

MY PERSON CENTERED PLAN

NAME: _____

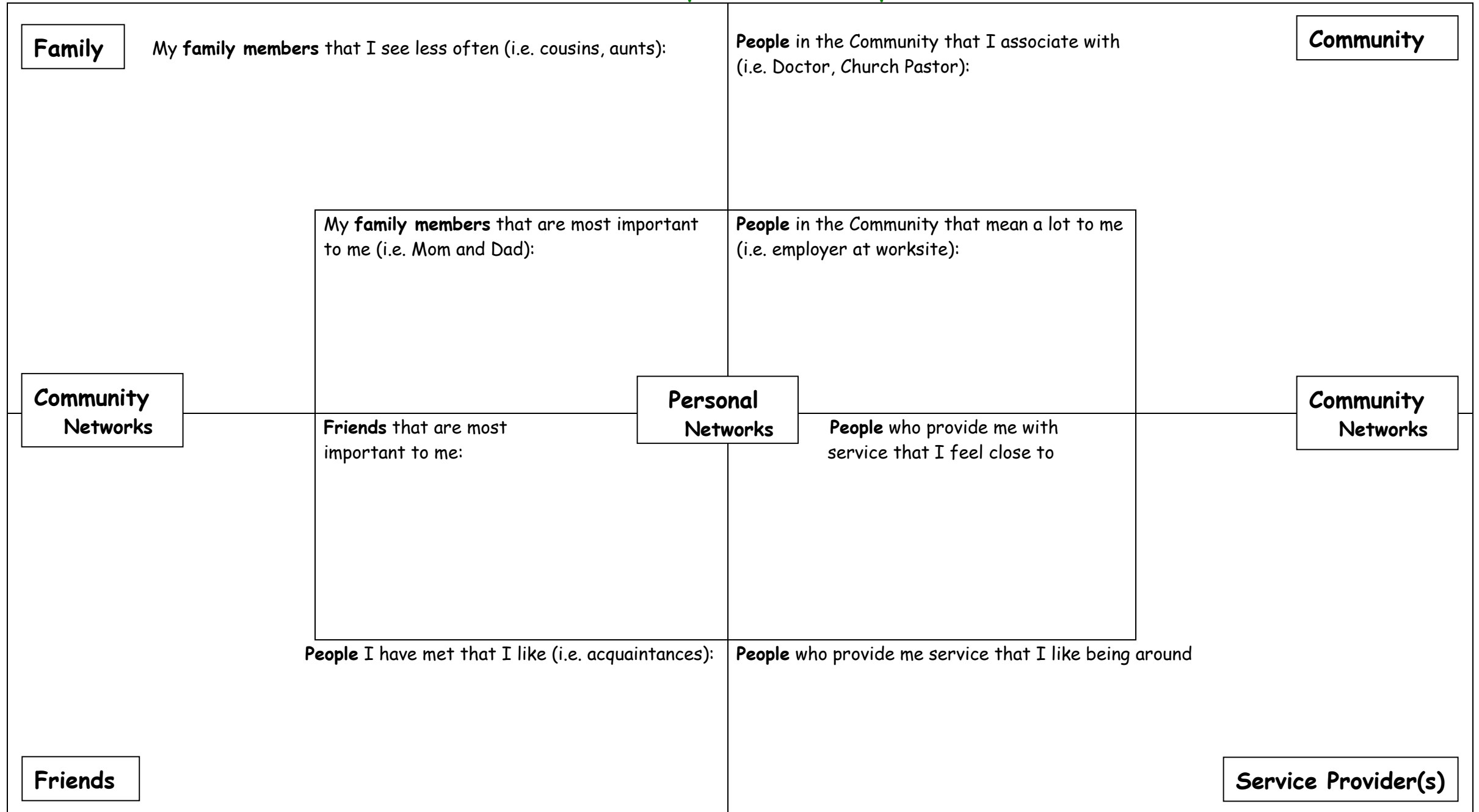
Date: _____

Section 1



My Relationships...

These are the **relationships** that are **important to Me**



Family

My family members that I see less often (i.e. cousins, aunts):

People in the Community that I associate with (i.e. Doctor, Church Pastor):

Community

My family members that are most important to me (i.e. Mom and Dad):

People in the Community that mean a lot to me (i.e. employer at worksite):

Community Networks

Personal Networks

Community Networks

Friends that are most important to me:

People who provide me with service that I feel close to

Friends

People I have met that I like (i.e. acquaintances):

People who provide me service that I like being around

Service Provider(s)

Section 2



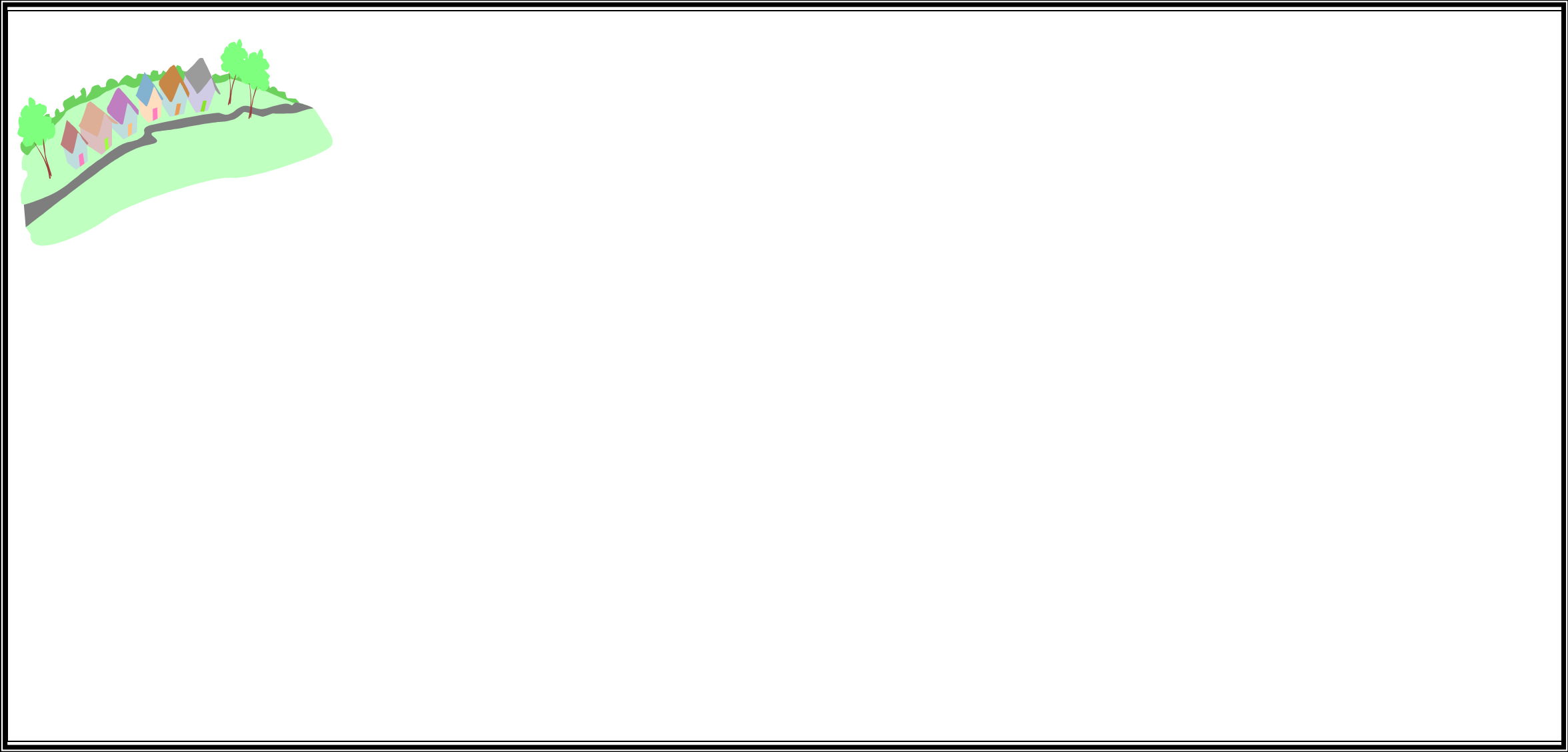
My Life Now...

2.1 A snapshot of ME and MY HOME



A large, empty rectangular box with a black border, intended for a drawing or writing related to the 'MY HOME' section.

2.2 A Snapshot of MY COMMUNITY CONNECTIONS

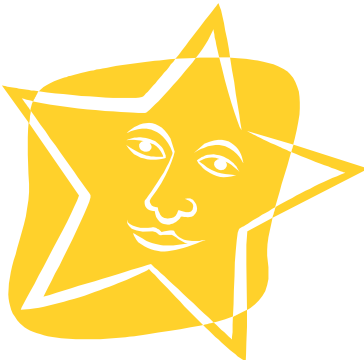


2.3 A Snapshot of MY WORK or VOLUNTEER ACTIVITIES



A large, empty rectangular box with a double-line border, intended for writing a snapshot of work or volunteer activities.

2.4 A Snapshot of MY PDD OR OTHER PAID SERVICES



A large rectangular box with a double-line black border, intended for a snapshot of PDD or other paid services. In the top-left corner of the box is a yellow star with a human-like face inside it, including eyes, a nose, and a smiling mouth.

2.5 MY WEEKLY CALENDAR - RIGHT NOW



<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>

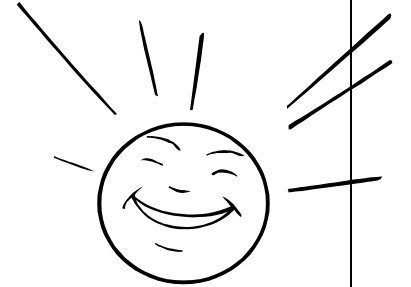
Section 3



My Interests and
Gifts...

3.1 These are some **great things** about **me** ...

3.2 These are some **things** that **I am good at** ...

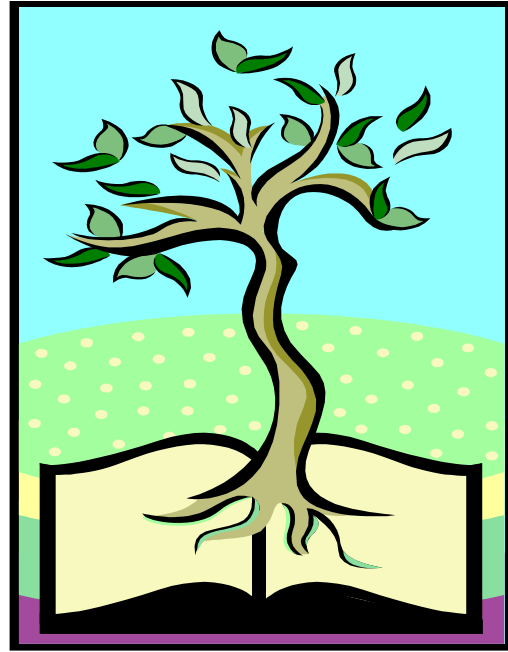


3.3 These are **things I am interested in** ...

3.4 These are some **things I enjoy doing** ...

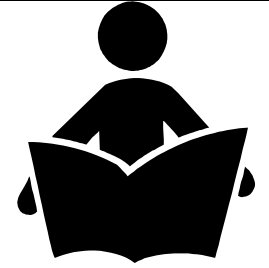


Section 4



My Learning...

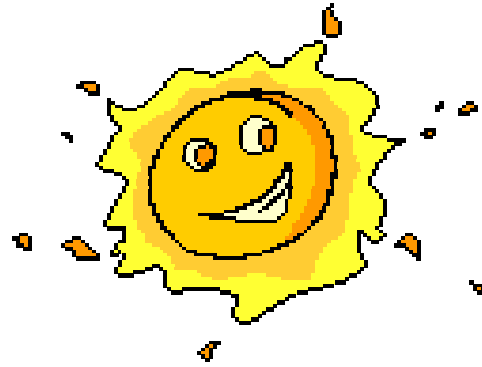
4.1 This is what I am **learning** to do now ...



4.2 These are **other things** I would like to **learn** ...



Section 5



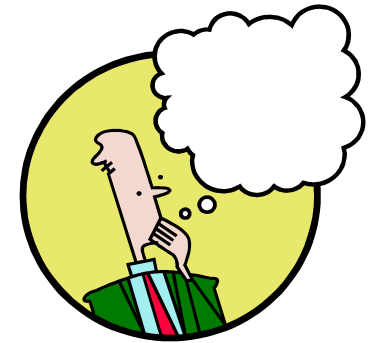
My Life...

Likes and Changes...

5.1 What do **I like** about **my life**?



5.2 What would **I change** about **my life**?

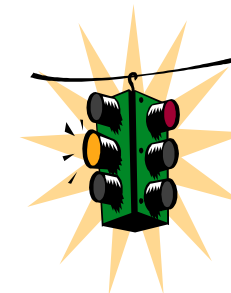


Section 6



How to Listen to Me...

6.1 RED LIGHT - GREEN LIGHT



Things that Do Not Work for Me

You Can Do This Instead

6.2 How YOU can Hear ME!

What is happening around ME?	This is what I am doing...	This is what I am trying to tell you...	I need you to do this...

Section 7

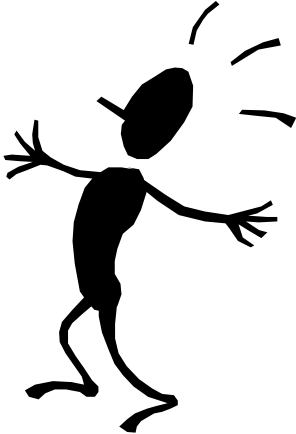


My Contributions and
Dreams...

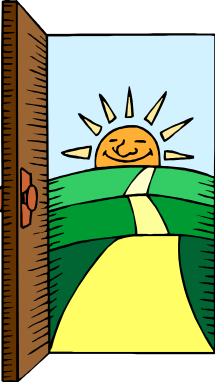
7.1 My Personal Qualities to Appreciate and Enhance:



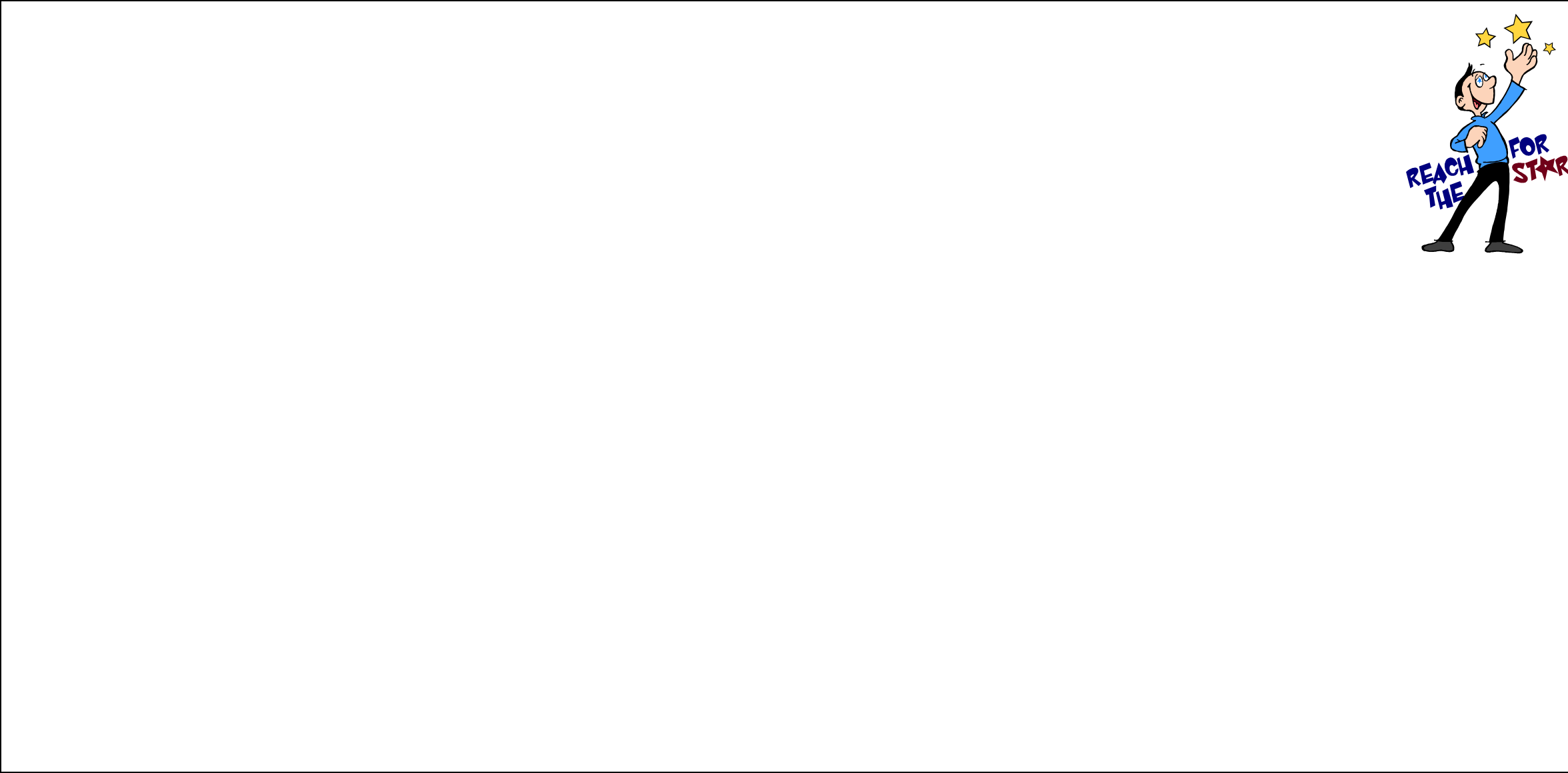
A large, empty rectangular box with a blue border, intended for writing personal qualities. The box is mostly blank, with a small black stick figure in the top right corner.



7.2 My DREAMS for MY LIFE







7.3 Themes, Gifts, and Interests That Seem To Be Developing for ME:



A large, empty rectangular box with a thin black border, intended for the user to write their responses to the section header.



7.4 Opportunities in SOCIAL ROLES and COMMUNITY CONNECTIONS

<p>GIFTS</p> <p>THEMES, INTERESTS, GIFTS, and MEANINGFUL CONNECTIONS I WANT TO FOCUS ON RIGHT NOW</p>	<p>WHERE</p> <p>WHERE IN MY COMMUNITY and HOME ARE THERE OPPORTUNITIES TO EXPERIENCE AND SHARE THESE THEMES</p>	<p>SOCIAL ROLES</p> <p>WHAT POSSIBLE SOCIAL ROLES AND MEANINGFUL CONNECTIONS I WOULD LIKE TO EXPLORE IN RELATION TO MY INTERESTS, GIFTS OR THEMES</p>	<p>SUPPORT</p> <p>WHAT SUPPORT DO I NEED? WHAT NEEDS TO BE SET UP FOR ME TO EXPLORE MY SOCIAL ROLE</p>
			

7.5 This is how I would like my week to look (using personal, natural and other supports)



<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>

7.6 Important dates for me throughout the year

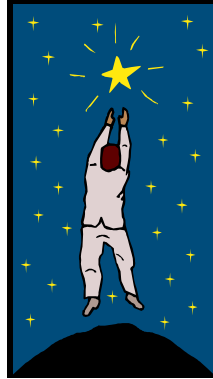
January	
February	
March	
April	
May	
June	
July	
August	
September	
October	
November	
December	

Section 8

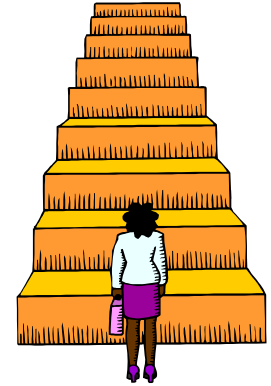


My Opportunities, Challenges and
Resources...

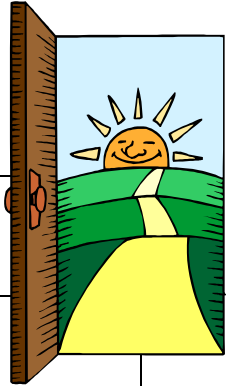
8.1 OPPORTUNITIES



8.2 CHALLENGES



8.3 RESOURCES AVAILABLE TO ME



ME	FAMILY	FRIENDS	COMMUNITY	PDD	OTHER



Section 9



My Vision of My Life...

9.1 FRIENDS, RELATIONSHIPS, AND COMMUNITY LIFE

VISION

(What Do I Want To Happen?)

Desired **OUTCOMES** and **SOCIAL ROLES**

CIRCLES OF SUPPORT/ACCOUNTABILITIES

(Who is going to help me achieve my vision?)

9.2 HOME

VISION

(What Do I Want To Happen?)

Desired OUTCOMES and SOCIAL ROLES

CIRCLES OF SUPPORT/ACCOUNTABILITIES

(Who is going to help me achieve my vision and what are going to commit to do?)

9.3 WORK / MEANINGFUL DAY/ ACTIVITIES

VISION

(What Do I Want To Happen?)

Desired **OUTCOMES** and **SOCIAL ROLES**

CIRCLES OF SUPPORT/ACCOUNTABILITIES

(Who is going to help me achieve my vision and what are going to commit to do?)

9.4 ANYTHING ELSE?

VISION

(What Do I Want To Happen?)

Desired OUTCOMES and SOCIAL ROLES

CIRCLES OF SUPPORT/ACCOUNTABILITIES

(Who is going to help me achieve my vision and what are going to commit to do?)

Section 10



My Plan for Renewal...

10.1 When I would like to Review my Person Centered Plan...

10.2 Where I would like to review my Person Centered Plan

10.3 Who I would like to help me in reviewing my Person Centered Plan...