian, gay, bisexual, trans-identified, two-spirited, intersex, and queer (LGBTTIQ) students and community members. Provides a safe and confidential space on the university campus for LGBTTIQ persons and their allies to network and socialize in a supportive and welcoming environment. Every year Inside/OUT hosts a monthly speakers series profiling queer-related research and work.
PFLAG Canada
Phone: 1-888-530-6777 (toll-free English)
Phone: 1-888-530-6483 (toll-free French)
Website: www.pflagcanada.ca

Helps parents and family members understand and accept their non-heterosexual children. Promotes and supports a more accepting Canadian society by providing support, education and resources on issues of sexual orientation and gender identity. Maintains a national website with resources, links and contact information for five Alberta chapters in Hinton, Edmonton, Calgary, Lethbridge and Medicine Hat. Each chapter provides programs and services based on the specific needs of their respective communities.

Pride Centre of Edmonton
9540-111 Avenue
Edmonton AB T5G 0A5
Phone: 780-488-3234
Fax: 780-482-2855
Email: joclyan@pridecentreofedmonton.org
Website: www.pridecentreofedmonton.org
Executive Director: Will Sutherland
Seniors program: Jeff Boveen

Provides support and services related to arts, recreation, education, social services, and health, for and by lesbians, gays, bisexuals and transgender persons and their families. Facilitates an HIV positive support group and a transgender support group. Includes a GLBTQ Drop-in for persons aged 55 and up.

Womonspace
Box 128, Main Post Office
Edmonton AB T5J 3K4
Phone: 780-482-1794
Email: womonspace@gmail.com
Website: www.womonspace.ca

Provides opportunities for lesbians in Edmonton and surrounding area to interact and support each other in a safe environment, and contribute to the broader community.
Womyn’s Space
4, 1230A-17 Avenue SW
Calgary AB T2T 0B8
Phone: 403-234-8973
Fax: 403-261-9776
Email: womynspace@calgaryoutlink.ca
Website: www.calgaryoutlink.ca
Executive Director: Tamrin Hildebrandt

Provides peer support for lesbian and bisexual women. Organizes Tip of the Tongue – social activities for lesbian and bisexual women, as well as a Moms & Tots Program, which provides monthly social activities for lesbian mothers.

Youth Understanding Youth (YUY)
9540-111 Avenue
Edmonton AB T5G 0A5
Website: www.yuyedm.ca

A self-supporting volunteer group that strives to create a safe environment in which lesbian, gay, bisexual, trans-identified, queer, and questioning youth (under 25) can explore and express their interests and needs in an atmosphere where they can expect to be supported and respected for their contributions and unique individual differences. YUY meets every Saturday from 7 to 9 p.m. at the Pride Centre of Edmonton.
Girls and Young Women

**Airdrie Family Services**  
211, 125 Main Street NW  
Airdrie AB T4B 0P7  
Phone: 403-945-3900  
Fax: 403-945-3901  
Website: www.airdriefamilyservices.ca  
Email: info@nrvel.ab.ca

Serves and promotes the welfare of people in the community by providing access to resources, services, and opportunities they require to promote their well-being. Provides ongoing counselling services, as well as group sessions in areas such as self-esteem and mental health, and parenting after separation.

**Big Brothers Big Sisters**  
Calgary  
5960 Centre Street SE  
Calgary AB T2H 0C1  
Phone: 403-777-3535  
Fax: 403-777-3525  
Email: bbbs@bbbscalgary.com  
Website: www.bbbscalgary.com  
Contact: Sharon Moore

Edmonton and Area  
10135-89 Street  
Edmonton, AB T5H 1P6  
Phone: 780-424-8181  
Fax: 780-426-6689  
Email: bbbs@bbbsedmonton.org  
Website: www.bbbsedmonton.org  
Executive Director: Elizabeth O’Neil

Big Brothers Big Sisters Societies are community-supported, mentor-based organizations committed to the healthy development of children in need and their families through provision of quality, one-to-one volunteer relationships and related programs.
**Boys and Girls Clubs of Alberta**
11759 Groat Road  
Edmonton AB  T5M 3K6  
Phone: 780-415-1734  
Fax: 780-415-1737  
Email: info@bgcalberta.com  
Website: [www.bgcalberta.com](http://www.bgcalberta.com)  
Regional Coordinator: Pearl Kapitzke

Develops children’s potential through partnership. Strives to ensure that every child in their community has access to this organization. Tackles a broad range of critical problems facing young people in our society today, including substance abuse, teen pregnancy, juvenile delinquency and crime, youth unemployment and child poverty.

**Family Services of Central Alberta**
5409-50 Avenue  
Red Deer AB  T4N 4B7  
Phone: 403-343-6400  
Fax: 403-343-6407  
Email: fsca@fsca.ca  
Website: [www.fsca.ca](http://www.fsca.ca)  
Executive Director: Walter Lidster

Provides a parenting program, counselling services, information referral, and group sessions aimed to help women through various stages in their life.

**Girl Guides of Canada – Alberta Council**
11055-107 Street NW  
Edmonton AB  T5H 2Z6  
Phone: 780-424-5510  
Fax: 780-426-1715  
Email: info@albertagirlguides.com  
Website: [www.albertagirlguides.ca](http://www.albertagirlguides.ca)

Girl Guides of Canada-Guides du Canada is a movement of girls and women that challenges members in their personal development and empowers them to be responsible citizens. An all-female organization with locations in communities throughout Alberta. Adult members provide mentorship and act as role models to encourage girls to speak up and be leaders in their communities and schools. Programs include: Sparks for ages 5-6, Brownies for ages 7-8, Guides for ages 9-11, Senior Branches for ages 15-17, and Women for ages 18 and over.
**Pregnant and Parenting Teen Program**

9625 Prairie Road  
Grande Prairie AB  T8V 6G5  
Phone: 780-538-3854  
Fax: 780-538-4751  
Email: melodie.mccracken@gppsd.ab.ca  
Website: www.teenparents.ca  
Contact: Melodie McCracken

Helps pregnant and parenting teens achieve their personal best. Teens are eligible for all programs until age 20; if needed, they are then referred to partnering program(s). Offers pre- and post-natal information, on-site counselling, nurse, schooling, and nursery. Also offers breastfeeding support group, mom’s group, pregnant support group, baby clothing exchange, child safe first-aid, collective kitchen and home visitation.

**Terra – Centre for Pregnant and Parenting Teens**

9930-106 Street  
Edmonton AB  T5K 1C7  
Phone: 780-428-3772  
Fax: 780-425-5160  
Email: terra@terraassociation.com  
Website: www.terraassociation.com  
Executive Director: Karen Mottershead

Assists young parents to develop competencies in parenting and to overcome challenges so they can effectively meet the needs of their children. Services include prenatal education, in-home parenting support, one-on-one counselling, housing, support group activities, and services for dads. Terra works in partnership with Braemar School (see Education) to help teen parents become successful teen parents.
Health and Wellness – General

Canadian Women’s Health Network
203, 419 Graham Avenue
Winnipeg MB R3C 0M3
Phone: (204) 942-5500
Fax: (204) 989-2355
Email: cwhn@cwhn.ca
Website: www.cwhn.ca

Works to build and strengthen the women's health movement in Canada and throughout the world. Recognizes and respects the diverse realities of women's lives and takes an active stance in ending discrimination based on gender, race, age, language, religion, sexual orientation, ability or geographic region.

Multicultural Health Brokers Cooperative
See Ethno-Cultural Diversity and New Canadians

Victorian Order of Nurses (VON)
Alberta South
720-6 Street
Medicine Hat AB T1A 4J5
Phone: 403- 529-1222, or 1-888-854-7785 (toll-free)
Fax: 403- 529-1216, or 1-888-854-7795 (toll-free)
Email: Yvonne.taylor@von.ca
Contact: Yvonne Taylor

Calgary
100A, 9705 Horton Road SW
Calgary AB T2V 2X5
Phone: 403- 640-4765 or 1-888-499-6999 (toll-free)
Fax: 403- 640-4478

Edmonton
Suite 100, 4936-87 Street
Edmonton AB T6E 5W3
Phone: 780-466-0293
Fax: 780-463-5629
Email: clare.milling@von.ca
Contact: Clare Milling

Website: www.von.ca

VON is a charity guided by the principles of primary healthcare, offering leadership in community-based care; delivery of innovative, comprehensive health and social services; and influence in the development of health and social policy. Provides primary health care services to shelters through registered nurses with specialized training.
Women’s Health Centre/Women's Health Resources
Room 185, 1441-29th Street NW
Calgary AB T2N 4J8
Phone: 403-944-2270
Fax: 403-944-2271
Email: whr@albertahealthservices.ca
Website: www.womenshealthcentre.ca

Provides a variety of services for women, including breast health, colposcopy, obstetrics/gynecology, an osteoporosis centre, an outreach program, and a pelvic floor clinic.

YWCA
See Information, Advocacy and Referrals

Health and Wellness – Body Image and Self-esteem

Airdrie Family Services
See Girls and Young Women

Society for Assisted Cooperative Recovery from Eating Disorders (SACRED)
182, 10654-82 Avenue
Edmonton AB T6E 2A7
Phone: 780-903-3300
Email: admin@sacredeatingdisorders.com
Website: www.sacredeatingdisorders.com

Offers hope and healing to those affected by eating disorders through a program based on the 12-Step/addictions model of recovery. Provides meal support, drop-in services, and support to family members of people with eating disorders. Educates and promotes public awareness on eating disorders through presentations, awareness campaigns, and networking.
HEALTH AND WELLNESS

Health and Wellness – Cancer Support Services

Canadian Breast Cancer Network (CBCN) / Réseau Canadien du Cancer du Sein
300, 331 rue Cooper Street
Ottawa ON K2P 0G5
Phone: (613) 230-3044 (ext/poste 222)
Fax: (613) 230-4424
Email: jmanthorne@cbcn.ca
Website: www.cbcn.ca

The Canadian Breast Cancer Network (CBCN) is a survivor-directed, national network of organizations and individuals. CBCN is a national link between all groups and individuals concerned about breast cancer, and represents the concerns of all Canadians affected by breast cancer and those at risk.

Canadian Cancer Society
200, 325 Manning Road North East
Calgary, AB T2E 2P5
Phone: 403-228-4487, or 1-800-661-2262 (toll-free)
Fax: 403-228-4506
Email: info@cancer.ab.ca
Website: www.cancer.ca

Strives to improve the lives of individuals living with cancer. Delivers peer support to people living with cancer and their caregivers. Offers practical support programs such as a patient travel subsidy program and wig banks.

Hereditary Breast and Ovarian Cancer Society of Alberta (HBOC)
114, 11728 Kingsway Avenue
Edmonton AB T5G 0X5
Phone: 780-488-HBOC (4262)
Fax: 780-422-3563
Email: hbocsociety@telus.net
Website: www.hbocsociety.org
Contact: Joanne Riediger-Duebel

Advances awareness and education of hereditary breast and ovarian cancer. Supports individuals and families affected by this hereditary cancer syndrome by providing information, advice, and peer support.

Sistership Dragon Boat Association
c/o 724, Sacramento Place SW
Calgary AB T2W 0R5
Email: info@sistershipcalgary.com
Website: www.sistershipcalgary.com
Contact: Frankie Poulain

Through the sport of dragon boating, provides opportunities for persons diagnosed with breast cancer to foster wellness and heighten the profile and importance of breast health.
Health and Wellness – Mental Health

Airdrie Family Services
See Girls and Young Women

Calgary Women’s Health Collective
223-12 Avenue SW
Calgary AB T2R OG9
Phone: 403-265-9590
Fax: 403-234-9532
Website: www.calgarywhc.com
Contact: Joan Hollenberg

Provides counselling services to meet the emotional needs of women in the Calgary community.

Distinctive Employment Counselling Services of Alberta (DECSA)
See Employment and Career Development – Barriers to Employment

Hull Child and Family Services
2266 Woodpark Avenue SW
Calgary AB T2W 2Z8
Phone: 403-251-8000
Website: www.hullservices.ca
Executive Director: George Ghitan

Provides an integrated continuum of services including specialized therapy, counselling and education. Helps children, youth, young adults and families who experience emotional and psychological disorders, behavioral problems, learning disabilities, mental illness, developmental delay, neglect and abuse, and family breakdown.

Support Group for Women’s Issues
221 Boone Mall
(83 Street and 82 Avenue)
Edmonton AB T6C 4E3
Phone: 780-495-9881
Email: marie-helene.prescott@edmonton.ca
Contact: Marie Helene Prescott

Provides weekly drop-in meetings to discuss relationships, communication, and personal issues. Provides resources and information on self-esteem, mental health, and employment. Men are welcome, too.
**Youville Women's Residence**

3210-29 Street SW  
Calgary AB  T3E 2L1  
Phone: 403-242-0244  
Fax: 403-242-3915  
Email: ed@youville.net  
Website: www.youville.net  
Executive Director: Cheryll Nandee

Operates residential recovery facilities for women who suffer from abuse, addiction, and mental health distress, delivering holistic programs to heal the mind, body, and spirit, and to accommodate the dependent children of clients in their facilities and programs. Provides safe, long-term family-style residential accommodation to women seeking recovery. Guides women through the transition into the community to lead productive and rewarding lives.
Health and Wellness – Pregnancy, Reproductive and Sexual Health

Association for Safe Alternatives in Childbirth (The)
7219-106 Street
Main Post Office Box 1197
Edmonton AB  T5J 2M4
Phone: 780-425-7993
Fax: 888-237-6457
Email: info@asac.ab.ca
Website: www.asac.ab.ca
President: Monica Eggink

Educates and informs families regarding choices in childbirth. Promotes natural childbirth. Encourages communication and cooperation between parents, midwives, childbirth educators and other health care professionals and institutions.

Birthright
108, 11520-100 Avenue
Edmonton AB  T5K 0J7
Phone: 780-488-0681, or 1-800-550-4900 (toll-free)
Fax: 780-488-1528
Website: www.birthright.org
Director: Pat Borgersen

Offers pregnancy support services as an alternative to abortion to any woman facing an unplanned pregnancy.

Braemar School
See Education

Calgary Pregnancy Care Centre
205, 925-7 Avenue SW
Calgary AB  T2P 1A5
Phone: 403-269-3110
Fax: 403-237-5917
Email: info@pregcare.com
Website: www.pregcare.com
Client Services Director: Barb Andreasen

Offers counselling on abortion risks and procedures, adoption, parenting, and post-abortion recovery. Offers baby and maternity clothing, pre-natal and parenting classes and a life skills course to single parent and low-income families. Has peer support groups for birth mothers and post-adoption workshops. Provides referrals and connections to other community resources.
Calgary OutLink: Centre for Gender and Sexual Diversity
See GBLTQ

Calgary Sexual Health Centre
304, 301-14 Street NW
Calgary AB  T2N 2A1
Phone: 403-283-5580
Fax: 403-270-3209
Email: generalmail@calgarysexualhealth.ca
Website: www.calgarysexualhealth.ca
Program Manager: Tina Clem

Promotes sexual health through counselling, education and community outreach. Programs include birth control information, pregnancy testing and options counselling, post-abortion counselling, general sexual health (anatomy, reproductive health, STI information), and the Talking to Your Kids About Sex Program. Administers the annual Dr. Maria Eriksen Scholarship, intended for post-secondary students who aim to forward the cause of feminism in their post-secondary studies and in their life.

Canadians for Choice
PO Box 539, Station B
Ottawa ON  K1N 7E4
Phone: (613) 789-9958, or 1-888-642-2725 (toll-free)
Fax: (613) 789-9960
Email: info@canadiansforchoice.ca
Website: www.canadiansforchoice.ca
Executive Director: Patricia LaRue

Works to advance the continuum of sexual and reproductive health choices for all Canadians. Operates a 24/7 toll-free line, and a website providing information on a wide range of sexual and reproductive health issues.

Capital Health STD Clinic
Room 3B20, 11111 Jasper Avenue (General Hospital)
Edmonton AB  T5K 0L4
Phone: 780-413-5156, or 1-800-772-2437 (toll-free, STD/HIV information line)
Fax: 780- 425-2194

Provides free confidential assessment, testing, counselling for STDs, HIV and Blood Borne Pathogens (BBP), pregnancy testing and emergency contraceptive pill. Works with a multi-disciplinary team to provide follow-up to HIV-positive pregnant women to coordinate their perinatal care.
Central Alberta Pregnancy Care Centre
4610-48 Avenue
Red Deer AB T4N 3S9
Phone: 403-343-1619
Fax: 403-343-1738
Email: info@pregnancycare.ca
Website: www.pregnancycare.ca
Executive Director: Monica Slobogean

Offers education and support to women facing unplanned pregnancy. Offers peer counselling on abortion risks and procedures, adoption, parenting, and post-abortion recovery.

Doula Association of Edmonton
Box 3384 Main Post Office
Sherwood Park AB T8H 2T3
Phone: 780-945-8080
Email: info@edmontondoula.org
Website: www.edmontondoula.org
Contact: Rebecca McKinley

Provides educational opportunities for doulas, as well as increasing awareness to the public and healthcare community about the positive effects a doula brings to the childbirth experience, in the form of non-medical and non-midwifery physical and emotional support in the childbirth process, prenatal, childbirth or postpartum. Meetings are held bimonthly and are open to the general public.

Dr. Trina Read
Website: www.trinaread.com

Educates people on healthy sexuality through public speaking forums, an interactive website and a national sex column.

Justisse – Healthworks for Women
10303-65 Avenue
Edmonton AB T6H 1V1
Phone: 780-420-0877
Fax: 780-420-0354
Email: info@justisse.ca
Website: www.justisse.ca
Executive Director: Geraldine Matus

The Justisse Method for fertility awareness, natural birth control and/or to monitor and enhance reproductive health, encourages the development of healthy relationships to the body and supports a naturopathic and complementary medicine approach to managing reproductive health problems and enhancing fertility. Educates Holistic Reproductive Health Practitioners (HRHP) to teach the Justisse Method.
**Kensington Clinic**  
2431-5 Avenue NW  
Calgary AB T2N 0T3  
Phone: 403-283-9117  
Fax: 403-283-9139  
Email: kclinic@telus.net  
Website: www.kensingtonclinic.com  
Executive Director: Celia Posyniak

Provides abortion services from four to 20 weeks of pregnancy. Services are funded by Alberta Health Services.

**La Leche League Canada: Alberta/Northwest Territories**  
23, 38146 Range Road 280  
Red Deer AB T4S 2C9  
Phone: 403-347-7835  
Email: tansmom@shaw.ca  
Website: www.lllc.ca  
Area Coordinator: Lisa Loeppky

Holds meetings and provides telephone services to provide information and support to women who choose to breastfeed their babies. Volunteers take calls from their homes seven-days-a-week. There are volunteers in Blackfalds, Calgary, Camrose, Chestermere, Edmonton, Fairview, Grande Prairie, Jasper, Lacombe, Lethbridge, Medicine Hat, Olds, Onoway, Peace River, Red Deer, Rycroft, St. Albert, Sherwood Park, Stony Plain, Spruce Grove and Vermilion.

**Planned Parenthood Edmonton**  
50, 9912-106 Street  
Edmonton AB T5K 1C5  
Phone: 780-423-3737  
Fax: 780-425-1782  
Email: ppae@freenet.edmonton.ab.ca  
Website: www.plannedparenthoodalta.com  
Executive Director: Larry Brockman

Provides people with the skills and knowledge to make informed choices around issues of sexuality within the context of their values, beliefs and experience. Offers free pregnancy testing, pro-choice pregnancy options counselling and information about birth control, fertility/infertility, menopause and sexual orientation. Programs are designed to provide non-judgmental and factual information in a confidential, supportive and culturally sensitive environment.

**Pregnant and Parenting Teen Program**  
See Girls and Young Women
Red Deer Pro Life  
PO Box 202  
Red Deer AB  T4N 5E8  
Phone: 403-347-4843  
Fax: 403-347-4843  
Email: chollings@telus.net  
President: Charmaine Hollings

Promotes the belief that all human life should be valued from the moment of conception. Provides education and understanding about the pro-life perspective.

Serena Alberta  
PO Box 1820 Station Main  
Edmonton AB  T5J 2P2  
Phone: 780-488-5221 or 1-866-488-5221 (toll-free)  
Email: serena-a@telus.net  
Website: www.serena.ca  
Contact: Laurie Gallant

Provides information and instruction on the Sympto-Thermal Method of natural family planning to achieve, postpone, or avoid pregnancy. Offers update sessions for couples experiencing difficulties in achieving pregnancy, during postpartum, breastfeeding and menopause. Conveys the values of preserving human life from conception until natural death. Provides information sessions, fertility awareness, and classroom presentations.

Sexual Health Access Alberta (SHAA)  
1010, 1202 Centre Street SE  
Calgary AB  T2G 5A5  
Phone: 403-283-8591  
Fax: 403-283-8563  
Email: info@sexualhealthaccess.org  
Website: www.sexualhealthaccess.org  
Executive Director: Laura Wershler

Supports reproductive choice and promotes sexual health and wellness for all Albertans. SHAA facilitates access to accurate and comprehensive sexual health information, education and services through its programs, workshops, events, and community collaborations. The website, www.wontgetweird.com, directs youth to confidential, non-judgmental sexual health services throughout the province.

Women’s Health Centre/Women's Health Resources  
See Health and Wellness – General
Health and Wellness – Sports and Physical Health

Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS)
N202, 801 King Edward Avenue
Ottawa ON K1N 6N5
Phone: (613) 562-5667
Fax: (613) 562-5668
Email: caaws@caaws.ca
Website: www.caaws.ca
Contact: Jessica Lowe

Assists women and girls to gain access to a complete range of opportunities and choices as participants and leaders in sports and physical activity. Promotes equality for girls and women in sports and physical activity through a variety of programs, services, funding, and awards.

In Motion Network
11759 Groat Road
Edmonton AB T5M 3K6
Phone: 780-644-5613
Fax: 780-644-8404
Email: info@inmotionnetwork.org
Website: www.inmotionnetwork.org
Executive Director: Shawna Richard

Promotes increased physical activity opportunities for girls and women as participants and leaders, through networking, advocacy and education.

Sistership Dragon Boat Association
See Health and Wellness – Cancer Support Services.
Health and Wellness – Substance Abuse and Addictions

**Alberta Alcohol & Drug Abuse Commission (AADAC) – Alberta Health Services**

Phone: 1-866-33AADAC (2-2322) (24 hour Helpline)
Website: [www.aadac.ca](http://www.aadac.ca)

As an agency funded by the Government of Alberta, assists Albertans in achieving freedom from the harmful effects of alcohol, other drugs and gambling.

**AADAC Enhanced Services for Women (ESW)**

**Calgary**
2nd Floor, 1177-11 Avenue SW
Calgary AB  T2R 1K9
Phone: 403-297-3066
Fax: 403-297-3036

**Edmonton**
10010-102A Avenue NW
Edmonton AB  T5J 3G2
Phone: 780-415-0786
Fax: 780-427-4180

**Grande Prairie**
11333-106 Street
Grande Prairie AB  T8V 6T7
Phone: 780-538-6356
Fax: 780-538-6359

**Red Deer**
Main Floor Provincial Building
104, 4920-51 Street
Red Deer AB  T4N 6K8
Phone: 403-340-5274
Fax: 403-340-4804

Offers services to women and female youth who are concerned about their own substance use or someone else's use, who are pregnant, or who may need an enhanced level of support. Helps pregnant women access AADAC's network of services, and facilitates connections to other community resources to enhance support during and after treatment. Provides information, consultations, and referrals to community professionals to better meet the needs of women with substance use concerns.
McDougall House Association
11070-108 Street
Edmonton AB  T5H 3A9
Phone: 780-426-1409
Fax: 780-429-3459
Email: mcdougallhouse@shaw.ca

Provides a long-term three-month residential extended treatment program for women in recovery from addictions. All applicants must first complete an inpatient treatment program prior to being considered for the McDougall House Program. Provides individual and group counselling, goal setting sessions, and workshops enhanced by experiential learning.

Women for Sobriety Inc.
36 Dufferin Street
St. Albert AB  T8N 5R6
Phone: 780-459-8689
Email: newlife@nni.com
Website: www.womenforsobriety.org
Area Coordinator for Edmonton and Area: Jan Aikens

Focuses on self-help support groups, the distribution of literature to women who ask for help, as well as providing an Internet and phone support network for those seeking support in sobriety. Operates a “New Life” Program, designed specifically for women who are addicted to, or who abuse alcohol or other substances.

Youville Women's Residence
See Health and Wellness – Mental Health
Human Rights and Legal Issues

**Access to Justice Network**
201, 10350-124 Street
Edmonton AB T5N 3V9
Phone: 780-451-1801
Email: info.lrc@ualberta.ca
Website: www.acjnet.org
Executive Director: Diane Rhyason

An electronic community that brings together people, information, and educational resources on justice and legal issues of interest to Canadians. Uses new technologies to create and distribute products and services and to facilitate broad-based consultations.

**Alberta Civil Liberties Research Centre**
c/o University of Calgary, Faculty of Law
2500 University Drive NW
Calgary AB T2N 1N4
Phone: 403-220-2505
Fax: 403-284-0945
Email: aclrc@ucalgary.ca
Website: www.aclrc.com
Executive Director: Linda McKay-Panos

Promotes awareness among Albertans about civil liberties and human rights through research and education. Provides several publications dedicated specifically to women’s issues.

**Alberta Human Rights and Citizenship Commission**
Northern Regional Office
800, 10405 Jasper Ave NW
Edmonton AB T5J 4R7
Phone: 780-427-7661
Fax: 780-427-6013
Email: humanrights@gov.ab.ca
Website: www.albertahumanrights.ab.ca
Director: Louise Borle

Protects human rights and promotes fairness and access, so all Albertans have the opportunity to participate fully in the social, economic, and cultural life of the province. Provides grants to organizations that foster equality and reduce discrimination.
Alberta Human Rights and Citizenship Commission
Southern Regional Office
Suite 310, 525-11 Avenue SW
Calgary AB T2R 0C9
Phone: 403-297-6571
Fax: 403-297-6567
Email: humanrights@gov.ab.ca
Website: www.albertahumanrights.ab.ca
Director: Pardeep Gundara

Protects human rights and promotes fairness and access, so all Albertans have the opportunity to participate fully in the social, economic, and cultural life of the province. Provides grants to organizations that foster equality and reduce discrimination.

Canadian Federation of University Women Edmonton (CFUW Edmonton)
See Education

Canadian Law and Modern Day Foreign Brides
See Ethno-Cultural Diversity and New Canadians

Edmonton Police Services (EPS)/ GLBTQ Liaison Committee (EPS Hate and Bias Crime Unit)
See GLBTQ

Elizabeth Fry Society – Calgary
600, 1509 Centre Street SW
Calgary AB T2G 2E6
Phone: 403-294-0737, or 1-877-398-3656 (toll-free)
Fax: 403-262-0285
Email: reception@elizabethfry.ab.ca
Website: www.elizabethfry.ab.ca

Fosters the dignity and worth of all women who come into conflict with the law and helps them live as valued members of their communities. Offers 10 different programs that help women through a variety of criminal justice stages. Assists with Berkana House, a residence for women on conditional release.
Elizabeth Fry Society – Edmonton
10523-100 Avenue
Edmonton AB T5J 0A8
Phone: 780-421-1175, or 1-866-421-1175 (toll-free)
Fax: 780-425-8989
Email: director@elizabethfry.ab.ca
Website: www.elizabethfry.ab.ca
Executive Director: Toni Sinclair

Offers Aboriginal Women’s Program encouraging a reconnection with their culture; Court support through several key programs: the Court Work Program, the Prison Liaison Program, and the Changing Path Program; and delivers life skills training and private home placement services for federally sentenced women on day parole. Conducts a Girls Empowered and Strong course, one-on-one counselling, and crisis intervention.

Institute for the Advancement of Aboriginal Women (IAAW)
See Aboriginal Women

John Howard Society – Edmonton
401, 10010-105 Street
Edmonton AB T5J 1C4
Phone: 780-428-7590
Fax: 780-425-1699
Email: mail@johnhoward.org
Website: www.johnhoward.org
Executive Assistant: Shawna Clarke

Provides assistance to people in conflict with the law, their families, those who have the potential to be in conflict with the law, and victims of crime. Provides support to women affected by family violence, including Court support.

Kids First Parent Association of Canada
3916-32 Street NW
Edmonton AB T6T 1J9
Phone: (604) 291-0088
Email: info@kidsfirstcanada.org
Website: www.kidsfirstcanada.org
Contact: Helen Ward

Supports well-being of children and recognition of parental care. Information services on research and policy on child care, daycare, children’s well-being, paid and unpaid work.
Legal Aid Alberta
300 Revillon Building
10320-102 Avenue
Edmonton AB T5J 4A1
Phone: 780-427-7575
Fax: 780-427-5909
Website: www.legalaid.ab.ca
Contact: Erin Langner

Facilitates equal access to the justice system through financial assistance for legal services in serious legal matters for those who could not otherwise afford it. Operates the Family Law Office, which helps clients with legal issues relating to family law and offers a Protection Order Program.

Legal Education Action Fund (LEAF)
Suite 703, 60 St. Clair Avenue East
Toronto ON M4T 1N5
Phone: (416) 595-7170 or 1-888-824-5323 (toll-free)
Email: edmonton@leaf.ca
Website: www.leaf.ca
Contact: Rebecca Cuthbertson Hulst (Edmonton)

A national, non-profit organization committed to using the provisions of the Canadian Charter of Rights and Freedoms to promote equality for women. Acts as a catalyst for and resource to legislators, policy makers, women’s groups and others on law reform, as it affects women’s equality rights.

Rosenet: Law and Abused Immigrant Women
See Ethno-Cultural Diversity and New Canadians

Status of Women Canada (SWC)
National Office:
MacDonald Building
10th Floor, 123 Slater Street
Ottawa ON K1P 1H9
Phone: (613) 995-7835, or 1-866-902-2719 (toll-free)
Fax: (613) 957-3359
Email: infonational@swc-cfc.gc.ca
Website: www.swc-cfc.gc.ca
Contact: Clare Beckton

Promotes gender equality and the full participation of women in the economic, social, cultural, and political life of the country. SWC focuses its work in three areas: improving women's economic autonomy and well-being; eliminating systemic violence against women and children; and advancing women's human rights. The Women’s Program of SWC provides financial and technical assistance to women’s groups and other voluntary organizations.
**Status of Women Canada (SWC)**
Regional Office:
Suite 1001, Highfield Place
10010-106 Street NW
Edmonton AB T5J 3L8
Phone: 780-495-3839, or 1-866-966-3640 (toll-free)
Fax: 780-495-2315
Email: infowest@swc-cfs.gc.ca
Contact: Mary-Anne Veit

Promotes gender equality and the full participation of women in the economic, social, cultural, and political life of the country. SWC focuses its work in three areas: improving women's economic autonomy and well-being; eliminating systemic violence against women and children; and advancing women's human rights. The Women’s Program of SWC provides financial and technical assistance to women’s groups and other voluntary organizations.

**University of Alberta: Office of Human Rights**
University of Alberta
312 Campus Tower
Edmonton AB T6G 2G1
Phone: 780-492-7325
Email: wade.king@ualberta.ca
Website: www.ualberta.ca/humanrights
Advisor: Wade King

Promotes human rights on campus by encouraging and supporting a work, study, and learning environment that is respectful and inclusive. Provides consultative and advisory services to faculty, staff, students, and university administrators on discrimination, harassment, and employment equity issues.

**VIOLET: Law and Abused Women**
Legal Resource Centre
210, 10350-124 Street
Edmonton AB T5N 3V9
Phone: 780-451-8764
Fax: 780-451-2341
Email: info.lrc@ualberta.ca
Website: www.violetnet.org
Executive Director: Diane Rhyason

An Internet website offering a plain language, safe, woman-friendly space to access passive and interactive services which meet the legal information needs of abused women and their service providers in Alberta.
**Womanspace Resource Centre**  
504, 740-4 Avenue South  
Lethbridge AB  T1J 0N9  
Phone: 403-329-8338  
Fax: 403-329-8886  
Email: office@womanspace.ca  
Website: www.womanspace.ca  
Executive Director: Dorothy McKenna

Conducts research on various women’s issues. Offers a confidential, non-judgmental, and safe environment for women to voice their social, economic and individual concerns. Maintains public resources and educational materials on women’s issues and information about agencies which assist women and their families.

**Women and the Law in Alberta**  
201, 10350-124 Street  
Edmonton,AB  T5N 3V9  
Phone: 780-451-5285  
Email: info.lrc@ualberta.ca  
Website: www.acjnet.org/womenandthelaw  
Executive Director: Diane Rhyason

A publication that aims to improve the status of women by informing the community about laws that affect women and providing information on resources that are available. This publication is a guide only, and is only intended to answer commonly-asked questions and provide general information on certain legal matters.
Information, Advocacy and Referral

211 Calgary and 211 Edmonton
Calgary
Phone: 211 or 403-264-3388 (Calgary area)
Email: info@211calgary.ca
Website: www.211calgary.ca

Edmonton
Phone: 211 or for Capital Region 780-482-INFO (4636)
Email: 211edmonton@thesupportnetwork.com
Website: www.211edmonton.info

The 211 system is a free, confidential, and multilingual three-digit telephone number that connects callers to a full range of community, social and government services information. Certified Information and Referral Specialists answer 211 calls 24-hours-a-day, seven-days-a-week.

Access to Justice Network
See Human Rights and Legal Issues

Alliance to End Violence
See Violence Against Women

Calgary Council of Women
602, 3316 Rideau Place SW
Calgary AB  T2S 1Z4
Phone: 403-229-9256
Fax: 403-262-9169
Email: calgarycouncilofwomen@shaw.ca
President: Lynn Gaudet

As a chapter of the National Council of Women, forms an inclusive council of individuals and groups in the Calgary area committed to the advancement of women’s equality. Develops a communications network of women active in all sectors, including but not limited to: media, arts, politics, ethnic communities, education, non-violence, labour, business, health, and poverty, to respond to issues of concern to women and take proactive measures to address women’s equality.

Calgary Network on Prostitution
See Prostitution

Calgary Pregnancy Care Centre
See Health and Wellness – Pregnancy, Reproductive and Sexual Health
Canadian Law and Modern Day Foreign Brides  
See Human Rights and Legal Issues

Central Alberta Women’s Outreach Society  
See Rural and Farm Women

Edmonton Local Council of Women  
11443-43 Avenue  
Edmonton AB T6J 0Y2  
Phone: 780-435-4925  
Email: jrbackstrom@shaw.ca  
Website: www.elcw.ca  
Contact: Joyce Backstrom

Empowers women to work together to improve the quality of life for women, families and society through a local forum of member organizations and individuals.

Family and Community Support Services (FCSS) – Provincial Office  
106, 8944-182 Street  
Edmonton AB T5T 2E3  
Phone: 780-422-0133  
Fax: 780-415-4791  
Email: fcssa@telus.net  
Website: www.fcssa.ab.ca  
Executive Director: Sharlyn White

A province-wide service, with over 200 locations, which provides locally driven preventive social initiatives to enhance the well-being of individuals, families and communities through a partnership between the province, municipalities and Métis Settlements. Each FCSS Program decides what services it will provide from year to year, based on community needs and priorities. FCSS Programs usually provide organizational funding or special project grants, through a grant application process.

Famous 5 Foundation  
See Politics and Leadership

InformAlberta  
Website: www.informalberta.ca

A province-wide on-line directory that contains general information about community, health, social, and government services across the province.

Institute for the Advancement of Aboriginal Women (IAAW)  
See Aboriginal Women
Institute for Gender Research
University of Calgary
Calgary AB T2N 4N1
Phone: 403-220-7862
Fax: 403-270-7307
Email: gender@ucalgary.ca
Website: www.ucalgary.ca/gender
Director: Wilfreda E. Thurston, PhD

Conducts and facilitates gender-related research on economic, social and humanist issues. Fosters awareness of the importance of gender in personal and public life, and assists in shaping public policy on regional, national and international levels.

Intergovernmental Initiatives
Children and Youth Services
12th Floor, Sterling Place
9940-106 Street
Edmonton AB T5K 2N2
Phone: 780-427-4304 (toll-free by first dialling 310-0000)
Fax: 780-422-6642
Email: cys.womensissues@gov.ab.ca
Website: www.child.alberta.ca

Promotes public and government awareness of issues of concern to women. Offers Persons Case Scholarship to students in areas non-traditional for their gender, or whose studies ultimately contribute to the advancement of women. Promotes educational resources and materials related to women’s issues. Produces Women’s Organizations of Alberta directory.

Martha’s Monthly
c/o 504, 740-4 Avenue South
Lethbridge AB T1J 0N9
Phone: 403-329-8338
Fax: 403-329-8886
Email: marthasmonthly@yahoo.ca
Website: www.marthasmonthly.ca
Contact: Lisa Lambert

A feminist-activist monthly newsletter and background document that creates awareness to stimulate critical response to issues of concern to Alberta women.
**Older Adult Knowledge Network (OAK-Net)**
201, 10350-124 Street
Edmonton AB  T5N 3V9  
Phone: 780-451-5285  
Email: info.lrc@ualberta.ca  
Website: www.oak-net.org  
Executive Director: Diane Rhyason

A website that describes different types of abuse in non-institutional settings and how Canadian law protects older adults.

**Prostitution Awareness & Action Foundation of Edmonton (PAAFE)**
See Prostitution

**Rising Women Magazine**
Calgary  
Phone: 403-228-7874  
Email: media@risingwomen.com  
Website: www.risingwomen.com  
Contact: Illiki Rai

A publication to support, educate and inspire women. Topics include business and marketing, health issues, and empowering advice on lifestyle and personal growth.

**SPEC Association for Children and Families**
101, 327-3 Street West
Brooks AB  T1R 0E7  
Phone: 403-362-5056  
Fax: 403-362-5090  
Email: home@spec.ab.ca  
Executive Director: Debbie Piper

Provides a variety of supportive, preventive, educational and counselling programs and services for children and families, such as a Community Information Centre, ParentLINK Centre, Boys and Girls Club, and Connections (family school liaison). Participants can be referred from a number of sources. There are no fees for some services.

**Status of Women Canada (SWC)**
See Human Rights and Legal Issues

**Womanspace Resource Centre**
See Human Rights and Legal Issues

**Women and the Law in Alberta**
See Human Rights and Legal Issues
**Women’s Centre of Calgary**  
646 First Avenue NE  
Calgary AB T2E 0B6  
Phone: 403-264-1155  
Fax: 403-264-1203  
Email: womens-centre@shaw.ca  
Website: www.womens-centre.org  
Executive Director: Susan Gillies

Offers a place for every woman to receive support, make connections, and be part of a community. Maintains a resource room with a lending library and equipment use. Provides legal advice, clinic services, peer counselling, workshops, a collective kitchen, practice English groups, basic needs support, and information and referral.

**Women’s Resource Centre**  
See Gender Awareness

**YWCA**  
Banff Community Resource Centre  
PO Box 520, 102 Spray Avenue  
Banff AB T1L 1A6  
Phone: 403-760-3200  
Fax: 403-760-3202  
Email: crc@ywcaofcalgary.com  
Website: www.ywcaofcalgary.com

Provides information and referral services which include: crisis counselling, advocacy, landlord-and-tenant information, and short-term support and referrals for those who experience domestic violence and other critical situations. Develops and implements education, prevention, and outreach programs on the topic of domestic violence and other topics of high importance to women.

Calgary  
320-5 Avenue SE  
Calgary AB T2G 0E5  
Phone: 403-263-1550  
Fax: 403-263-4681  
Email: ywca@ywcaofcalgary.com  
Website: www.ywcaofcalgary.com  
Chief Executive Officer: Jill Wyatt

The YWCA has four core services and correction service areas: Child and Family Prevention and Intervention Services; Family Violence Prevention; Poverty and Homelessness Reduction; and Life and Health Wellness. Through these core areas, the YWCA provides a continuum of service for Calgary women and their families and supports their movement from unsafe to safe lifestyles and dependence to independence.
YMCA continued

Edmonton
100, 10350-124 Street
Edmonton AB T5N 3V9
Phone: 780-423-9922
Fax: 780-425-7467
Email: information@ywcaofedmonton.org
Website: www.ywcaofedmonton.org
Executive Director: Freda Badry

Provides a strong voice and support for women and their families. Offers group
counselling for women who are in or have been in abusive relationships. Delivers a
comprehensive support program for bereaved women, men and children, family support
services, volunteer services, and YoWoChAs – an outdoor education centre which
provides opportunities for learning and personal growth.

Lethbridge and District
604-8 Street South
Lethbridge AB T1J 2K1
Phone: 403-329-0088 (business line) or 1-866-296-0447 (toll-free)
Phone: 403-320-1881 (crisis lines)
Fax: 403-327-9112
Email: inquiries@ywcalethbridge.org
Website: www.ywcalethbridge.org
Chief Executive Officer: Kristine Cassie

Committed to women and the enhancement of their lives by providing programs and
services which empower, support equality and promote wellness in mind, body, and
spirit. Offers various programs including health and wellness, a women's residence,
youth programs, child care, a women's emergency shelter, and outreach services.
Older Women

**Alberta Council on Aging**
210, 14964-121A Ave
Edmonton AB T5V 1A3
Phone: 780-423-7781
Fax: 780-425-9246
Email: info@acaging.ca
Website: www.acaging.ca
Executive Director: Marci Hoffman

Increases understanding of the impact of aging for both individuals and society. Works for change, both social and individual, to enhance the participation of seniors as active members of society.

**Alberta War Brides Association**
1040 Mayland Drive NE
Calgary AB T2E 6C6
Phone: 403-276-4311
Email: melynda@canadianwarbrides.com
Website: www.canadianwarbrides.com
President: Mrs. Doreen Kamis

Provides support and friendship to British brides who married Canadian Service Men, holding monthly meetings and an annual national reunion. Website tells the Canadian War Bride story, providing a compelling portrait of this historical human experience.

**Pride Centre**
See GBLTQ

**Kerby Centre**
1133-7 Avenue South West
Calgary AB T2P 1B2
Phone: 403-265-0661
Fax: 403-705-3211
Email: info@kerbycentre.com
Website: www.kerbycentre.com
Chief Executive Officer: Patricia E. Allen

Assists older people to live as well as possible for as long as possible, as residents in the community. Provides shelter for abused seniors (predominantly, but not exclusively women), outreach program, counselling, and resource referral.

**Older Adult Knowledge Network (OAK-Net)**
See Information, Advocacy and Referral

**Minerva Senior Studies Institute, Grant MacEwan College**
See Education
Parenting and Family

**Alberta Association of Services for Children and Families**
Suite 258, Bonnie Doon Mall  
8330-82 Avenue  
Edmonton AB T6C 4E3  
Phone: 780-428-3660  
Fax: 780-428-3844  
Email: aascf@aascf.com  
Website: www.aascf.com  
Contact: Rhonda Barraclough

A membership association of agencies providing services to children and families in Alberta. Creates a network of agencies for information-sharing, social policy development and advocating on behalf of service providers.

**Braemar School**
See Education

**Calgary Pregnancy Care Centre**
See Health and Wellness – Pregnancy, Reproductive and Sexual Health

**Candora Society**
See Employment and Career Development

**Alberta Child Care Association**
Suite 110, Baker Centre  
10025-106 Street  
Edmonton AB T5J 1G4  
Phone: 780-421-7544  
Phone: 1-877-421-9937  
Fax: 780-428-0080  
Email: tbaier.acnca@telus.net  
Website: albertachildcare.org  
Contact: Margaret Golberg

Works to advance a unified child care profession by providing support, education, and recognition of its members.

**John Howard Society – Edmonton**
See Human Rights and Legal Issues

**Kids First Parent Association of Canada**
See Human Rights and Legal Issues

**La Leche League Canada: Alberta/Northwest Territories**
See Health and Wellness – Pregnancy, Reproductive and Sexual Health
Metis Child and Family Services Society
See Aboriginal Women

Hull Child and Family Services
See Health and Wellness – Mental Health

PFLAG Canada
See GLBTQ

Pregnant and Parenting Teen Program
See Health and Wellness – Pregnancy, Reproductive and Sexual Health

Sonshine Community Services
P.O. Box 34067 RPO Westbrook
Calgary AB T3C 3W2
Phone: 403-243-2002
Fax: 403-287-2194
Email: info@sonshine.ab.ca
Website: www.sonshine.ab.ca
Contact: Joy Johnson-Green PhD

Delivers services from a Christian perspective that support and encourage individuals, couples, and families to develop healthy lifestyles and build respectful relationships free from domestic violence and abuse.

SPEC Association for Children and Families
See Information, Advocacy and Referrals

Terra – Centre for Pregnant and Parenting Teens
See Girls and Young Women
Persons with Disabilities

Alberta Committee of Citizens with Disabilities (ACCD)
106, 10423-178 Street NW
Edmonton AB T5S 1R5
Phone: 780-488-9088, or 1-800-387-2514 (toll-free)
Fax: 780- 488-3757
Email: accd@accd.net
Website: www.accd.net
Edmonton Director: Ray Royer

Promotes full participation in society for Albertans with disabilities. Awards bursaries to people with disabilities who are first-time learners or who are attempting one course to begin their post-secondary level of education, to further improve the living standards of people with disabilities in Alberta.

Distinctive Employment Counselling Services of Alberta (DECSA)
See Employment and Career Development – Barriers to Employment
Politics and Leadership

Equal Voice Alberta
North Chapter
EMAIL: albertanorth@equalvoice.ca
WEBSITE: www.equalvoice.ca

South Chapter
Email: jkinch@shaw.ca
Website: www.equalvoice.ca
Chair: Janice Kinch

Campaign School website: www.gettingtothegate.com
A multi-partisan, non-profit volunteer organization promoting more women elected to
every level of government. Programming, public awareness campaigns, and initiatives to
promote involvement of women in politics and create more gender-balanced
governments. Offers "Getting to the Gate," a bilingual on-line campaign school. Writes
letters to media, presents white papers on the status of women in Canadian politics, and
presents workshops about becoming involved in politics.

Edmonton and Area Famous 5 Society
C/o Pam Sigvaldson
100, 15023-123 Avenue
Edmonton AB T5K 1J7
Phone: 780-414-1663
Email: info@edmontonandareafamous5society.ca

Promotes women in leadership and focuses on celebrating the achievements of women.

Famous 5 Foundation
P.O. Box 72137 RPO Glenmore Landing
Calgary AB T2V 5H9
Phone: 403-253-1927
Email: admin@famous5.ca
Website: www.famous5.ca

Inspires and educates in the legacy of the Famous Five: Henrietta Muir Edwards,
Nellie McClung, Louise McKinney, Emily Murphy and Irene Parlby. Supports women's
leadership and public service. Sponsors a Leadership Speakers Program, and an annual
Future Leaders Forum for high school students.

Girl Guides of Canada – Alberta Council
See Girls and Young Women

Global Television Women of Vision – Calgary and Edmonton
See Arts

Institute for the Advancement of Aboriginal Women (IAAW)
See Aboriginal Women
Poverty

Boys and Girls Clubs of Alberta
See Girls and Young Women

Edmonton Housing Trust Fund/ Edmonton Joint Planning Committee on Housing
6th floor, 10242-105 Street
Edmonton AB  T5J 3L5
Phone: 780-496-2630
Fax: 780-496-2634
Email: info@homewardtrust.ca
Website: www.homewardtrust.ca
Executive Director: Susan McGee

Addresses the growing concern over the availability of sufficient housing to meet the needs of the city of Edmonton’s lower-income and special needs citizens. Works in partnership with Women Building Futures (WBF) to help women become economically self-sufficient.

Hull Child and Family Services
See Health and Wellness – Mental Health

Women’s Centre of Calgary
See Ethno-Cultural Diversity and New Canadians

YWCA
See Information, Advocacy and Referral
Prostitution

Calgary Network on Prostitution
c/o Mount Royal College
4825 Mount Royal Gate SW
Calgary AB T3E 6K6
Phone: 403-440-6383
Email: stavcer@mtroyal.ca
Website: www2.mtroyal.ca/~stavcer
Contact: Dr. D. Scharie Tavcer

Aims to challenge, balance, and change the perspectives that surround prostitution in Calgary. The Network, comprised of various agencies and communities in Calgary, strives to respond, empower, advocate, raise awareness, and disperse sustainable funding to agencies, programs and individuals working with or affected by prostitution.

Distinctive Employment Counselling Services of Alberta (DECSA)
See Employment and Career Development – Barriers to Employment

Metis Child and Family Services Society
See Aboriginal Women

Prostitution Awareness & Action Foundation of Edmonton (PAAFE)
P.O. Box 11471
Edmonton, AB T5J 3K6
Phone: 780-471-6137
Fax: 780-471-6237
Email: coordinator@paafe.org
Website: www.paafe.org
Executive Director: Kate Quinn

Works through partnerships to create and pursue strategies to address sexual exploitation and the harms created by prostitution. Offers various programs and services aimed at reducing sexual exploitation, including the John School where Vice Officers from the Edmonton Police Service give "johns" a wakeup call to the possible scenarios that can happen to them, and Project SNUG, a program that offers a meeting with a person at time of arrest and offers both immediate support and options for longer-term support. Offers a Court Diversion Program for individuals who have current or previous involvement in the commercial sex trade. Delivers the PAAFE Bursary Program, a Client Support Fund, as well as a Counselling and Recovery Fund.
Rural and Farm Women

Alberta Women’s Institutes (AWI)
5405-36 Ave
Wetaskiwin AB  T9A 3C7
Phone: 780-312-2440
Fax: 780-312-2482
Email: abwi3164@telus.net
Website: www.nald.ca/fwic.htm
President: Darlene Wicks

Supports women of all ages to achieve change through personal growth, communication, and education. Provides educational conveners on various subjects. Provides help and assistance needed in communities through donations of time and goods. Provides ongoing scholarships to Olds College, Lakeland College and Fairview College, and to eligible AWI members. Supports the Girls’ Club (ages six to 16 years), which delivers similar programs.

Central Alberta Women’s Outreach Society
4808 -51 Ave
Red Deer AB  T4N 4H3
Phone: 403-347-2480 or 1 866-347-2480 (toll-free)
Email: info@womensoutreach.ca
Website: www.womensoutreach.ca
Executive Director: Barb Barber

Provides basic needs and emotional support for women. Provides education and support in specific areas such as domestic violence, family law, and the effects of crisis on families. Programs and services include the Rural Cooperative Kitchen, a health and social program, the R-Own Food Co-op Program, emotional support, legal support services, the Boundaries Group, a Furniture and Housing Program, the Adopt-A-Family Program, domestic violence support, a daycare drop-in centre, and outreach services.
Violence Against Women

Airdrie Family Services
See Health and Wellness – Body Image and Self-Esteem

Alberta Association of Sexual Assault Centres (AASAC)
YWCA Mary Dover House
7th floor, 320-5 Avenue SE
Calgary AB T2G 0E5
Phone: 403-981-2700
Email: info@aasac.ca
Website: www.aasac.ca

Provides leadership, coordination, and a unified voice on issues of sexual violence while increasing recognition and support for sexual assault centres in Alberta.

Alberta Council of Women’s Shelters (ACWS)
320, 10310 Jasper Avenue
Edmonton AB T5J 2W4
Phone: 780-456-7000
Fax: 780-456-7001
Email: voice@acws.ca
Website: www.acws.ca

A province-wide, voluntary organization supporting women’s shelters and their partners through education, research, and services for the benefit of abused women and their children. Offers crisis intervention, emotional support, 24-hour crisis line, safe accommodation for abused women, and supportive counselling. Offers ACWS members scholarships and grants for special projects.

Alberta Employment and Immigration
See Employment and Career Development

Alliance to End Violence
306, 301-14 Street NW
Calgary AB T2N 2A1
Phone: 403-283-3013, ext. 229
Fax: 403-283-3780
Email: info@acav.org
Contact: Barb Hill

Raises awareness on issues of family, sexual, and other forms of interpersonal violence and abuse; provides on-going professional development and leadership in the advancement and analysis of public policy on these issues. Develops and supports program development for diverse communities. Strives to maintain an organizational structure that is sustainable and that best meets the needs of the community.
Brigantia Place  
PO Box 1405  
Camrose AB  T4V 1X3  
Phone: 780-672-1035  
Fax: 780-672-9885  
Email: execdirector@brigantiaplace.org  
Website: www.brigantiaplace.org

Provides a safe temporary shelter as well as basic need requirements to women and children. Ensures that a qualified staff will provide support services, counselling, and education to explore and develop self-esteem, personal growth, and options of non-violence in personal relationships. Promotes public awareness on issues of family violence. Develops programs that help establish a lifestyle free of abuse.

Brooks and District Women’s Safe Shelter Society  
PO Box 1045  
Brooks AB  T1R 1B8  
Phone: 403-362-2766  
Fax: 403-793-8288  
Email: bdwssss@shaw.ca  
Contact: Suzanne Ranta

Provides safe, supportive, temporary accommodations to women and their families experiencing family violence. Offers supportive counselling; specialized programming for parents; housing support and advocacy; community education programs; Court support and advocacy; clothing and food banks; and followup services with women after they leave the shelter.

Calgary Communities Against Sexual Abuse (CCASA)  
7th floor, 320-5 Avenue SE  
Calgary AB  T2G 0E5  
Phone: 403-237-6905 (business line)  
Phone: 403-237-5888 (24-hour support line)  
Fax: 403-264-8355  
Email: info@calgarycasa.com  
Website: www.calgarycasa.com  
Executive Director: Danielle Aubry

The primary sexual assault and sexual abuse crisis and education service in Calgary and surrounding areas, CCASA provides individual and group counselling for survivors, Court support, school-based prevention programs, and community awareness campaigns.

Candora Society  
See Employment and Career Development

Central Alberta Women’s Outreach Society  
See Rural and Farm Women
Community Crisis Society
P.O. Box 2162
Strathmore AB T1P 1K2
Phone: 403-934-6634
Fax: 403-934-6661
Executive Director: Karen Pease

Provides a secure residential shelter for women, men, and their children who are fleeing from domestic violence. Services include food, clothing, information, referrals, and advocacy. Provides outreach counselling, education programs, and a 24-hour crisis line.

Crisis Centre – Sexual Assault Services
A201, 5212-48 Street
Red Deer AB T4N 7C3
Phone: 403-356-1099 (24-hour crisis line – Red Deer)
Phone: 1-866-956-1099 (24-hour crisis line – toll-free)
Phone: 403-340-1124 (business)
Fax: 403-340-1163
Email: cenabsac@telusplanet.net
Executive Director: Lois Hansen

Educates, supports, and empowers individuals, families, and communities about personal safety, victimization, and sexual violence. Provides short- and long-term counselling for victims and families, a 24-hour crisis line, and in-school programs on personal safety.

Discovery House Family Violence Prevention Society
PO Box 85058, Albert Park PO
Calgary AB T2A 7R7
Phone: 403-670-0467
Fax: 403-670-0475
Email: shelter@discoveryhouse.ca
Website: www.discoveryhouse.ca
Executive Director: Brigitte Baradoy

Provides individualized services for abused women with children in a long-term residential setting, helping them build capacity to live safely in the community.

Dr. Margaret Savage Crisis Centre
PO Box 419
Cold Lake AB T9M 1P1
Phone: 780-594-3353
Fax: 780-594-7304
Executive Director: Yvette Houle

Provides temporary safe accommodation for women, with or without children, fleeing from domestic violence or experiencing other types of crisis. Offers basic shelter services, a 24-hour crisis line, walk-in counselling, a support group, advocacy and outreach.
John Howard Society - Edmonton
See Human Rights and Legal Issues

Edmonton Women’s Shelter (WIN House)
P.O. Box 20088, RPO Beverly
Edmonton AB T5W 5E6
Phone: 780-471-6709
Phone: 780-479-0058 (Crisis Line)
Fax: 780-479-8252
Email: ewsinfo@telus.net
Website: www.winhouse.org
Executive Director: Sandra Danco

Provides a short-term emergency shelter for women, with or without children, fleeing domestic abuse. Provides immediate necessities, transportation to medical help, support, information, referrals, and a 24-hour crisis line. Offers outreach program and ongoing support for up to three months after shelter stay.

Fort McMurray Family Crisis Society
PO Box 6165
Fort McMurray AB T9H 4W1
Phone: 780-743-1190 (crisis line)
Phone: 780-743-4691 (administration)
Fax: 780-791-5560
Email: fcs.assist@shaw.ca
Executive Director: Mary-Ellen Proctor

Provides short-term shelter for abused women, with or without children, in crisis for a period of up to 21 days. Offers a followup program, outreach programs for women and men, early intervention services, and a child development program. Works in partnership with Fort McMurray Crisis Society – Second Stage, to provide second stage housing for women and their children who require long-term support.

Fort McMurray Sexual Assault Centre
PO Box 6165
Fort McMurray AB T9H 4W1
Phone: 780-791-6708 (crisis and business)
Fax: 780-791-5560
Email: sexualassault.couns@shawcable.com

Promotes public awareness concerning sexual assault. Provides crisis intervention, support services, education and makes referrals to appropriate agencies. Works closely with community organizations to ensure the best possible service for survivors and their families.
Grande Cache Transition House Society
PO Box 1242
Grande Cache AB  T0E 0Y0
Phone: 780-827-3776
Fax: 780-827-2204
Email: teahouse@telus.net
Website: www.grandecachetransition.com
Contact: Tanya Moulin

Provides a 24-hour safe house and information service for women and children. Offers a comfort zone Monday through Friday from 9 a.m. to 4 p.m. Delivers programs such as anger management, counselling, and victim relief.

Grande Prairie Women’s Residence Association (Odyssey House)
9913-93 Avenue
Grande Prairie AB  T8V 0J5
Phone: 780-532-2672 (also 24-hour crisis line)
Fax: 780-532-1389
Email: director@odysseyhouse.ca
Executive Director: Kathy Sheppard

Provides safe, short-term and supportive accommodation for abused women and their children. Provides information groups for women on family violence, self-esteem and parenting. Offers one-on-one crisis intervention and a 24-hour crisis line. Provides a followup program for women and children setting out on their own.

Hope Haven Women’s Shelter
PO Box 2168
Lac La Biche AB  T0A 2C0
Phone: 780-623-3104 (office) or 1-866-727-4673 (toll-free)
Phone: 780-623-3100 (crisis line)
Fax: 780- 623-2094
Email: hhaven@telusplanet.net
Executive Director: Cassandra Putnam

Provides a safe and supportive environment for women in abusive situations, with or without children. Promotes community awareness and prevention of societal violence. Provides an outreach support group for victims of violence.
Hope Mission
9908-106 Avenue
Edmonton AB  T5H 0N6
Phone: 780-422-2018 (women’s program, ext. 250)
Fax: 780-426-7507
Email: reception@hopemission.com
Website: www.hopemission.com
Executive Director: Bruce Reith

Provides a long-term live-in program to women, with or without children, who are fleeing abusive relationships or experiencing other types of crisis, and desire a supportive living environment within which to make positive changes in their lives. Daily Group Sessions are designed to teach and encourage women toward a future of hope – free from reproach, shame, and defeat.

Lloydminster Interval Home Society
PO Box 1523
Lloydminster AB  S9V 1K5
Phone: 780-875-0966 (Crisis Line)
Phone: 780-808-5282 (Office)
Fax: 780-875-0609
Email: lihsi@telusplanet.net
Website: www.intervalhome.ab.ca
Executive Director: Doreen McCaw

Provides safety, support, and programs for women and children in crisis. Promotes public education and awareness towards an abuse-free society.

Musasa House
PO Box 2500
Medicine Hat AB  T1A 8G8
Phone: 403-527-8223
Fax: 403-526-0209
Email: musasa@psh-medhat.com
Website: www.mhwss.ca
Executive Director: Natasha Carvalho

Second stage program providing long-term, safe accommodation and accompanying support services for women with children escaping family violence. Family Support Workers provide a holistic approach to education and support to prepare all members of the family for re-integration into the community, equipped with the skills and resources necessary to live their lives free from family violence.
VIOLENCE AGAINST WOMEN

Paspew House Mikisew Cree Nation
PO Box 90
Fort Chipewan AB  T0P 1B0
Phone: 780-697-3323 (Crisis)
Phone: 780-697-3329 (Business)
Fax: 780-697-3608
Email: dircommunity@mikisewcree.ca
Director: Mary Simpson

Provides a safe place for women escaping domestic violence. Offers public educational programs on relationship prevention in family violence. Operates a 24-hour crisis-line for the community. Clothing bank, Cree language classes, and women’s drum making workshops are also available.

Peace River Regional Women’s Shelter
PO Box 7738
Peace River AB  T8S 1T3
Phone: 780-624-3466
Fax: 780-624-1469
Email: prrws@telusplanet.net
Executive Director: Brenda Brochu

Provides women and children with services which ensure a safe environment. Works with other agencies in the region to provide education and information on domestic violence and abusive behaviour.

Peer Support Services for Abused Women
301, 501-18 Ave SW
Calgary AB  T2S 0C7
Phone: 403-234-PEER (7337)
Fax: 403-228-0438
Email: info@pssaw.org
Website: www.pssaw.org
Contact: Andrea Silverstone

Provides support, resources and referrals to women and children affected by domestic abuse. Facilitates community-based peer support in cooperation with participants. Fosters self-directed change and independence in a caring, safe environment. All women and children are welcome, regardless of race, religion, sexual orientation or socioeconomic status.
VIOLENCE AGAINST WOMEN

Pembina Crisis Connection Society
4820-51 Avenue
Drayton Valley AB T7A 1R7
Phone: 780-621-2363
Fax: 780-514-3398
Email: pccs@incentre.net

Offers a protection program for women and their children in abusive situations. Provides a safe place where women can come get information on how to learn the signs of abuse and how to stay safe. Provides a volunteer-based transportation committee for women who need to seek shelter outside of Drayton Valley. Works in partnership with other community agencies in prevention of bullying and family violence.

Phoenix Safe House
PO Box 2500
Medicine Hat AB T1A 8G8
Phone: 403-527-8223
Fax: 403-526-0209
Email: info@psh-medhat.com
Executive Director: Natasha Carvalho

Short-term safe shelter for women and their children who are experiencing family violence. Crisis Intervention Workers assist women in developing a case plan for returning to community living, including information on community resources, referrals and, when needed, advocacy.

Pincher Creek Women’s Emergency Shelter Association
PO Box 2092
Pincher Creek AB T0K 1W0
Phone: 403-627-2114, or 1-888-354-4868 (toll-free)
Fax: 403-627-4808
Email: pcwesa@telusplanet.net
Executive Director: Julie Coleman

In collaboration with other agencies, provides safe shelter and support services for women and children who are fleeing abusive situations. Offers a 24-hour crisis line, counselling, educational programs, support groups, outreach and advocacy.
Prevention of Family Violence and Bullying
Children and Youth Services
3rd Floor, Sterling Place
9940-106 Street
Edmonton AB T5K 2N2
Phone: 780-422-6492
Fax: 780-427-2039
Email: kathleen.gorman@gov.ab.ca
Website: www.child.alberta.ca
Senior Manager: Kathleen Gorman

Supports families and communities, helping them to provide nurturing, safe environments for their children. Strives to break the cycles of family violence, abuse and poverty. Provides information on topics such as adoption, child care, foster care, family violence prevention, women’s issues, child welfare, and supports for children with disabilities. Programs and services are available province-wide through the Child and Family Services Authorities (CFSAs) and the 18 Delegated First Nation Agencies (DFNAs).

Safe Haven Women’s Shelter Society
PO Box 4113
Taber AB T1G 2C6
Phone: 403-223-0483
Fax: 403-223-4889
Email: tabercrisis@hotmail.com
Website: www.tabersafehaven.org
Executive Director: Jennifer Gullage

Provides emergency shelter, community outreach program, information and referral, advocacy, prevention and education. The outreach program runs sessional support groups for women and teenage girls that cover topics such as self-esteem, healthy relationships, abuse awareness and parenting.

Safe Home
PO Box 396
High Level AB T0H 1Z0
PHONE: 780-926-3899
FAX: 780-926-3874
EMAIL: safehome@telusplanet.net
Director: Barbara Beaulieu

Offers shelter and counselling 24-hours a day to women in crisis and their children. Operates a 24-hour crisis line. Provides public education on family and dating violence to all communities in the North Central Alberta CFSA.
Saffron – Strathcona Sexual Assault Centre
44, 48 Brentwood Boulevard
Sherwood Park AB  T8A 2H5
Phone: 780-449-0900
Fax: 780-416-2393
Email: info@saffron-ssac.com
Website: www.saffron-ssac.com
Executive Director: Dorthe Flauer

Works toward preventing sexual violence and supporting survivors of sexual abuse. Offers one-to-one counselling for both survivors and their support people. Provides group counselling for women who experienced sexual violence as children or youth.

Sexual Assault Centre of Edmonton (SACE)
205, 14964-121A Avenue
Edmonton AB  T5V 1A4
Phone: 780-423-4102
Phone: 780-423-4121 (24-hour crisis line)
Fax: 780-421-8734
Email: info@sace.ab.ca
Website: www.sace.ab.ca
Executive Director: Karen Smith

Provides specialized, cost-effective services aimed at preventing sexual violence. Offers healing and recovery for those who have been targets of sexually violent crimes. Operates a 24-hour crisis line and both individual and group counselling.

Sexual Assault Response Committee
477-3 Street SE
Medicine Hat AB  T1A 0G8
Phone: 403-504-8026
Fax: 403-504-0351
Email: help@mhsarc.com
Website: www.mhsarc.com
Regional Coordinator: Christina Johnson

Provides services to victims, families, and community members affected by sexual violence.
**St. Albert Stop Abuse In Families (SAIF) Society**

324, 7 St. Anne Street  
St. Albert AB  T8N 2X4  
Phone: 780-460-2195  
Fax: 780-460-2190  
Email: info@stopabuse.ca  
Website: www.stopabuse.ca  
President: Pam Smyth

Provides education, support, and advocacy to prevent abuse in the family. Offers crisis intervention, individual short-term counselling and ongoing support. Operates a resource centre. Provides assistance and support to abused women to deal with systems (legal, court, social services, etc.) through trained advocates. Runs a three-phased group for abused women. Provides education and presentations to professionals, agencies and community groups. In conjunction with other community agencies, offers New Directions, a child-focused program for children and parents from abusive homes.

**St. Paul and District Crisis Association**

PO Box 1237  
St. Paul AB  T0A 3A0  
Phone: 780-645-5132  
Fax: 780-645-1966  
Executive Director: Noreen Cotton

A short-term emergency shelter for abused women, with or without children. Followup programming is offered to previous residents who want to continue working on abuse prevention, life skills, and/or parenting issues.

**Strathcona Shelter Society Ltd. ‘A Safe Place’**

PO Box 3282  
Sherwood Park AB  T8H 2T2  
Phone: 780-464-7232  
Phone: (24-hour crisis line) 780- 464-7233  
Fax: 780-467-3511  
Email: sssltdi@shaw.ca  
Website: www.asafeplace.ca  
Executive Director: Patricia Vargas

Provides safe, short-term accommodation and crisis intervention services for abused women, with or without children. Offers outreach programming and support groups for women and children.
University of Alberta: Sexual Assault Centre
2, 705 Students Union Building
Edmonton AB T6G 2J7
Phone: 780-492-9771
Fax: 780-492-3804
Email: sexualassaultcentre@ualberta.ca
Website: www.ualberta.ca/~uasac
Director: Kris Fowler

Provides a safe place on campus where unconditional support, confidentiality, respect and advocacy are available for those affected by sexual assault. Services include telephone or drop-in crisis intervention, support and information, a support group for acquaintances of sexual assault survivors, referrals for long-term support, and advocacy for those who choose to involve the hospital, police or criminal justice system.

Vegreville Victim Services
PO Box 1022
Vegreville AB T9C 1S1
Phone: 780-632-2718
Fax: 780-632-2296
Email: cindy.oslund-herbert@rcmp-grc.gc.ca
Coordinator: Cindy Oslund-Herbert

A police-based service to support victims of crime and tragedy. Provides ongoing support to women who experience domestic violence.

Victorian Order of Nurses (VON) Alberta South, Calgary and Edmonton
See Health and Wellness – General

VIOLET: Law and Abused Women
See Human Rights and Legal Issues

Yellowhead Emergency Shelter for Women
PO Box 6401
Hinton AB T7V 1X7
Phone: 780-865-4359 (business line)
Phone: 780-865-5133 (24-hour crisis support line)
Phone: 1-800-661-0937 (toll-free 24 hour crisis support line)
Fax: 780- 865-7151
Email: yeswomen@shaw.ca
Director: Marjorie Luger

Offers secure accommodation to women and children seeking refuge in crisis situations. Enables healing for abused women. Operates a crisis support line, basic shelter services, walk-in counselling, outreach family support, a public education program, and follow-up support for women and children.
**Youville Women's Residence**
See Health and Wellness – Mental Health

**YWCA Banff, Calgary, Edmonton, and Lethbridge and District**
See Information, Advocacy and Referral

**YWCA Mary Dover House**
320-5 Avenue SE  
Calgary AB  T2G 0E5  
Phone: 403-263-1550  
Fax: 403-263-4681  
Email: ywca@ywcaofcalgary.com  
Website: www.ywcaofcalgary.com

Provides safe and affordable housing to women and children in crisis or transition, and a variety of specialized social programs, including on-site counselling, agency referrals, advocacy work, VON nurse services, emergency transportation, a community kitchen, common lounge areas and kitchenettes, and access to the YWCA Fitness on Fifth facility. Women are required to meet with an assigned counselor on a regular basis and are supported as they work on goals to achieve greater self-sufficiency.

**YWCA Sheriff King Home (The)**
2003-16 Street SE  
Calgary AB  T2G 5B7  
Phone: 403-266-4111  
Phone: 403-266-0707 (24-hour crisis line)  
Fax: 403-262-1743  
Email: sheriffk@ywcaofcalgary.com  
Website: www.ywcaofcalgary.com

Provides a 38-bed, 21-day stay emergency shelter for women and children fleeing domestic violence. Provides shelter, food, individual and group counselling, followup services and referrals at no cost to clients. Addresses confidentiality, danger and risk assessment, safety planning for the whole family, and focuses on basic trauma work. The immediate goal of the shelter services is to move the family out of the crisis state to feel safer and calmer.
Violence Against Women – Second Stage Housing

**Hope Mission**
See Violence Against Women

**La Salle ‘A Safe Place For Women and Their Children’**
Main PO Box 1135
Edmonton AB  T5J 2M1
Phone: 780-442-0082
Fax: 780-482-3008

Provides second stage shelter specifically targeted towards Aboriginal women and their children fleeing an abusive/violent situation. Operates nine furnished suites and assists residents toward increased independence. Provides one-on-one counselling and workshops.

**Lethbridge Native Women's Transition Home Society**
740-4 Avenue South
Lethbridge AB  T1J 4K2
Phone: 403-329-6506, or 1-877-777-6077 (toll-free)
Email: nwthsoc90@hotmail.com
Contact: Doris Sweetgrass

Provides transitional housing for eight families consisting of women and children in crisis situations. Programs and services to help women build strong and healthy lives, including: Life Skills, Elders Program, Family Case Plans and referral services.

**Lloydminster Interval Home Society**
PO Box 1523
Lloydminster AB  S9V 1K5
Phone: 780-875-0966 (Crisis Line)
Phone: 780-808-5282 (Office)
Fax: 780-875-0609
Email: lihsi@telusplanet.net
Website: www.intervalhome.ab.ca
Executive Director: Linda Baillargeon

Provides safety, support, and programs for women and children in crisis. Promotes public education and awareness towards an abuse-free society.

**Musasa House**
See Violence Against Women

**Phoenix Safe House**
See Violence Against Women
Wings of Providence
PO Box 32141
Edmonton AB T6K 4C2
Phone: 780-426-4985
Fax: 780-424-3625
Email: pgarrett@wingsofprovidence.ca
Website: www.wingsofprovidence.ca
Executive Director: Patricia Garrett

Provides comprehensive transitional programs and independent living in a safe, secure, supportive, and healthy environment for women with children who have experienced family violence. Provides information and programs in the area of health, life management skills, parental resources, family violence, and child/teen support groups.
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WOMEN’S ORGANIZATIONS OF ALBERTA – UPDATE FORM

1. Name of organization:

2. Address:

3. Postal code: Phone: Fax:

4. E-mail: Website:

5. Contact name/Position:

6. Please check the category that best describes your organization.
(If your organization deals with more than one category, please mark 1 by the most representative, 2 by the second most representative, and so on.)

- Aboriginal women
- Arts
- Education – Post-Secondary, Continuing Education, and Training
- Employment and Career Development
  - General
  - Barriers to Employment
  - Women in Science, Engineering, Trades, and Technology
- Ethno-Cultural Diversity and New Canadians
- Francophone women
- Gay, Lesbian, Bisexual, Transgender/Transsexual, Queer/Questioning
- Gender Awareness
- Girls and Young Women
- Health and wellness
  - General
  - Body Image and Self-esteem
  - Cancer Support Services
  - Mental Health
  - Pregnancy, Reproductive and Sexual Health
  - Sports and Physical Health
  - Substance Abuse and Addictions
- Human Rights and Legal Issues
- Information, Advocacy and Referral
- Older Women
- Parenting and Family
- Persons with Disabilities
- Politics and Leadership
- Poverty
- Prostitution
- Rural and Farm Women
- Violence Against Women
  - Second Stage Housing
- Other

____________________________________
____________________________________
____________________________________
____________________________________
____________________________________
____________________________________
7. What is the main objective or mandate of your agency? (For example: what programs and services do you offer? Do you provide grant funding? What target groups does your agency serve?)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Please fax, mail or email this form to:

Women’s Issues Area
Intergovernmental Initiatives
Alberta Children and Youth Services
12th Floor, Sterling Place
9940-106 Street
Edmonton AB T5K 2N2
Fax: 780-422-6642
Email: cys.womensissues@gov.ab.ca

THANK YOU