

# Supports for Families of Children and Youth with Fetal Alcohol Spectrum Disorder (FASD)

## Family Support for Children with Disabilities (FSCD)

The FSCD program helps families identify and access services and supports to strengthen families' ability to promote their child's healthy development and encourage their child's participation in activities at home and in the community. FSCD is not based on particular diagnoses but rather the impact the disability has on a child and family. Children might be diagnosed with something prior to an FASD diagnosis and that does not limit the support a family receives. FSCD looks at the child's daily functioning and not their disability when assessing for services.

FSCD staff work together with parents and their community partners, including their local FASD Service Network, to coordinate services to address the family's and child's needs. Along with providing information and referrals, FSCD provides funding for a wide range of supports and services based on each family's individual needs, which may include:

- Individual and Family Counselling;
- Respite services;
- Aide supports;
- Child care supports;
- Specialized services for families of children with severe disabilities;
- Out of home placements; and
- Assistance with some of the disability-related costs for:
  - Attending medical appointments;
  - Clothing and footwear; and
  - Health-related needs such as dental care, medical supplies, ambulance and prescription drugs, formulas or diets.

Families are responsible for all of the costs typically associated with raising a child.

Visit the [FSCD website](#) to find out more about the program. Some information on the website includes:

- A [Frequently Asked Questions](#) section;
- A [Publications](#) section that has the FSCD Regulations which outlines the FSCD services with the maximum amounts;
- A [Resources](#) section with a resource list, a link to the Positive Behaviour Supports for Children website that has evidence-based strategies, and information on the Triple P Positive Parenting Program that may be helpful to you; and
- A [Concerns Resolution](#) Process section that outlines what to do if you disagree with a decision regarding the FSCD program.

Visit the [Alberta FASD website](#) to find out more information on FASD in Alberta. The website includes information on resources, programs, local FASD Service Network contacts, and the FASD learning series which consist of webcasts for individuals with FASD and their caregivers to learn more about FASD.

## Supports for Families of Children and Youth with FASD

AGE	EDUCATION	HEALTH Alberta Health Services	HUMAN SERVICES			COLLABORATIVE SUPPORTS
			Family Support for Children with Disabilities (FSCD)	Supports for Permanency (SFP)	Fetal Alcohol Spectrum Disorder (FASD) Service Networks	
0-6 years old	<ul style="list-style-type: none"> <li>Program Unit Funding (PUF) is available to approved ECS operators for young children from 2½ to age 6. These children have been assessed with a severe disability/delay.</li> </ul>	<ul style="list-style-type: none"> <li>Early intervention programs for children who are between birth and 3½ years of age and have developmental delays</li> <li>Assessment and treatment clinics/services</li> <li>Rehabilitation services (e.g. speech-language, physical therapy etc.)</li> </ul>	<p><u>0-18 YEARS</u></p> <ul style="list-style-type: none"> <li>FSCD supports are available to families of children with disabilities.                             <ul style="list-style-type: none"> <li>FSCD and SFP coordinate supports to families to prevent duplication and gaps in supports and services.</li> </ul> </li> </ul>	<p><u>0-18 YEARS</u></p> <ul style="list-style-type: none"> <li>Provides financial support to families who adopt or obtain private guardianship of children in permanent government care.</li> </ul>	<p><u>ACROSS LIFESPAN</u></p> <ul style="list-style-type: none"> <li>Community based coordinated assessment and diagnosis</li> <li>Targeted and indicated prevention</li> <li>Support services for people affected by FASD and their caregivers.</li> </ul>	<ul style="list-style-type: none"> <li>PUF/FSCD Common Approach: Human Services and Education partner to deliver integrated services for children with severe disabilities and their families.</li> <li>FASD Service Networks: Health, Human Services, and Community Partners</li> </ul>
6-18 years old	<ul style="list-style-type: none"> <li>Every student or ECS child who is identified with special education needs must have an individualized program plan (IPP). Schools put a learning team in place to provide consultation, planning, and problem solving related to programming for students with special education needs.</li> </ul>	<ul style="list-style-type: none"> <li>Mental Health Services</li> <li>Addiction services</li> <li>Rehabilitation services (e.g. speech-language, physical therapy etc.)</li> </ul>	<ul style="list-style-type: none"> <li>Work with youth and families on transiting to adulthood and coordinating access to adult programs.</li> </ul>			<ul style="list-style-type: none"> <li>Regional Collaborative Service Delivery (RCSD): Education, Human Services and Health partner to ensure that the children and youth in any given region have streamlined and coordinated access to supports and services they need to be successful in school and in their community.</li> <li>FASD Service Networks: Health, Human Services, and Community Partners</li> </ul>
Family Support	<ul style="list-style-type: none"> <li>PUF: Family orientated programming sessions</li> </ul>		<ul style="list-style-type: none"> <li>FSCD supports are to support the family of a child with a disability.</li> </ul>		<ul style="list-style-type: none"> <li>Supports for caregivers of individuals with FASD.</li> </ul>	
More Info	<a href="#">Education Website</a>	<a href="#">Health Link Alberta Website</a>  Health Link Alberta toll-free 1-866-408-5465 (LINK)	<a href="#">FSCD Website</a>	<a href="#">SFP Website</a>	<a href="#">FASD Service Network brochure</a>  <a href="#">Provincial FASD Service Networks</a>	<a href="#">RCSD</a> <a href="#">FASD Service Networks</a> <a href="#">PUF/FSCD</a>

- Talk to your FSCD worker or FASD Service Network about accessing the above supports and other community supports that are not listed.
- Alberta Supports has information on social-based programs and services offered by the Government of Alberta. Visit [albertasupports.ca](http://albertasupports.ca) or call 1-877-644-9992 toll-free in Alberta and 780-644-9992 in Edmonton.