



# Preschool Resource List

A parent's guide to creating language-rich environments



## Books

***Beyond baby talk: From sounds to sentences - a parent's complete guide to language development.*** By Kenn Apel and Julie Masterson

This is an easy-to-read book that shows parents and caregivers how to be the best language role model for their child. It describes the expectations and warning signs for speech and language development from birth through age 5. Parents and caregivers learn helpful tips to help build their child's communication skills.

***It takes two to talk: A practical guide for parents of children with language delays.*** By Jan Pepper and Elaine Weitzman

This guidebook is a must-have for parents and others who work with or care for young children with language delays. This book shows parents how to have fun with their children, and how to turn every interaction into an opportunity for language learning.

***You make the difference in helping your child learn.***

By Ayala Manolson, Barbara Ward, and Nancy Dodington

This guidebook is designed for parents of all young children, especially those who are at risk for developing a language delay. The simple language, colourful pictures, and humorous cartoons help parents learn how to connect with their children in ways that encourage the child's self-esteem and learning. The guidebook is available in Spanish, French, Chinese, Dutch, and as an Aboriginal adaptation.

***English Express. Family literacy: Learning together (Special issues #1-8).***

By Alberta Learning

This is a newspaper series on family literacy. These 8 issues give information about language and literacy, and practical tips that help young children, ages 1 through 6. You can get copies from public libraries, community agencies, public health centres, or other agencies.

Ask about  
these  
resources at  
your public  
library.



## Videos and DVDs

### ***Speech, language, and hearing milestones: Birth to age five [Educational DVD].***

By the American Speech-Language-Hearing Association.

This DVD is full of examples of normal speech, language, and hearing development for children from birth to age 5. It provides tips on when to get help from speech-language pathologists and audiologists. It is a great way to educate and inform parents, teachers, health care providers, and other professionals.



### ***I am your child. Ready to learn [Educational Video/DVD].***

By Parents Action for Children.

This 24 minute video/DVD talks about all the things that parents do to encourage language development and pre-literacy skills.



## Websites

### **[www.asha.org](http://www.asha.org)**

This is the website for the American Speech-Language-Hearing Association (ASHA). This website gives general information to families on speech and language development, speech and language disorders, pre-reading skills, and swallowing. Easy and useful strategies are outlined for families on various topics.

### **[www.investinkids.ca](http://www.investinkids.ca)**

This website has lots of information for parents wanting to learn more about their child's overall development, including their speech and language skills. It describes the emotional, social, intellectual, and motor milestones for 0- 5 years. Fun activity pages are provided for each age range.

### **[www.pbs.org/parents](http://www.pbs.org/parents)**

This website has a variety of topics including reading and language development in children ages 0 through 9 years. It describes listening, talking, reading, and writing expectations for each age-range. Everyday activities are given to help parents encourage their child's language and literacy skills.

**Health Link Alberta's Your Health Website:** [www.healthlinkalberta.ca](http://www.healthlinkalberta.ca)  
**This link can also be reached at** [www.calgaryhealthregion.ca](http://www.calgaryhealthregion.ca) **or**  
[www.capitalhealth.ca](http://www.capitalhealth.ca)

Your Health contains health information about disorders, tests, diseases, symptoms, and much more. Included on this website is speech and language information for families of children from birth to 12 years of age.