



Resource List

October 2016

**INFORMATION ON THIS LIST IS SUBJECT TO CHANGE
WITHOUT NOTICE TO HUMAN SERVICES**

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FEDERAL AND PROVINCIAL FINANCIAL ASSISTANCE/BENEFITS/TAX CREDITS

FEDERAL

Adult and Child

Tax Measures for Persons with Disabilities This video series is intended to help individuals with a disability, or the people who support them, find the answers to some of the key questions related to tax measures that may apply to them.

- [Website](#)

Canada Disability Savings Bonds helps those with disabilities and their families save for their future. Low to modest income earners may receive an additional 1000.00 in a Disability Savings Bond into their RDSP.

- Phone: 1.800.622.6232 (TTY @ 1.800.926.9105)
- [Website](#).

Canada Mortgage and Housing Corporation (CHMC) - Programs and Financial Assistance.

- [Website](#)

Canada Pension Plan (CPP) Disability Benefits is for Canadians who have contributed to CPP but cannot work on a regular basis due to a disability.

- [Website](#).

Compassionate Care Benefits – “ ...these benefits may be paid up to a maximum of 6 weeks to a person who has to be absent from work to provide care or support to a gravely ill family member at risk of dying within 26 weeks.”

- Phone: 1.800.206.7218
- [Website](#)

Emergency Preparedness Guide for People with Disabilities/Special Needs

- [Website](#)
- [Guide \(pdf\)](#)

Excise Gas Deduction – persons medically certified as having permanent mobility impairment and cannot safely use public transportation can apply for a refund of part of the federal excise tax on the gasoline that they purchase. Guardians of Children with behavioural issues who cannot use public transportation can apply for this deduction. Consider children with autism, sensory issues, ADHD, ODD, etc.

- Phone: 1.800.267.6999
- [Website](#)

GST Exemption-Some of the goods and services used by persons with disabilities are exempt supplies or zero-rated supplies for purposes of the goods and services tax/harmonized sales tax (GST/HST). This means you do not pay GST/HST on these goods and services.

- [Website](#)

Lost Wallet If you have lost your wallet, make sure that you cancel and replace all of your important cards.

- [Website](#)

Medical Expense Credit is a deduction used when completing Income Tax forms. Various items can be used under the “Medical Expense Credit” as eligible expenses. Some of the items/services include (but not limited to): air conditioners, catheters, cochlear implants, diapers/disposable briefs, eyeglasses, hearing aids, heart monitors, needles and syringes, and rehabilitative therapy.

- Income Tax Information Line: 1.800.267.6999
- [Website](#)

Persons with Disabilities Online – allows a disabled individual or a guardian of a child with a disability to access assistance in looking for resources. The process is done via an on-line survey which will result in a list of provincial and federal resources. The home page also lists other items which may have links that are pertinent to families, such as sports programs for the disabled.

- [Website](#)

Registered Disability Savings Plan (RDSP) - A registered disability savings plan (RDSP) is a savings plan that is intended to help parents and others save for the long term financial security of a person who is eligible for the disability tax credit (DTC). The federal government will match up to 3,500.00 per year on your RDSP contributions.

- Phone: 1.800.959.8281 (TTY 1.800.665.0354)
- [Website](#)
- [Website: Questions and Answers](#)

Vehicle Adaptation-Federal government funding may be available to assist with the adaptation of a vehicle for a disabled individual.

- [Website](#)

Child

Canada Child Tax Benefit

A tax-free monthly payment to assist families with the cost of raising children up to the age of 18 years.

- Phone: 1.800.387.1193.
- [Website](#)

Child Disability Benefit/Credit - a family may qualify for up to \$2,695 per year (\$224.58 per month). A qualified practitioner fills completes the appropriate form (T2201) which is the “Disability Tax Credit Certificate”. Qualified practitioners include: medical doctors, optometrists, audiologists, occupational therapists, physiotherapists, psychologists, and speech- language pathologists. If the child qualifies for this credit then they will automatically be eligible for the monthly allowance. The benefit is added to the monthly Child Tax Credit or if applicable, the Child Special Allowance which is also paid on a monthly basis.

- [Website](#).

Canada Child Benefit. Budget 2016 proposes to introduce the Canada Child Benefit, which will replace the Universal Child Care Benefit (UCCB) and the Canada Child Tax Benefit (CCTB). Starting in July 2016, the new Canada Child Benefit will provide a maximum annual benefit of \$6,400 per child under the age of six, and \$5,400 per child aged 6 through 17. The benefit will be tax-free and paid monthly to eligible families. Canadians already receiving the UCCB or the CCTB do not have to apply for the new benefit.

- [Website](#)

Children’s Fitness tax credit – A parent may be eligible to claim up to \$1000 per child for a program of physical activity for their child.

- [Website](#)
- **Children with disabilities** - If the child is eligible for the disability tax credit and is under 18 years of age at the

beginning of the year, an **additional** amount of \$500 can be claimed if a minimum of \$100 is paid for registration or membership fees for a prescribed program of physical activity.

- [Website](#)

Children's Special Allowance – is a tax-free monthly payment to provincial or territorial agencies and other organizations or individuals for a child who: is under the age of 18; physically resides in Canada; and is maintained by an agency.

- [Children's Special Allowance Act](#)
- [Application Form](#) (pdf)

Employment Insurance (EI) Special Benefits for Parents of Critically Ill Children (PCIC). You can receive **Employment Insurance (EI) special benefits for Parents of Critically Ill Children (PCIC)** for up to **35 weeks** if you have to be absent from work to provide [care or support](#) to your critically ill or injured child. If you are unemployed and already receiving EI benefits, you can also apply for the PCIC benefit.

- [Website](#)

Income Assistance – For Families and Children

- [Website](#)

Tax tips for parents

- [Website](#)

Adult

Caregiver Amount Deduction - pertains to adults living with a dependent adult with a physical or mental impairment.

- Phone: 1.800.959.8281
- [Website](#)

PROVINCIAL

Adult and Child

Alberta Aids to Daily Living Program (AADL) provides funding for some medical supplies and equipment and is available to all residents of Alberta. Albertans pay 25% of the benefit cost to a maximum of \$500 per individual or family per year. Low-income Albertans and those receiving income assistance are exempt from paying the cost-sharing portion.

- [Website](#)
- Phone: Edmonton and area: 780.427.0731
toll free in Alberta: 310.0000, then 780.427.0731.
You may also contact your local hospital or health care centre, or, for information on your nearest Alberta Health Services office, call HEALTH Link Alberta toll free at 811.

Residential Access Modification Program (RAMP) provides grants to help lower-income Albertans with mobility challenges modify their homes so they can enter and move around more easily.

- [Website](#)

Child

Alberta Child Benefit

All families earning less than \$41,220 per year in net income, including those receiving AISH and Income Support, are eligible to receive the new ACB. The maximum annual benefit is \$1,100 for families with one child, and up to \$2,750 for families with four or more children.

- [Website](#)

FORMS (AAHB, ACHB, AISH, INCOME SUPPORTS)

Request for a Health Benefit Exception - Through [Alberta Works](#), people eligible for [Income Support](#), the [Alberta Adult Health Benefit](#), and the [Alberta Child Health Benefit](#) receive a Health Benefits Card ([Health Benefits](#) (pdf) that provides coverage for themselves and/or their dependents, unless they receive coverage through the Government of Canada. If you do not agree with a decision made about your health benefits, you can request a review of the decision by the [Health Benefits Exception Committee](#). This committee ensures that decisions about health benefits are fair and equitable. The Health Benefits Exception Committee will review requests for drugs, optical, dental, ambulance services or diabetic supplies that are not covered in the optical agreements, dental agreements or drug benefit lists.

- [Website](#)

“Special Authorization” forms - Special Authorization forms are the forms used by a prescribing physician to ***advocate for drug coverage for drugs on the drug benefit list***. Physicians may contact Alberta Blue Cross at 780.498.8000 and request to be linked to the Special Authorization Line.

- [Website](#)

MISCELLANEOUS RESOURCES

ACCOMMODATIONS

Compassionate Care Rates

EDMONTON:

- [Accommodation Options Near: University of Alberta Hospital, Stollery Children's Hospital, Mazankowski Alberta Heart Institute, Kaye Edmonton Clinic](#) (pdf)
- Best Western Cedar Park Inn 780.434.7411
- Best Western City Center 780.479.2042
- Chateau Louis 780.452.7770 or 1.800.661.9843
- Coast Edmonton Plaza 780.423.4811 or 1.800.663.1144
- Comfort Inn 780.423.5611 or 1.888.384.6835
- Days Inn 780.423.1925 or 1.800.267.2191
- Econolodge Edmonton 780.438.7979
- Edmonton Mennonite Guest House 780.433.6661
- Glenora Bed and Breakfast 780.488.6766 or 1.877.453.6672
- Greenwood Inn 780.431.1100
- Holiday Inn Express 780.423.2450 or 1.877.863.4780
- Ramada Inn and Water park 780.434.3431
- Super 8 Hotel South 780.433.8688
- Travelodge Edmonton 780.436.9770
- Ramada Hotel and Conference Centre 780.454.5454

CALGARY

- Best Western Village Park Inn 403.289.0241
- Comfort Inn and Suites South 403.287.7070
- Econolodge Motel Village 403.289.2581
- Holiday Inn McLeod Trail South(Brian) 403.287.2700
- Travelodge 403.289.6600
- Quality Inn University 403.289.1973

Kijiji (Search under short term house and apartment rentals)

- [Website](#)

Ronald McDonald House

- [Website](#)
- [Southern Alberta](#)
- [Northern Alberta](#)
- [Central Alberta](#)

CAREER AND EMPLOYMENT

Kids in the Hall Bistro Project – A 9 months pre-employment program, for youth 16-24 years of age, consists of 5 weeks workshop and up to 31 weeks of job training at the Kids in the Hall Bistro, serving breakfasts and lunches to the public. Requirements: stable living environment, drug and alcohol abuse under control. Living allowance is available.

- Phone: 780-619-5502
- [Website](#)

Opportunities Fund for Persons with Disabilities – Through funding for organizations, the OF program helps people with

disabilities prepare for, obtain and maintain employment or self-employment.

- [Website](#)

Employment Information and Training for persons with disabilities.

- [Website](#)

Employment Services by Region – Each region’s list has a link to an Employment, Training and Career Services Directory which in some instances includes a list of supports for persons with disabilities.

- [Website](#)

Health care programs recognized in Alberta (potential students for hire)

- [Website](#)

Indeed for Employers (find jobs, employers and resumes)

- [Website](#)

Jobs, Education and Money – programs and services specific to the needs of youth with disabilities.

- [Website](#)

Job Search for Student/Youth

- [Website](#)

On Site Job Placement- On Site Placement (OSP) is a non-profit and charitable organization committed to creating career paths by providing employment and skill development services to persons with ongoing medical conditions or disabilities in the Edmonton area.

- [Website](#)

Personal Development Program – A 12 week paid program helps participants ages 15-30, focuses on self-sufficiency, training in self-esteem, assertiveness, communication skills, anger and stress management, relationships, conflict resolution, addictions, decision making and setting future goals. Assistance with youth to access resources in the community.

- Phone: 780-990-1120
- Location: 9330-104 Avenue, Edmonton, Alberta T5H 4G7
- Website: [Transition Support Program](#)

Service Canada – provides information on employment.

- [Website](#)

Income Support (IS) - The IS program provides financial assistance to persons who are unable to meet their needs for food, shelter, personal, health and other items essential to their health and well-being.

- [Website](#)

FIRST NATION / INDIGENOUS SERVICES AND SUPPORTS

The **First Nations and Inuit Health Branch (FNIHB)** – has a Non-Insured Health Benefit (NIHB) program that serves the First Nations and recognized Inuit populations. For those persons eligible, services and supports may include: travel expenses, counselling, medical supplies, and medical equipment and prescription drugs.

- [LINK to Non-Insured Health Benefits for First Nations and Inuit](#)
- [LINK to Indigenous and Northern Affairs Canada](#)
- [LINK to FNIHB Alberta regional office](#)

For the NIHB Regional Office and to access Vision, Medical Supplies and Equipment, and pharmacy, Alberta Health Care and Mental Health Services call:

- Long distance call 1.800.232.7301, local 780.495.2694
- Dental Toll free # 1.888.495.2516, local 780.495.2516
- Edmonton Referral Medical Transportation Unit
1.800. 514.7106, local 780.495.2708
- Calgary Referral Medical Transportation Unit 1.800.292.5284

For information regarding Dental/Orthodontic coverage, visit:

- [First Nations & Inuit Health Drug Benefits](#)

North Peace Tribal Council (NPTC)

- Telephone: 780.926.3446
- [Website](#)

Indigenous and Northern Affairs Canada (INAC) - offers a variety of supports and services to those living on reserve.

- [Website](#)

List of First Nations in Alberta

- [Website](#)

List of Health Services Available in First Nations in Alberta

- [Website](#)

Academic and Employment Supports

Amiskwaciy Academy is a cultural enrichment program from grades 7-12 that is guided by our ***Cree Elder***. There are offer several programs that provide additional support to all students within our academic programming who have unique needs. Students are given the tools and supports needed to be successful learners and responsible citizens in our communities.

- [Website](#)
- Phone: 780-424-1270

Ben Calf Robe Society – This society provides services to the larger community through its wide range of programs which include Ketotayminawok – In Home Family Support, Group Homes – Safe and secure living environments, Kichi Awasisak – Family health and parenting, Semi-Independent Living – Supportive living environment for youth pursuing education, Foster Care – Placement for Aboriginal children and youth, Youth Intervention – Cultural after school activities, Aboriginal Awareness – Historical and cultural teachings for professionals.

- [Website](#)
- Phone: 780-477-6648

Bent Arrow Healing Society – Bent Arrow is a non-profit organization that provides unique programs and services to Edmonton's urban Aboriginal population. All of Bent Arrow's programs and services have been developed specifically for Aboriginal people, but are open to all.

- [Website](#)
- Phone: 780-481-3451

Cunningham Place – Transitional housing facility provides individual accommodations for young people, ages 15-30, on moderate to low income. Accommodations include: private bedrooms with furniture, shared bathrooms and common rooms for two people, 6 rooms equipped for physically handicapped residents, all meals and free laundry facility. Common areas equipped with television, fridge, microwave and pay phone access. Not restricted to individuals of Indigenous descent.

- [Website](#)

Inner City High School – The Edmonton Inner City Youth Program – Negan Tapeh - provides tools and opportunities for Aboriginal youth, labeled as "at risk" or "street youth" to complete high school or acquire employment.

[Website](#)

Phone: 780-424-9425

Location: 11205 101 St NW, Edmonton, AB T5G 2A4

Native Counseling Services of Alberta

- [Website](#)

NorQuest College- Upgrading – Incorporates aspects of Aboriginal culture into the curriculum. Academic upgrading and full or part time instruction is available for pre-high school and high school level courses, as accredited by Alberta Education. Requirements: NorQuest Skills Appraisal Testing or High School Transcript and minimum 17 years of age.

- [Website](#)
- Phone: 780-644-5800

Quest for Success – 20 week employment training program was created by Aboriginal people for Aboriginal people. Choice of modules in areas of personal life management, cultural transitions, employment readiness, career planning, job search techniques, academic upgrading, job related computer training, work experience and job maintenance support. Safety training courses in WHIMIS, H2S, First Aid and CPR and Construction Safety are also provided. Prospective employment includes oilfield labor, truck driving, construction, administration and customer service. Apprenticeship may also be an option.

- Phone: 780-447-9344
- Location: 10975-124th Street, Edmonton, Alberta, T5M 0H9
- Website: [BearPaw Website](#)

Yellowhead Tribal College – Offer Adult Basic Education (ABE) and Academic Upgrading as well as services in career counseling, presence of the elders on-site for cultural direction and tutoring.

- [Website](#)
- Phone: 780-484-0303

FOOD BANKS/RESOURCES

Alberta Food Banks

- [Website](#)
- Phone: 1-866-251-2326

WECAN – This program is a food co-op that offers nutritious food at low costs. The food co-ops can be found in Edmonton as well as surrounding communities including, Barrhead, Westlock, Stony Plain, Leduc, Paul Band, Wetaskiwin, Sherwood Park and St. Albert. For more information on WECAN contact them at

- [Website](#)
- Phone: 780-413-4525

Edmonton - City of Edmonton Special Needs Resources

- [Website](#)

Calgary - Calgary & Area Community Resource Database

- [Website](#)

HEALTH***Health Information***

Alberta Health Services may fund physiotherapy assessments (see eligibility criteria) for Albertans with a valid Alberta personal health number, who are not covered by other payers such as Workman' Compensation Board (WCB) or Department of Veteran's Affairs (DVA).

- [Rehabilitation Services](#)
- [Ambulatory Community Physiotherapy](#)
- [Rehabilitation and aids to daily living services in Alberta](#)
- [Locate a Physician in Alberta](#)

Alberta Health Services provides information on services across Alberta.

- [Website](#)

Healthy Eating

- [Online Booklet](#) (pdf)

College of Physicians and Surgeons (find a doctor)

- [Website](#)

Drug Companies - Drug companies may supply a drug on a compassionate basis as samples to a physician. The physician needs to write a detailed letter to the drug company or talk to a

representative of the company and request an ongoing supply for a client.

Drug Coverage Canada- provides information about insurance plans that potentially cover medication costs.

- [Website](#)

Edmonton Nutritious Food Basket- typical food costs to feed all age groups in Alberta.

- [Website](#)

Occupational Therapists (list)

- [Website](#)

Physiotherapists (list)

- [Website](#)

Speech Language Pathologists (list)

- [Website](#)

The following are websites provide drug information:

▶ **PADIS** –information with regards to drug questions, interactions with other drugs, herbal products, as well as tips, and resources. A phone number is listed for individuals if they would like to discuss drug concerns.

- [Website](#)

▶ **RxList** – answers questions with regards to poisonings, basic drug information and interactions with herbal products.

- [Website](#)

▶ **Status of Drugs under Review** –This may be helpful if a physician is prescribing a medication not on the Drug Benefit List.

- [Website](#)

► [About Herbs](#) – an I-phone application for Herbal Drug information.

Health Equipment Loan Program (HELP) – a national program of the Canadian Red Cross, we're providing health equipment to individuals dealing with illness or injury.

- [Website](#)
- [Alberta](#)

Personal Life Guard-Mobile Application is an easy to use personal tracking application (App) developed to keep people safe and in touch. This application complies with the Occupational Health and Safety Work Alone policy and is available for all Android phones and tablets. Simply by checking in on your PLG App; your family, friends and or co-workers need not worry. PLG is with you everywhere you go as your constant Personal-Life-Guard™. Personal, Family and Commercial accounts are available making this application accessible to anyone who is looking to stay connected to those around to them.

- [Android App](#)
- [Blackberry](#)

The Hadley School for the Blind offers courses free of charge to its blind and visually impaired students and their families and affordable tuition courses to blindness professionals.

- [Website](#)

Child

Back to school

- [Webpage](#)
- [Checklist](#): Back to School Health Checklist

Alberta Nutrition Guidelines for Children and Youth

- [An Overview](#) (pdf)

Be Your Own Boss (B.Y.O.B.) This program will help individuals 14-17 (with a chronic illness) to self-manage their disease. This set of workshops offers instruction on items such as, coping with pain, medication management, dealing with difficult emotions, healthy eating and activity, problem solving, goal setting and communicating with health care providers. Instruction is also available in Cantonese, French, Mandarin and Punjabi.

- [Website](#)
- Phone: 780-401-2665

Canada Medic Alert Foundation offers free medic alert bracelets to children across Canada. To find out if a school is participating in this program

- [Website](#)

Eye See...Eye Learn –initiated by the Alberta Association of Optometrists. Children in Kindergarten are eligible to receive free glasses and frames.

- [Website](#)

HEAL (Health Education and Learning) program, a resource aimed at providing families across Alberta easily accessible, reliable information about common minor illness and injuries in children. The content provided in the HEAL program comes directly from the Pediatric Emergency Medicine experts at the Alberta Children's Hospital and Stollery Children's Hospital.

- [Website](#)

Heart & Stroke Society - Healthy Kids - Parents and teachers: Find the tools you need to inspire heart-healthy habits in kids that last a lifetime.

- [Website](#)

Sleep resources for youth with chronic health conditions:

- [Website](#)

Variety, the Children's Charity of Alberta Association (“Variety Alberta”) is a provincially incorporated not-for-profit organization and a federally registered charitable organization that raises money and distributes it, in the form of grants, to Alberta families who have children with special needs. Variety Alberta is dedicated to providing essential funding to these families to get the basic equipment, therapies, medications and services they need to encourage growth, development, safety and greater independence.

- [Website](#)

Free and reduced fee dental

Calgary Health Region has community dental clinics for those on limited incomes that do not have dental plans. Families must apply for the reduced fees on cleanings, X-rays, fillings, and removal of teeth.

- [Click here to open pdf](#)

Calgary Urban Project Society (CUPS) offers limited, free dental services for teeth removal and some fillings for those without dental insurance.

- [Website](#)
- Phone: 403.221.8780.

Canadian Dental Association

- [Website](#)

Community Health – services such as cleaning, scaling, and fluoride application or children 3-15 without dental insurance. A small fee is charged for these services.

- **Brooks** 403.501.3300.
- **Camrose** 780.679.2980,

- **Medicine Hat** 403.502.8200.
- **Sedgewick** 780.384.3652
- **Vegreville** 780.632.3331

Income Supports, Alberta Child Health Benefit / Alberta Adult Health Benefit Recipients may receive coverage for extraordinary dental work. Their dentist needs to provide information to the applicable program which will then send a claim through the ADSC via a Health Benefits Exception request.

Low cost dental for eligible clients:

- [Province-wide service directory](#)

N.A.I.T. (Edmonton), S.A.I.T., Columbia College and KDM (Calgary) offer reduced fee cleanings, fluoride treatments and X-rays. Eligibility criteria apply.

- The N.A.I.T. Dental Assistance program can be contacted at 780.471.7786. [See their website.](#)
- The S.A.I.T. Dental Assistance Program can be reached at 403.284.8380. [Click here for their website.](#)
- Columbia College can be reached at 403.235.9314.
- KDM can be contacted at 403.264.2744.

The Oral Maxillofacial Devices and Services Program may cover some “high cost dental treatments” required in conjunction with surgical procedure covered by Alberta Health Care Insurance Plan. Eligibility criteria apply.

- [Bulletin](#) (pdf)
- Edmonton and area call 780.415.1475
- Outside of Edmonton call, 780.310.0000, then 780.415.1475

University of Alberta – Dental services such as examinations, cleaning, sealants, and fillings are done at sites across Alberta. The

University of Alberta offers various services from dental hygienists and dental students at the University as well as from satellite clinics in High Level, La Crete, and McLennan.

- [Website](#)
- [SHINE Dental Clinic](#)
- Phone: 780.492.4458

HEALTH BENEFIT/INSURANCE PLAN INFORMATION

Health benefit plans fund many types of services and supports. As benefit plans change over time, guardians and individuals should familiarize themselves with their benefit package. There is a process for appeal with most plans. Guardians and individuals can access this information via a benefits officer at place of employment or by contacting the insurance company or benefit plan.

Expenses such as therapies, medical equipment, assistive devices, and travel coverage may be supported by private medical and life insurance policies as well as some unions. Contact a union representative for information on the availability of support for items such as medical supplies and equipment. Find information regarding dependent age limitations, etc. at:

- [Insurance Bureau of Canada website](#)
- [Insurance company websites.](#)

Canadian Life and Health Insurance Ombud (CLHIO) service – information pertaining to complaints, concerns or questions about health or life insurance.

- [Website](#)

Guide to Supplementary Health Insurance is booklet produced by the Canadian Life and Health Insurance Association Inc. This contains information with regards to benefit plans such as, life insurance products and services, company addresses and phone numbers and questions to ask benefit plan agents.

- Phone toll free: 1.800.361.8070 (French) or 1.800.268.8099 (English)
- [Website](#)

Maintenance Enforcement

- [Website](#)
- [MEP Information Sheets](#)

MENTAL HEALTH RESOURCES

Addiction and Mental Health Community Centers

- [Website](#)

Alberta Health Services- Mental Health Services

- [Website](#)

CASA-Child Adolescent and Family Mental Health

- [Website](#)
- [Resource Webpage](#)

CHADD Canada is a charitable organization that aims to help support, educate, and ultimately better the lives of individuals with ADHD, and those who care for them

- [Website](#)

Community Treatment Orders

- [Website](#)

Emotions Anonymous

- [Website](#)

Not myself today

- [Website](#)

Family Association for Mental Health Everywhere (F.A.M.E.)

- [Website](#)

Mental Health Building Projects

- [Alberta Project List](#) (pdf)

Mental Health First Aid (MHFA) Canada – The program aims to improve mental health literacy, and provide the skills and knowledge to help people better manage potential or developing mental health problems in themselves, a family member, a friend or a colleague.

- [Website](#)

Mental Health Help Line –provides: confidential, anonymous service; crisis intervention; information on mental health programs and services; and referral to other agencies where appropriate.

- [Website](#)
- Telephone toll free in Alberta 1-877-303-2642 for mental health advice

Mental Health Therapists - list of practitioners in Alberta

- [Website](#)

Support Groups

- [Website](#)

Misericordia Children's Health Clinic Behavioral Health Program

- Phone: 780-735-2613

The ABCs of Mental Health

- [Website](#)

The Psychology Foundation of Canada

- [Website](#)

The Canadian Mental Health Association

- [Website](#)

The Role of Nutrition Care for Mental Health Conditions-

- [Booklet](#)

HOUSING

Capital Region Housing For people who have a decent place to live, but who may need help with their rent, CRH offers many different rent subsidy programs.

In The HOME Program, low income families take classes and are provided with the help they need to buy a home. The program operates all over Alberta.

- [Website](#)

Housing and rent assistance. Assistance for low-income Albertans to find a safe, affordable place to live.

- [Website](#)

Inner City Youth Housing Project (ICYHP) ICYHP is a safe place for homeless youth ages 14-17 to stay. We are a stepping stone to help you get one step closer to becoming a more independent person, moving back home with family, or getting your own

place. ICYHP is a collaboration of Bissell Centre, Boyle Street Community Services and E4C.

- [Website](#)
- Phone: 780-479-7075

IMMIGRANT SERVICES AND SUPPORTS

Alberta Association of Immigrant Serving Agencies

- [Website](#)

Canadian Immigrant

- [Website](#)

Changing Together- a Centre for Immigrant women

- Phone: 780.421.0175 or
- [Website](#)

Citizenship and Immigration Canada

- [Skilled Trades webpage](#)

Edmonton Mennonite Center for Newcomer

- Phone: 780.424.7709
- [Website](#)

Edmonton Immigrant Service Association

- [Website](#)

Work in Canada

- [Website](#)

Citizenship and Immigration Canada

- [Website](#)

Alberta Labour (provincial government)

- [Newcomers Website](#)

Working in Canada

- [Click here to do a job search](#)

Bredin Institute

- [Website](#)

Foreign Qualification Recognition

- [Website](#)

Language Assessment, Referral and Counselling Centre (LARCC)

Helps adult immigrants and refugees determine their current level of English language proficiency, presents options for ESL training, and assists newcomers to explore their educational and career goals/opportunities.

- [Website](#)

Interim Federal Health Program (IFH) may offer temporary medical coverage for some immigrants. To access information on emergency dental services call 1.800.770.2998. Information, financial loans and assistance can be accessed on this website under “Resettlement Assistance Program”.

- [Website](#)

Multicultural Health Brokers

- [Website](#)

Overview of Immigration to Alberta – For general information for services and supports available in Alberta.

- [Website](#)

Settlement Services - for Alberta wide supports and services for immigrants.

- [Website](#)

The Calgary Immigrant Aid Society - “Established in 1977 as the Calgary Immigrant Aid Society, for the past 30 years we have helped over 250,000 immigrants settle into their new life and home in Calgary, Alberta, Canada. As one of Calgary’s most comprehensive immigrant serving agencies, our focus is on the individual and families first, providing a sense of community and connection”.

- [Website](#)

Translation – Click on the following websites to check them out:

- [Edmonton Economic Development Corporation](#)
- The Edmonton Francophone Centre for Newcomers
- [Français](#)
- [Language Marketplace](#)
- [Calgary Board of Education Language Programs](#) -interpretation and translation services for students attending one of the Calgary Public Schools.
- [Translation Agency of Alberta](#)

LOW INCOME

Alberta Supports Lower Income

- [Website](#)

MILITARY FAMILIES

Canadian Forces Personnel and Family Support Services

- [Website](#)

Edmonton businesses offering military discounts

- [Website](#)

NOT FOR PROFIT ORGANIZATIONS

Child and Adult

Inclusion Alberta (formerly Alberta Association for Community Living)

- [Website](#)

Voice of Albertans with Disabilities (used to be Alberta Committee for Citizens with Disabilities) actively promotes full participation in society and provides a voice for Albertans with disabilities.

- [Website](#)

Alberta Easter Seals is a program that works with the physically disabled. A caseworker from the Easter Seals Program will review the application and clarify the needs of the individual.

- [Website](#)
- Phone: Edmonton 780.429.0137
Calgary 403.235.5662

Autism Society of Edmonton Area

- [Website](#)
- [ASEA's Next Steps](#) (Guide to Autism Resources)

Autism Calgary is a member based community charity focused on supporting individuals and families affected by an Autism Spectrum Disorder. They run monthly support groups and are actively involved in engaging and supporting collaboration to evolve services and systems to meet the changing needs of the autism community. They also act as a source of information/referrals on programs and service providers working with individuals with an ASD.

- [Website](#)

- Email: info@autismcalgary.com
- Telephone: 403-250-5033

Burns Memorial Fund (Calgary only) provides educational grants for the children of police officers and firefighters, offers financial assistance to meet the health, education and recreation needs of children living in low-income situations and supports registered charities focused on low-income children.

- [Website](#).

Canadian Cancer Society has partnered with Westin Hotels to provide free nights' accommodation for patients receiving active cancer treatment in Edmonton or Calgary. The Westin can be contacted at 780.426.3636 (Edmonton) or 403.266.1611 (Calgary). Ask for the accommodations manager.

- [Webpage on Travel and Accommodations](#)

Community Agencies – For a directory to a variety of community agencies,

- [Website](#).

CTV Good Neighbor Fund is a charitable organization that **may provide** limited assistance to those individuals/families requiring support in exceptional cases not covered by other funding.

- [Website](#)
- Phone: 780.486.9215
- Fax at 780.484.4426

Cystic Fibrosis Society of Canada provides a resource guide for persons living with Cystic Fibrosis and/or their caregivers.

- [Website](#)

Disability Organizations in Alberta

- [Website](#)

Learning Disabilities Association of Canada (LDAC) – “has provided understanding and support to people with learning disabilities, their parents, teachers and other professionals. Working with our network of provincial/territorial and local partners, we provide cutting edge information on learning disabilities, practical solutions, and tools you can use”.

- [Website](#)

Making Changes- This Calgary based organization’s mission is to empower “women in transition by providing relevant programs, services and resources”.

- [Website](#)

Muscular Dystrophy Canada has a loan program that may provide basic medical equipment such as scooters, manual and electric wheelchairs and hospital beds. Some funding may be available for the purchase of new equipment.

- [Website](#)
- [Webpage – Equipment Program: Western Canada](#)

Opportunities for the Disabled provides online grant applications for medical equipment.

- [Website](#)
- Phone: 1.877.856.3833.

President’s Choice Charity

- Phone: 1.866.996.9918
- [Website](#)
- [Webpage: Special Needs Assistance](#)

Safeway-Mobility aides for persons with Muscular Dystrophy

- [Safeway Mobility Grant: Western Canada](#)

Spinal Cord Injury Alberta offering support, direct service, information and advocacy to Albertans with spinal cord injuries and other physical disabilities.

- [Website](#)

The Association for Persons with Severe Handicaps (TASH) formerly called The Association for the Severely Handicapped (TASH)

- [Website](#)

The Kidney Foundation may provide short term, urgent assistance to individuals living with kidney disease. Application can be made through renal social workers at hospital renal programs, community health units or kidney care clinics. Eligibility criteria must be met.

- [Website](#)

The Lending Cupboard is a registered not-for-profit society that lends medical equipment at no cost to the people of Central Alberta. Their equipment is available to people of all ages and income levels.

- [Website](#)
- Phone: 403.356.1678

The Lung Association of Alberta may assist persons undergoing a lung transplant with a Lung Transplant Assistance gift basket. Such items as gift certificates towards parking, gas, food and accommodation may be included as well as medical equipment such as: blood pressure cuffs, micro spirometers, scales, and thermometers may be included. Eligibility criteria must be met. For more information contact the transplant social worker at the University of Alberta Transplant Program.

- [Website](#)

PLAN Edmonton (Planned Lifetime Advocacy Network Edmonton) is a non-profit charitable organization that supports individuals living with physical, mental and intellectual challenges

and their families by facilitating social connections and intentionally building authentic relationships.

- [Website](#)

The Salvation Army store locator provides contact information for Salvation Army outlets across Alberta.

- [Website](#)
- Phone: 1.800.725.2769

The Sinneave Family Foundation (SFF) is a Calgary-based national organization dedicated to building successful futures for adolescents and adults living with Autism Spectrum Disorders (ASD). The Sinneave Family Foundation provides access to dedicated experts to work directly with families of children of any age who have a diagnosis of Autism Spectrum Disorder. SFF's Navigators are committed to providing insight to families regarding the various challenges they may face and resources available. Contact info: Sinneave Resource Centre 403-210-5000 x2037 or visit the [website](#).

Ability Hub – an innovative center designed to help youth with autism spectrum disorder or ASD transition to adulthood. A specially designed 17,000-square-foot facility located on the University of Calgary campus, the Ability Hub has ASD-sensitive architectural features such as sound dampening paneling and floor tiles, lights that don't flicker or buzz, and color-coded signage. It also has classrooms, therapy rooms and a self-contained apartment where users can practice independent living skills such as cooking and laundry. The Ability Hub is funded by the Sinneave Family Foundation, a Calgary-based national organization established in 2008 to help build better futures for teens and adults with ASD. Contact: Sinneave Resource Centre 403-210-5000 x2037 or visit the [website](#).

Resource Database Directory of Autism and Disability

Organizations in Alberta – Sinneave Family Foundation – a free, fully searchable online listing of more than one hundred Alberta organizations and services working with autism and other developmental disorders. The database is searchable by using key words. It also allows searches by organization type, the age of the individual with ASD, the part of Alberta the organization serves, a specific diagnosis or the programs & services required.

- [Website](#)

Suit Yourself- “is an Edmonton-based charitable organization which collects and distributes quality clothing and accessories, free of charge, to low-income women who are seeking employment or making a transition in the workforce”.

- [Website](#)

[Wheelchair.ca](#) lists possible funding sources for equipment as well as a list of automotive manufacturers that give rebates for those who must alter their vehicle to accommodate a person with physical disability.

- [Website](#)

Child

A Child’s Voice Foundation is a “national not for profit organization dedicated to creating and managing programs that provide tangible help and will make a difference in the lives of financially disadvantaged children in Canada”. Their goal is to “support and enhance the physical and emotional well-being of these children by providing products and services not otherwise provided by levels of government, insurance or other organizations”. Applicants may be asked for medical verification of a child’s condition and income information. Angel Hair for Kids is a part of this organization and may provide a wig for a child with hair

loss. For further information and eligibility criteria visit the [website](#) or call the foundation toll free at 1.888.837.3354.

- [Website](#)
- Phone: toll free 1.888.837.3354

Children's Ability Fund may support families in northern Alberta with the purchase of equipment.

- [Website](#)

For the Love of Children Society Alberta may assist with treatment, rehabilitation, equipment and supply costs.

- [Website](#)

Jump Start Kids aged 4 to 18 from families in financial need can receive funding to help with sports registration fees, equipment and/or transportation.

- [Website](#)

KidSport- “provides support to children in order to remove financial barriers that prevent them from playing organized sport”.

- [Website](#)

The Dawn Land Children’s Health Care Foundation is a “registered non-profit charity dedicated to “...improving the quality of life for terminally and chronically ill children...”

- [Website](#)

PARENTING

Resources

Miriam Foundation: Autism Central

Supports rehabilitative, socio-professional and residential services to more than 800 people living with ASDs and IDs. Many of these services are offered through CRDITED Miriam and accommodate

individuals of every age, regardless of their financial or family situation.

- [Website](#)

Baby/Children websites

- [Baby Center](#) offers tips for parents on everything from budgeting to nutrition.
- [Service Canada - Having a Baby](#)
- [Baby on the Way](#)
- [Canadian Mother Resource](#)
- [the bump](#)
- [Parenting](#)

Children's Mental Health Learning Series

- [Link to session](#)

Parenting Supports

- [Connect with other families - Human Services webpage](#)
- [Family Resource Facilitation Program](#) (pdf)
- [Inform Alberta province wide service directory](#)
- [Find a Parent Link Centre](#)

Edmonton's Child Magazine

- [Website](#)

Edmonton Public Schools offers a variety of programming to assist students with unique needs (such as cognitive disabilities with significant academic delays, children with average to high IQ's with learning disabilities. The students must be between five and a half and nineteen years and must meet eligibility criteria.

- [Website](#)
- Phone: 780.429.8000

Family & Community Resource Centre (FCRC) creates a comfortable and friendly place at the Alberta Children's Hospital for families, healthcare professionals and community members to access credible health information, community resources and individualized supports.

- [Website](#)

Nobody's Perfect is a “parenting education and support program for parents of children from birth to five. It is designed to meet the needs of parents who are young, single, socially or geographically isolated or who have low income or limited formal education”. The Public Health Agency of Canada promotes this program.

- [Website](#)
- Alberta: 9321 Jasper Avenue, Edmonton AB T5H 7K9
- Tel: 780-429-4787
- Email: info@ahvna.org

Teaching Sexual Health was developed by Alberta Health Services to provide you with information, resources and strategies to help you talk with your child or teen about sexual health.

- [Link to Teacher and Parent Portal](#)

Parent Resource Centres – check out the following links:

- [Camrose Family Resource Centre](#)
- [Native Counseling Services of Alberta](#)
- [Sunflower Community Resource Program](#)
- [Terra Association](#)
- [We Connect You](#)
- [Wellspring Family Resource and Crisis Centre](#)
- [Western Rocky View Family and Community Resource Centre](#)

Single Parenting

- [Meetup - single parent support group](#)

School fees - Public or separate schools may lower or eliminate school fees for parents who cannot afford them. For more information, speak with your school principal.

The Family Portal of the Positive Behavior Supports for Children is a series of three, related websites developed by Mount Royal University for use by families, aides and school staff that offer practical, evidence-based strategies for supporting children with disabilities and their families.

The family website was written by parents for parents and includes strategies related to:

- Promoting adaptive behavior, learning and development;
- Minimizing and managing challenging behaviors;
- Working effectively with service teams both at home and at school;
- Planning for common life transitions; and
- Maintaining and improving the well-being of the entire family.
- [Link to website](#)

Triple P Parenting – the Positive Parenting Program is designed to assist parents through each developmental stage by providing seminars, tip sheets and videos. More information is available on their website.

- [Website](#)
- [Stepping Stones Triple P](#) for parents who have children with disabilities

Special Education coding criteria - this information outlines criteria within specific categories to help school authorities identify

those children and students who require special education programming.

- [Website](#)

RURAL RESOURCES

Northwest Region

- [Fox Creek Community Resource Centre \(CRC\)](#)
- [Grande Cache - Community Directory](#)
- [High Level - Clubs and Organizations](#)
- [Manning - Family and Community Support Services \(FCSS\)](#)
- [Community Resource Listing \(pdf\)](#)
- [Slave Lake - Community Services](#)
- [Vermilion and District - Clubs and Organizations](#)
- [Rainbow Lake | Community Services](#)
- [McLennan](#)
- [Slave Lake](#)

Northeast Region

- [Fort McMurray - Community Links](#)

North Central Region

- [Athabasca](#)
- [Barrhead - Clubs and Halls](#)
- [Bonnyville - Family and Community Support Services \(FCSS\)](#)
- [Cold Lake - Family and Community Support Services \(FCSS\)](#)
- [Edson - Community Services](#)
- [Hinton - Resource Directory](#)
- [Jasper - Community Programming](#)
- [Lac La Biche](#) – FCSS and Community Development

- [St. Paul - Family and Community Support Services \(FCSS\)](#)
- [Westlock - Community Support Services](#)
- [Whitecourt - Residents - Community Resources](#)
- [Vegreville - Community Services Directory](#)
- [Swan Hills](#)

Edmonton Region

- [Fort Saskatchewan - Family and Community Support Services \(FCSS\)](#)
- [Spruce Grove, Stony Plain, Parkland County - Community Resource Directory](#)
- [Stony Plain - Services for Living](#)
- [Strathcona County - Family and Community Services](#)
- [Leduc](#)

Central Region

- [Camrose - Family and Community Support Services \(FCSS\)](#)
- [Didsbury](#)
- [Drayton Valley - Family and Community Support Services \(FCSS\)](#)
- [Golden Prairie - Parent Link Centre](#)
- [Lloydminster](#)
- [Olds](#)
 - [Community Directory](#) (pdf)
- [Rocky Mountain House - Community Directory](#)
- [Stettler - Community Service Groups](#)
- [Vermilion](#)
 - [Vermilion Regional Directory](#) (pdf)
- [Wainwright](#)
- [Wetaskiwin](#)

Calgary Region

- [Airdrie](#)
- [Banff - Resource Directory](#)
- [Black Diamond](#)
- [Canmore - Family & Community Services](#)
- [Chestermere](#)
- [Claresholm - Family and Community Support Services \(FCSS\)](#)
- [Cochrane - Parent Link Centre](#)
- [Stavely](#)
- [Strathmore](#)
- [Turner Valley - Community Groups](#)
- [Vulcan](#)

South Region

- [Barons - Eureka - Warner - Family and Community Support Services \(FCSS\)](#)
- [Cardston - Community Profile & Directory](#)
- [Crowsnest Pass](#)
- [Fort Macleod - Family and Community Support Services](#)
- [Milk River](#)
- [Oyen](#)
- [Pincher Creek - Residents](#)
- [Red Cliff](#)

SCHOLARSHIPS AND BURSARIES

Alberta Blue Cross

- [Website](#)

Alberta Scholarship and Bursary program

- [Website](#)

Canadian Subsidy Directory

- [Website](#)

Mattinson Endowment Fund Scholarship for Disabled Students

- [Website](#)

Savings plans, grants and bonds for persons with disabilities

- [Website](#)

SPEECH LANGUAGE THERAPISTS

Alberta Speech Language Association of Private Practitioners

- [Website](#)

TRANSITION PLANNING

Regional

South Region

Family Voices Network - South Region

- Inclusion Alberta formerly the Alberta Association for Community Living (AACL) developed networks of families, known as Family Voices, in each of six regions of the province to advocate regionally on behalf of children and adults with developmental disabilities. The Family Voices South Network can assist families

from South Region in connecting with planning resources in their region.

- Contact: Alberta Association for Community Living:
780.451.3055, toll free within Alberta: 1.800.252.7556.
- [Email](#)
- [Website](#)

Calgary Region

- The **Sinneave Family Foundation** (SFF) is a Calgary-based national organization dedicated to building successful futures for adolescents and adults living with Autism Spectrum Disorders (ASD). The Sinneave Family Foundation provides access to dedicated experts to work directly with families of children of any age who have a diagnosis of Autism Spectrum Disorder. SFF's Navigators are committed to providing insight to families regarding the various challenges they may face and resources available.
 - Contact: Sinneave Resource Centre 403-210-5000 x2037
 - [Website](#)
- The **Ability Hub**, an innovative centre designed to help youth with autism spectrum disorder or ASD transition to adulthood. A specially designed 17,000-square-foot facility located on the University of Calgary campus, the Ability Hub has ASD-sensitive architectural features such as sound dampening panelling and floor tiles, lights that don't flicker or buzz, and colour-coded signage. It also has classrooms, therapy rooms and a self-contained apartment where users can practice independent living skills such as cooking and laundry. The Ability Hub is funded by the Sinneave Family Foundation, a Calgary-based national organization established in 2008 to help build better futures for teens and adults with ASD.
 - Contact: Sinneave Resource Centre (403) 210-5000 x2037
 - [Website](#)

- **Alberta Children’s Hospital (Calgary)**

The “Well on Your Way: Youth in Transition” program provides services for youth with special health care needs as they prepare for the transfer from pediatric to adult medical care. Parents are also provided support with their changing role in their child’s care.

 - Contact: Youth Transition Co-ordinator: 403-955-7252.
 - [Website](#)

- **Calgary Alternative Employment Services:**
 - [Website](#)

- **Calgary SCOPE Society**

Is a service provider agency that provides supports to families with most of the transition process, including the completing of applications for adult services. The **Gateways** program provides families who have a child with a developmental disability and are eligible for FSCD with information about resources in the community and may also assist them to get connected to various services appropriate to the child with special needs. Contact Information for Calgary SCOPE Society follows.

 - Phone: 403-509-0200
 - Address: Suite 211, 2323-32 Avenue NE, Calgary, AB T2E 6Z3
 - [Website](#)

- **Columbia College-** programs for persons with Developmental Disabilities including entry level employment skills training and work experience, visit:
 - [Website](#)

- **Gateways Program** – Gateways is a free service that supports families raising children ages 0 to 18 with developmental

disabilities, connecting families to resources and services in the community

- Contact: 403-717-7696
- [Website](#)

- **McMan Youth, Family and Community Services Association** in Calgary employ an Inclusion Coordinator to assist families with Transition. **Milestones** are a home-based program that provides support to families who have a child with a developmental disability and who receive funding through Family Support for Children with Disabilities (FSCD). Families can access a Coordinator who will meet with the child and parents to support them in increasing parenting skills, building extended support networks, and increasing community inclusion.
 - Contact: 403-508-7668
 - [Website](#)

- The **Children's Link Society** is a family-centered, community-based, central access point of information for families of children with special needs in Calgary and Area. The Children's Link Society provides drop-in and phone support in walking through steps of transition.
 - Contact: 403-230-9158
 - Address: Suite 245, 720 - 28th Street N.E.
Calgary, AB. T2A 6R3
 - [Website](#)

Central Region

- Persons with Developmental Disabilities (PDD) Central region may assist in arranging to use an independent facilitator to assist with Person-Centred Planning:
 - Contact: Projects Specialist
 - PDD Central Region Community Board (Red Deer)
 - Phone (403) 340-7778

Edmonton Region

- **Disability Outreach, Edmonton** may provide education and employment opportunities.
 - [Website](#)

North Central

- Contact: Community Outreach Specialist
Human Services
Phone: 780 305-2447 Fax: 780 305-2444

Northwest Region

- **Centerpoint Facilitation Inc.** specializes in person centered approaches through planning sessions, facilitation, and training opportunities. Some of these services are available at no cost to families involved with PDD.
 - [Website](#)

Groups and Associations

Inclusion Alberta formerly Alberta Association for Community Living (AACL) is a family based non-profit federation that advocates on behalf of children and adults with developmental disabilities and their families. Together, we share a dream of meaningful family life and community inclusion for individuals with developmental disabilities. As an advocacy organization we support families and individuals in their desire to be fully included in community life.

- [Website](#)

Alberta Disabilities Forum (ADF) - May assist with the transition from school to the workplace.

- [Website](#)

Autism Speaks Transition Tool Kit

- [Website](#)

Disability Related Employment Supports (DRES) - “addresses the disability related barriers limiting access to education and employment.

- [Website](#)

Family Voices Alberta is divided into six geographical regions - Northwest, Northeast, Edmonton, Central, Calgary and South. Inclusion Alberta formerly AACL has developed a network of families, known as Family Voices, in each region of the province to advocate regionally on behalf of children and adults with developmental disabilities. These Family Voices networks are working with school districts to improve inclusive education, with child and family services authorities to improve supports to families and with Persons with Developmental Disabilities Community Boards to improve supports to adults with developmental disabilities. Each network is supported by an

AAFL Family Voices Advocate. Financial support to develop these networks is provided Social Development Canada, Persons with Developmental Disabilities Community and Provincial Boards and Human Services.

- [Website](#)

Gateway Association for Community Living - Located in Edmonton, the Gateway Association offers parent resources including an online forum and transition planning workshops.

- [Website](#)

Inclusion Press International creates person centered resource materials for training events, public schools, high schools, community colleges, universities, human service agencies, health organizations, government agencies, families, First Nations organizations - nationally and internationally.

- [Website](#)

PLAN (Planned Lifetime Advocacy Network) Description: Planned Lifetime Advocacy Network (PLAN) is a family-led organization founded to secure the future for people with disabilities. PLAN began in 1989 when a small group of parents gathered to consider how they could best support their son or daughter with a disability. The families who founded PLAN searched and discovered solutions to securing the future for loved ones with disabilities.

- [Website](#)

Transition Planning for Youth with Developmental Disabilities, April 2011

- Author: Vecova (formerly the Vocational Rehabilitation and Research Institute)
- Description: A guide to transition planning specific to PDD Calgary Region, developed by the partnership between the Calgary Board of Education Adapted Learning Program and Vecova. Includes an example of an Individual Transition Plan.
- [Website](#)

TRANSPORTATION

Take Charge of Your Travel: A Guide for Persons with Disabilities Canadian Transportation Agency

- [Webpage](#)

City of Calgary low monthly income pass

- [Calgary Webpage](#)

City of Edmonton

- [AISH Subsidized Transit Pass Program](#)
- [Donate A Ride](#)

Hope Air

Arranges free flights to get financially-disadvantaged Canadians to the healthcare they need.

- [Website](#)

Parking Placard Application for Persons with Disabilities

- [Click here to load fillable pdf](#)

OTHER

Access 2 Entertainment card for caregivers –may provide persons with a disability to receive either free admission or a significant discount for their support person at member movie theatres and attractions across Canada.

- [Webpage](#)

Behavioural Supports Alberta (BSA)

A community of research, interest and practice. BSA is a provincial network of service providers, caregivers, policy and decision makers, researchers, and academics interested in supporting:

- Individuals across the lifespan with congenital, acquired or developmental disabilities, mental illness, addictions, brain injury, dementia, and other neurological conditions who exhibit challenging responsive behaviours
- Those who support or offer care to them.
- [Website](#)

City of Edmonton

The City of Edmonton's strategic plan, [The Way Ahead](#), is moving the city towards a bold vision for the future, including:

- Improving livability for people of all abilities and backgrounds.
- Developing facilities and infrastructure that are accessible by all.
- Improving accessibility throughout the city by enforcing municipal bylaws.

While City initiatives have seen positive results, we can do more to raise awareness of our population's diverse needs.

[Measuring Up Edmonton](#) is aimed at organizations, businesses and individuals who wish to become more accessible to people with a range of abilities.