

The background of the page features an abstract graphic design. It includes three large, overlapping circles in various shades of blue. Two thin, light blue lines intersect at the top left corner and extend diagonally across the page, passing behind the circles. The text is positioned on the left side of the page, within the white space.

The Hub on Ross Annual Report 2012

Written by
Rea Vanlie
Hub
Advisory
Committee
Volunteer

The Hub on Ross



The Hub on Ross

is currently in service to 1800 persons with a developmental disability in Central Alberta, helping all persons become involved with their community. As an active bridge for further learning, development, and continued connection, the Hub encourages a sense of belonging to foster friendships and partnerships between individuals and organizations.

On all levels, the Hub assists others for personal and social growth by addressing issues, encouraging discussions and assisting ALL persons with self-advocacy and the formulas for positive outcomes.

The Hub aids in the planning and implementing of activities that encourage self-expression, the celebration of individual abilities and the expression of the arts in all their forms.

Connections have been made through visual, performing, heritage, literary and musical arts, as well as, Natural History Initiatives.

As a key player in the Arts and Culture scene in Red Deer, we continue to provide opportunities year round for persons to participate in a safe, vibrant and thriving community environment.

Sharing resources and collaboration are important cornerstones to our sustainability and our model as a government service. This keeps our members connected and in the state of creation needed for fun and friendship to bloom.

We break down barriers through healthy interaction by providing opportunity for persons to participate in a safe and loving place they can call home away from home.

At the end of the day, we hope all who have entered, enjoy their time, had fun, felt engaged with others, and maybe even....met a new friend or two.

The Hub on Ross



Lucille & Lisa



Don Swift Performing



Canada World Youth



Community Connection

Engagement & Volunteerism

These are the hallmarks of the Hub on Ross and the coolness of the season didn't put a freeze on the warm environment of our community in connecting to the world at large. Canada World Youth frequented our Hub throughout the month and created a safe and inviting environment for young people who had traveled to Red Deer from Nicaragua & all parts of Canada. Youth mentoring and inclusion were a big part of this month's focus as the needs of those traveling abroad (some visiting Canada for the first time) were tended with great care by staff, Hub PDD partner volunteers, and community members at large. We showed movies, hosted culture festivities and partnered with C.A.R.E for a volunteer appreciation night as some of our events. Our youth and community volunteers really allowed our Hub space to shine!

Art Exhibit
SPIRIT OF THE PEOPLE
Stand-Up Medicine Bear
Thomas Francois

January 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Culinary Arts
(With Amy)
Music Gallery
(With Roland)
Thursday Night Film Series
(With Canada World Youth)
Jewelry for Somalia

Music and Entertainment

Don Swift
Dean Ray
Paeton Cameron
Amy Thiessen
Randi Boulton Singers
Bluegrass Music Jam

Special Delivery

Red Deer Art Club

Central Alberta Self Advocates

Central Alberta Residence
Society (CARS) Speaker Series

The Hub on Ross



Pasta Players Theatre



Dean Ray & Hub Dancers



Dave Painting Piano



Dave, Cindy & Meaghan
Painting Community Piano

Poetry & Literacy Expression

The Hub partnered with The Spoken Word Youth Choir, a unique and lively group that worked with our Hub members to bring to life the entertaining and theatrical side of the written word.

No body or voice was left out; each person had their part, their line, and their word to share with an audience. And what an audience it was! Community members from far and wide joined us for this unique and incredibly expressive event.

This event and others such as the cross-generational valentine cards through C.A.R.E. helped ensure that The Hub bustled with social activity and literary connections as members, volunteers, seniors, and youth in Red Deer shared their hearts and minds through creativity and personal expression.

Art Exhibit
TRANQUIL TRANSITIONS
Marjorie & Sheldon Robert

February 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Music Gallery
(With Roland)
Thursday Night Film Series
(With Canada World Youth)
Jewelry for Somalia

Music and Entertainment

Duane Hay
Rob McIver
Valentines DJ Dance
Joal Kamps
Calum Graham
Carolyn Harley & The Davidsons
Randi Boulton Singers
Bluegrass Music Jam

Special Delivery

Cultural Café with C.A.R.E.

Fetal Alcohol Spectrum Disorder
Learning Series

The Hub on Ross

Agencies of Hope



Mark & Cindy



CWY, Murray, Mark & Tanya painting wall art



Delbert, Cindy, Mark & Murray in Art Exhibit

Our focus during the month of March was on all the incredibly beautiful and needed organizations that support our communities, include our Hub members and make this place their supportive environment of choice.

The Hub on Ross became a home base for numerous agencies that bring hope to the larger community through education, advocacy, and fundraising on everything from Epilepsy to Fetal Alcohol Syndrome Disorder.

Our staff and Hub volunteers were always on hand with smiles and helping hands, often giving their time making posters, selling goods, tending to ticket sales and taking on leadership roles during numerous events.

One such newer event, which has now become an ongoing event, is the cultural cafe. It is a unique and lively discussion that allows participants from all walks of life and being to share their life experiences with other interested community members on a chosen topic at a bi-weekly or monthly luncheon.

Art Exhibit
ECCENTRIC EMBRACES OF
LANDSCAPES EXPRESSED
Rea Vanlie

March 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Music Gallery
(With Roland)
Thursday Night Film Series
(With Canada World Youth)
Jewelry for Somalia
Piano Painting

Music and Entertainment

Randi Boulton Singers
Bluegrass Music Jam
Gary Sponitz
Peter Christian
Dean Ray
Scott B & Friends
Steve Palmer
Randi Boulton
Don Swift CD Release Party
(With Mental Health)

Special Delivery

Human Trafficking in Central
Alberta education day

Master Rim Tae Kwon Do

Earthdance Planning

TedX Red Deer Planning

Purple Day Epilepsy Awareness

The Hub on Ross

Embracing the Individual Through Nostalgia & Entertainment

Art Exhibit
URBAN WILDERNESS
Wilson Harrowby

April 2012



'Elvis Evolution' with friends Rebecca & Adam



C.A.R.E. & Hub Volunteer Recognition Evening



Carlee, Jean, Bonnie, & Rose at the Teddy Bear Picnic

From the Elvis Evolution to the Teddy Bear Picnic, this month was a month of personal expression.

By remembering where we come from, by acknowledging the things we have loved, and by sharing our individual tastes with others, patrons of The Hub made it a hopping house of play.

Our community members came together to share their loves and interests in life through an eclectic blend of art, music, movement, theatre, and songs of the past. The Hub truly came to life!

Songs to remember were written and sung. Art walks were prepared and danced to completion.

And future entertainers were born!

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Music Gallery
(With Roland)
Thursday Night Film Series
(With Canada World Youth)
Jewelry for Somalia

Music and Entertainment

Adam Fitzpatrick/Elvis Impersonator
Duane Forrest
Paeton Cameron
Nathan Lee Gartner
Music Gallery with Roland & Scott
Bluegrass Music Jam
Randi Boulton Singers

Special Delivery

Toast Masters Speech Contest

FASD Education Series

Light Up The Night
(Soldiers of Fitness)

C.A.R.E. Volunteer Appreciation
Event

The Hub on Ross



Tanya & Rosemary



Brett Shanks & Friends of the Hub performing



Kylie, Kate & Jen



Gord, Dorris, Rob & Kylie

Community Recognition for Volunteerism and Achievement

We partnered with C.A.R.E to celebrate the hundreds of volunteers who make our community & world go round.

This month, The Hub nominated and supported our friend and community volunteer Kylie Morrison. Kylie received two awards of excellence in the area of volunteerism; The Rotary Young Citizen of the Year Award and The Red Deer Volunteer of the Year Award.

This month, we participated in the "Wheelchair for a Day" event through which the Canadian Paraplegic Association Initiative creates awareness and understanding of the barriers present in our everyday world for those who require a wheelchair for mobility. It was a wonderful learning experience and very eye-opening for all who participated.

Art Exhibit
WITH SPIRIT AND SOUL
Notre Dame High School Students

May 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
Yarn Works
Art with Wilson & Mary
Pop Dance Movers
Community Drum Circle
The Model Club
Creating With Carlee
Hand Bell Choir
The stage is yours
Anthony's Open Song

Music & Entertainment

Guitarist Jim McInnann
Justine Vandergrift
Joal Kamps
Neil McNairnay
Randi Boulton
Dean Ray
Brett Shanks
Bluegrass Music Jam
Randi Boulton Singers
Anthony's Sing a Long
Music Gallery with Roland and Scott

Special Delivery

World Day of Cultural Diversity for Dialogue and Development.

Council of Canadians and Rights Action host an information session on fair trade coffee (High Plains Farmers Development Cooperative)

City Advisory Committee

Watershed Alliance Connection

Wheelchair for a Day
(With CPA Initiative)

The Hub on Ross



Shawn & Family



Think 'BIG' with Lucille
Animal Companion Therapy



Betty, Bonnie & Kelly in the
Local First Market



Right On Theatre

Community Engagement & Leadership

This month we celebrated a new partnership with the Red Deer downtown core & the Downtown Business Association with the launching of the Community Patio outside our front doors for the first time. Hundreds of newcomers to The Hub saw and heard what happens inside our doors and met our members who actively participated in the weekly festivities.

During the month we were all reminded of the importance of community and connection, as well as the forward thinking leaders who make those connections take place.

We're talking about you, Hub members! You blew us away with your warmth and generosity this month.

This month also gave us a special screening of the movie "One", a documentary showing the importance of not living a life of isolation. This reminded us that The Hub is a choice for individuals avoiding isolation; helping them create a life with connection, community and colour.

Art Exhibit
IN THE GARDEN
The Red Deer Arts Club

June 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand Bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Music Gallery
(With Roland)
Thursday Night Film Series
(With Canada World Youth)
Jewelry for Somalia

Music and Entertainment

Prairie's Edge
Finnessee Trio
Cassandra Little spoon
Erin Glover
Gary Spornitz
Erin Ross
Rebecca Raabis
Bluegrass Music Jam
Randi Boulton Singers
Anthony's Sing a Long
Music Gallery with Roland and Scott

Special Delivery

National Aboriginal Awareness
Day Drumming Circle

Little Gaetz in the Park
Entertainment Series

Veteran's Park Concerts

Earthdance for Somalia

The Hub on Ross

Expanding Borders

With a focus on partnership and getting outdoors, this month The Hub worked with the Push to Open Nature Society to create and participate in two Central Alberta Adaptive Challenges.



Teamwork



Sharing Joy



And Success



Reaching the Top and Removing Barriers

We traveled to Crimson Lake for hiking, voyageur canoeing and soaking up the sun.

By expanding our understanding of accessibility and creating opportunities for all our community members, everyone got to enjoy the beauty of nature in all its glory.

In Drayton Valley more opportunities for freedom from barriers were offered with the use of tandem canoes, kayaks, and a raft floating down the North Saskatchewan River (in the rain!). We camped overnight and awoke bright and early Sunday to the sound of birds and the warmth of sunshine as we completed our trip with an incredible group hike.

Art Exhibit
ART FROM THE INSIDE
Art therapy drawings & paintings
Wanda Cassidy

July 2012

Weekly Events

Stitching and Stations
(With CARS and Cosmos)
Exploring the Literary Arts
Purple with Kylie
Arts with Wilson & Mary
Music and Mingling
(With DJ Jim)
Lunch and Learn
(With C.A.R.E.)
The Model Club
Local First Market
Sunrise Toastmasters
Bluegrass Music Jam
Randi Boulton Singers
Anthony's Open Song
Music Gallery with Roland and Scott

Music and Entertainment
So Far, Sophomore CD Release of
Justine Vandergrift
Rebecca Rabbis
Duane Forrest
Nathan Lee Gartner
Amy Thiessen
Charlie Jacobson

Special Delivery

Crimson Lake Adaptive
Challenge & Drayton Valley
Adaptive Challenge (With the
Push to Open Nature Society)

Live Street Entertainment

10th Anniversary CentreFest
Street Festival

Westerner Days Poetry w/Hazel

The Hub on Ross



Rea & Artist Sarah Smith



Art with Coffee & Cocoa
with Mary & Wilson



Anthony & Friends on the
Ross Street Patio



Delbert, Tanya, Becky, Mary
& Cindy Saying Thank You!

Cultural Narratives

This month we worked with immigrant community members, their families, and the organizations that support them to share cultural narratives with the greater Red Deerian Community. With the support of C.A.R.E. and our beautiful Hub support family, we connected, shared, and danced with life together.

The lovely children and adults from the ASPIRE Children's Services Centre frequented our Hub on various Fridays. Throughout the year we have been helping ASPIRE fundraise through hula hoop jams. These efforts have been very successful, and have introduced our members to new people and new activities, creating a wonderful space for wellness and health for everyone participating.

Laughter & smiles abound and joy has been known to become a part of basic air quality control!

Art Exhibit
FOOD FOR THOUGHT
Sarah E. Smith

August 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand Bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Music Gallery
(With Roland)
Thursday Night Film Series
(With Canada World Youth)
Jewelry for Somalia

Music and Entertainment

Dean Ray
Here Come the Gleeeks
Don Swift
Shaky O's Moonwalk Project
Paeton Cameron
Bluegrass Music Jam
Randi Boulton Singers
Anthony's Sing a Long
Music Gallery with Roland and Scott

Special Delivery

Heritage Stories with C.A.R.E
Story Telling- Cultural Narratives
Immigrant Stories

Cultural Dance Day

Central Music Festival

Latin Fiesta!

Kananaskis Adaptive Challenge

Fort Normandeau Picnic

The Hub on Ross



Roland & Randi



Ross Street Patio



Earth Dance Participants



Lorinda Stewart Giving
Speech on Forgiveness

Empowerment Through Entertainment

This month was a month of showmanship and empowering entertainment at The Hub.

All the current & past volunteers and members graced us with their talents and their presence as numerous exciting venues for expression took place around Ross Street and The Hub.

The Annual Earthdance Festival used The Hub as ground central for another year, and hundreds of Red Deerians came out to promote peace together.

When Flying Bob rolled into town with his one-man circus act, our community banded together to promote and support laughter therapy!

The month rounded out with the making of "Peace Poles" in collaboration with The City of Red Deer Councillors and The C.A.R.E. Society.

Art Exhibit
TWO DIRECTIONS =
THE WAY FORWARD + STRATA
Tracie Stewart O'Brien
& Rita Schoenberger

September 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand Bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Music Gallery
(With Roland)
Jewelry for Somalia

Music and Entertainment

Randi Boulton
Gary Spornitz
Brett Shanks
Richard Harrow
Free Concert at Veteran's Park
(On Ross Street)
Bluegrass Music Jam
Randi Boulton Singers

Special Delivery

Flying Bob Circus Fun

FASD Awareness Day

Earthdance Festival (Global
Enrichment Foundation)

Alberta Culture Days

The Hub on Ross



Carlee & Stace



Mosaic Market



Gramma Link Canada



Weekly Hub Entertainment

Cultural Awareness & The Importance of a Social Network

This month we worked with Gramma Link Canada to educate the public and our Hub community members about the importance of social networks during times of illness or crisis. The impact of AIDS on the surviving children and family members of entire communities in Africa is the focus of Gramma Link, and their mission is to help create new structures & social supports for those left behind.

In addition, recipients of PDD funding joined committee work (Lt. Gov. Gala Committee) and attended meetings to provide opportunities to celebrate ability.

Art Exhibit
M.A.D. (MICHENER ART DIVAS)
Michelle, Alexa & Donna

October 2012

Weekly Events

Local First Market
Pasta Players Theatre
Sunrise Toastmasters
Right-On Theatre
(With Lucinda)
Yarn Works
Good Reads Book Club
All day Art Wednesdays
(With Wilson & Mary)
Pop Dance Movers
Community Drum Circle
The Model Club
Creative Creations
(With Carlee)
Hand Bell Choir
The stage is yours
Anthony's Open Song
Adapted Yoga for Beginners
The Model Club
Music Gallery
(With Roland)
Thursday Night Film Series
(With Canada World Youth)
Jewelry for Somalia
Huila Hoop Jams

Music and Entertainment

Randi Boulton CD Release Party at
Red Deer College
Don Swift
Lann
Dean Ray
Kayla & Melody
Bluegrass Music Jam
Randi Boulton Singers
Cosmos "Soulful Noise Band"

Special Delivery

Gramma Link Meetings

Polynesian Dance Extravaganza

Fourth Junction Heritage Society

Every Penny Counts
(With Cancer Support Services)

Gramma Link Africa Chili Lunch

The Hub on Ross



Bonnie & Valentine with the Polynesian Dancers



Tammy Serves People at Luncheon



Bonnie, Betty & Barb Serving at Luncheon



Waiting for Customers

Caring Connections

The Mosaic Market initiated a month of community collaboration. On a bustling Saturday afternoon 20 vendors who provide ethical shopping worked with our Hub volunteers to showcase the spirit of caring and giving.

Later on, the spirit of the season brought people into The Hub for free hot chocolate and Creating Seasonal Crafts with Carlee. Eventide Funeral Home partnered with the DBA to host activity in the warm Hub before the Annual Santa Claus Parade and the Festival of Trees Lighting Display. Outside the Hub, carolling, compliments of The Hub music community, warmed the crowd waiting for the parade.

The very next day, we bridged with the Francophone community for their annual events and hosted one of their concerts for the community at large. Beautiful traditions and songs were shared by all.

Speaking of traditions – the largest collection of home-made soups was once again well received and supported by our many “friends” at The Hub’s

annual fall United Way fundraiser.

November 2012

Art Exhibit
MARKER TOPIA
Sheldon Rabbit Wheatley

Weekly Events
Community Drum Circle
Music Gallery Jamming
Local First Market
The Model Club
Local First Market
Sunrise Toastmasters
Creating with Carlee
P.A.S.T.A Players Theatre
Randi Boulton Singers
Morning Music and Art
(Ross Street Piano Building Community)
Button Making
(With IDPD & friends)
Melting Pot Cultural Cooking
Polynesian Dancing
(With Valentine)
Right On Theatre
(With Lucinda)
Hand Bell Choir
The stage is yours
Anthony's Open Song
Fetal Alcohol Spectrum Disorder Learning Series

Music and Entertainment
Gord Cannon
Ruined Escape Plan
After the Storm
Music Gallery (with Roland)
Bluegrass Music Jam

Special Delivery
Eighth Annual United Way
Soup Benefit Luncheon raises
\$1,000.00

The Hub on Ross



Judy & Clifford Creating Art
for Red Deer College



Lucinda & Maren Doing
Adapted Yoga



Tim and His Adapted Trike



Jean and Canada World
Youth Friends

International Disability Awareness

This month brought great awareness and celebration for all peoples in our community. We celebrated our differences through seasonal festivities and marketplace connections. Our members held concerts, hung posters, made new friends, hugged old friends and loved one another as equals in the family of humanity.

Through the North Pole Stroll we met a lot of people who learned what we have to offer as an organization and a venue for community connection. Our Hub friends and volunteers were ambassadors beyond compare and new friendships were made by the minute.

Art Exhibit
INDIGENOUS IMPRESSIONS
Claudine Fleury

December 2012

Weekly Events

Community Drum Circle
Music Gallery Jamming
Local First Market
The Model Club
Local First Market
Sunrise Toastmasters
Creating with Carlee
P.A.S.T.A Players Theatre
Morning Music
(With DJ Jim & Anthony)
Hand Bell Choir
The stage is yours
Anthony's Open Song
Pop Dance Moves
Adapted Yoga
Hula Hoop Jam
First Market Christmas Sale
Afternoon of Crafting
(With CADA and ACFA)
North Pole Stroll

Music and Entertainment

Third Annual Benefit Winter Benefit
Concert
Donna Durand
Back Porch Swing
Carolyn Harley & the Davidsons
Rob Hollis
The June Bugs
Darren Johnson
Bob Jahrig
Ruth Henderson
Emily Rowed
Jessica Hall
Paeton Cameron
Olivia and Friends
Ivan Daines

Special Delivery

International Day of Persons with
Disabilities

Mayor celebrates with the
community to acknowledge the
many organizations and
businesses that have removed
barriers for those with disabilities.

North Pole Stroll

Seasonal Local Christmas Market

The Hub on Ross



Hub artists treat downtown to a Flash Mob

“Caring, honest, friendly – that’s what I enjoy and that’s why I keep coming, on my own via Red Deer transit, using one bus.”

Cindy

Patron of the Hub

“From our soul the pain of everyday life, music has the power to drive and motivate you; nothing beats the sound of your inner voice!”

Ron Baumgaite

Regular patron of ‘Live at The Hub

What Our Friends And Patrons Say



PASTA Players expressions with Ian and Lucinda



On Stage with Chris

“Patrice Michaud in concert was a great success! More than 35 people assisted with the concert and 3 volunteers helped for the setup. The Hub is a great part of the ACFA of Red Deer’s activities and it is good to see how the community comes together for those kinds of events. All the participants and the volunteers gave positive comments about the venue; they feel comfortable and they love everything The Hub has to offer!”

Marilou Bergevin B.Sc.

Agente de developpement



Tammy helping Gramma Link Africa

The Hub on Ross



"The Council of Canadians, Red Deer and Area Chapter enjoys a pleasing working relationship with The Hub and its patrons. Personnel at The Hub make every effort to work with us on events of mutual interest. Of course, the very fine resources – material and human – at The Hub sustain an active and growing community in which the Council of Canadians is proud to play a part. Of singular notice to us are the greetings we receive on the street downtown and elsewhere when we run into Hub participants and workers. That's important in an increasingly fragmented world, and I think crucial for the people who use The Hub. In fact, that is part of The Hub's mission – to make sure we are all connected and know each other as well as we can."

Ken Collier

Treasurer, Council of Canadians, Red Deer and Area Chapter



Kevin helps Flying Bob juggle hats



Hub stage is for everyone



Mosaic Market and Family Friendly Too!

"I was so incredibly impressed with the work I saw happening at The Hub last Thursday. I attended my first Hub event because a co-worker whom I have known for the past 10 years was speaking there. He approached me months before to invite me. Leading up to his speaking engagement I watched a light come on inside him. The amount of confidence and passion he brought to his speech was inspiring – I had never seen him that engaged in anything before. I can see where The Hub is really contributing to the lives of many across our community through the building of confidence, opportunities to excel, and inclusion and inspiration, especially in the lives of people that are often overlooked or disregarded in their communities. I was also struck by the Hub's

The Hub on Ross

willingness to support us in our summer of gnomes fundraiser this year. By playing the gnome game, you were able to support us in ending MS, promoting The Hub, helping local businesses promote traffic through their doors and encouraging Red Deerians to become more involved in their community. Thanks for being so engaged in the community. It is a pleasure to work alongside such engaged groups and causes."

Bre Fitzpatrick

Development Coordinator, Central Alberta Chapter, MS Society of Canada



Maren and Valentine dance Polynesian Style

"The gentleman I support becomes more verbal when we are at the Hub. Through the sharing circles, theatre games and singing, Warren's ability to use his voice and form sentences has greatly improved!"

Karen

Individual Support Worker



Working together is always more fun



And heart felt thanks are freely given

"I am sending this note to thank the PDD for providing such a remarkable venue for the community Drum Circles. My daughter Katherine (Kate) is now a participant through Cosmos programming. When we discuss her weekly attendance at The Hub, she becomes excited and animated and always looks forward to seeing friends at The Hub.

She is always greeted warmly by staff and other participants. She feels a sense of belonging while engaging in a fun and therapeutic event.

Kate has enjoyed varied Hub activities for almost two years, firstly joining in as a youth. The Hub was also instrumental in supporting Kate's transitioning activities between being a student and utilizing adult community services.

During that time, she participated in drama groups, choir, bell choir, yoga and dance.

On a number of occasions our entire family has attended functions at The Hub and we have invited family friends and classmates to watch productions that our daughter has participated in there.

On behalf of my daughter Kate and my family, we are sincerely grateful to the PDD for supporting and providing this excellent, centrally located facility where all are welcome.

Thank you."

Mary Jane Morrison

"I like to come into The Hub. There is always such great energy."

Jeff Stokoe

Advocate Photographer

"I have met the coolest people here at the Hub and I love volunteering at all the events with my mom and sister. I run into the a lot of Hub friends on the street and I always give them a big hug and smile"

FOX

14 year old
High School volunteer

The Hub on Ross



Balancing Acts with
Random Acts of Kindness



I Truly Love Being Here...

The Hub on Ross is one of the most amazing places I have ever experienced.

I have met more people in different walks of life here than I have anywhere else.

It's a truly love filled place for everyone to come and enjoy themselves and be a part of community, no matter what part of humanity you come from!

*Rea Vanlie
Hub Committee Member
& Volunteer Curator*



"Please accept our thanks for working with GrammaLink to put on our third Chili Bowl Lunch. Also, please thank all of The Hub volunteers that helped. From Tammy's enthusiasm and monitoring of the hairnet situation to Derek's wise counsel and being in the right place at the right time for set up, pepper, sour cream and cheese and to all of the others – Judy, Cindy, Wes – that helped with the set up/clean up, counting, and cupcake and bowl stations, we really benefitted. As you know, we raised over \$3,000 and served over 200. We noted lots of positive interactions between the grammas and The Hub volunteers – hopefully we are beginning to hit the right stride in involving The Hub volunteers – thank you for asking them to be involved. We appreciate being able to use The Hub for this event because of the great atmosphere and your support, as much as for the location and cost. We are hoping to come again next year! Thanks again!"

Diane Assinger

The Red Deer Advocate, February 12, 2013

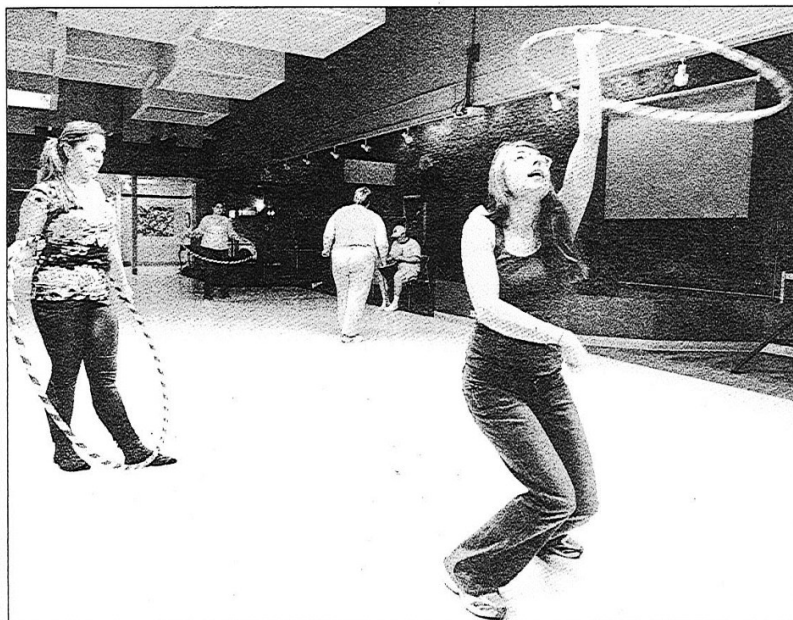


Photo by JEFF STOKOE/Advocate staff

Hula Hoop instructor Jodie Seymour demonstrates a move to Lindsey Geisbrecht during a night of Hula Hooping at the HUB on Tuesday.

Home is where The Hub is

COMMUNITY CENTRE OFFERS AFTERNOON DROP-IN SESSIONS
FOR A DIVERSE ARRAY OF INTERESTS

BY LANA MICHELIN
ADVOCATE STAFF

**'WE BRING CULTURE TO THE COMMUNITY 12
HOURS A DAY AND EVERYBODY'S A PART OF IT.'**

— HUB STAFFER TWYLA JOY LAPOINTE

Hula hoopers, handbell ringers, amateur artists, actors and community advocates all share a home base in downtown Red Deer called The Hub on Ross.

The community centre offers afternoon drop-in sessions for a diverse array of interests — whether it's yoga, dance or drumming.

And when most downtown businesses shut down for the night,

The Hub's Ross Street storefront remains a whirlwind of activity, bringing the community together for a common purpose.

Folks can try a new healing exercise program that mixes various body-mind disciplines, or attend popular Friday night concerts featuring performers, such as Amos Garrett, that attract audiences of 60-plus people.

One recent Tuesday evening, participants were having fun while exercising at the Hula Hoop Jam.

Jodie Seymour, who runs her own hooping business, volunteers to informally facilitate hula hooping at The Hub, saying it's a great place for novices and experienced hoopers to get together and do their thing.

"It's a chance for us to meet informally," said Seymour, who's own philosophy aligns with The Hub's goals of building community through shared experiences.

The adult-sized hoops that Sey-

mour brings in make it easy to keep them circling your waist, and "it's something fun to do," said Lindsey Geisbrecht, a 28-year-old office worker, who dropped in for the jam for the first time recently with a friend.

"I didn't know anything about The Hub, so I was pleasantly surprised to see all the things there are going on," said Elly Hunter, 23, a support worker for the disabled who also attended for the first time.

For many years, The Hub was The Centre Shop, a store that sold hand-crafted wooden items created by mentally disabled residents of Michener Centre.

It has evolved since 2005 into more of a welcoming community centre that integrates those with disabilities with the community at large.

Bev Randers, one of two staff members, said all kinds of people now use the centre, which is still funded by the Persons With Developmental Disabilities Board through the provincial Human Services Department.

Each week, easily 200 people walk through the doors, said Randers.

"Everybody loves the place. It's a huge success story."

Randers feels The Hub's role

is to help people make connections through cultural programming.

The centre's other staffer, Twyla Joy Lapointe, said The Hub often partners with other non-profits to jointly offer activities.

For example, a group such as the Central Alberta Refugee Effort might bring its own facilitator to offer a program such as the Culture Café at The Hub, so there's a sharing of resources.

"We bring culture to the community 12 hours a day and everybody's a part of it," said Lapointe, who believes that culture makes up the fabric of community — and requires a real communal effort.

But the reason so many people buy into what The Hub has to offer, she added, is that "people feel accepted here and everybody brings their best self forward."

Blair Charters, a 24-year-old restaurant worker, is a regular participant in programs at The Hub because he enjoys the laid-back vibe, which he feels takes the edge off some of the "intensity" of his job.

"What I most enjoy about it is meeting new people and making friends," Charters added.

Please see **HUB** on Page C2.

STORIES FROM PAGE C1

HUB: 'Everybody equal at The Hub'

"Everybody is equal here," said Lucinda Sheardown, who facilitates one of the more popular programs offered at The Hub — the PASTA Players acting group.

Sheardown sees acting as a collaborative experience, so everyone's idea for scenes is considered fair game — and if somebody likes to sing, the group is encouraged to write it into a scene.

"Every play is something we can relate to," said Charters.

In recognition of the Lieutenant Governor's Arts Awards being given out in Red Deer in June, the players are writing original scenes that will be performed for the public on the Ross Street Patio.

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The Hub on Ross

D2 RED DEER ADVOCATE Friday, Feb. 10, 2012



Photo by RANDY FIEDLER/Advocate staff

River Round Up by Marjorie Robert is one of the pieces in the new show **Tranquil Transitions** at The Hub on Ross. She and her stepson Sheldon have a number of paintings and mixed media pieces in the exhibition.

EXHIBITS

RED DEER GALLERIES

Tranquil Transitions — presented by The Hub until Feb. 29 features works of artists Marjorie and Sheldon Robert. Call 403-340-4869 for more information.

Cape Dorset: Selections from the MAG Collection will be featured at Red Deer Museum and Art Gallery continues to March 4. In Dec. 1983, Dr. Kathleen Anderson Swallow, a local collector of Inuit and Native Art, donated her collection to the museum. Cape Dorset prints comprised a large portion of her donation. See www.reddeermuseum.com, email museum@reddeer.ca, or phone 403-309-8405.

Uturautit — Cape Dorset Celebrates 50 Years of Printmaking — will be on display at the Red Deer Museum and Art Gallery until April 1. This exhibit is organized by the National Gallery of Canada in collaboration with Dorset

Fine Arts and represents a culmination of five decades of diverse styles and techniques of printmaking of the West Baffin Eskimo Cooperative Ltd. or Kingait as it is locally known in Nunavut. Phone 403-309-8405 or email to museum@reddeer.ca.

Pictures From a Sick Mind, works on paper by Ontario artist, Christ Shoust, will be displayed at the Harris-Warke Gallery until Feb. 12. Using metaphorical imagery, the artist communicated the needs and issues of people with mental illness. Call 403-346-8937 for more information.

The Gardens at Trevanno: works by Sally Towers-Syblis, will be on display at the Kiwanis Gallery until Feb. 26. These gardens in Cornwall England inspired the artist to paint imagery of birds, ponds, boathouses and more. To

find out more, phone 403-346-4576.

Remembering the Olympic Dream of Calgary's 1998 Winter Games through Commemorative Art is on display at the Alberta Sports Hall of Fame and Museum until March 3. Includes featured sculptures by artist John Weaver courtesy of WinSport Canada. See www.ashfm.ca or phone 403-341-8614.

Victory on the Field, an exhibit at the Alberta Sports Hall of Fame Museum, explores the effects of the First and Second World Wars on sports in Alberta and how war influenced so many Albertans when sport and war collided. For more information call 403-341-8614 or visit www.ashfm.ca.

To be included in this listing, please email event details to editorial@reddeeradvocate.com, fax to 403-341-6560, or phone 403-314-4325.

EXHIBITS

RED DEER GALLERIES

Urban Wilderness — A collection of pencil crayon drawings from Red Deer and directed by Wilson Harroway — will be open at The Hub throughout April. Phone 403-340-4869.

The Other Side of Gold Mountain: Chinese Pioneer Life on the Prairies — stories about Canada's Chinese Pioneer Settlers — at the Red Deer Museum and Art Gallery from April 21 to June 24. The MAG is complementing this exhibit with the story of one of Red Deer's prominent citizens, Frank Wong. As well, several traditional garments from the Qing Dynasty will be on display. For more information contact Kim at 403-309-8440 or Karin at 403-309-8445.

The Hub on Ross will display **With Spirit and Soul** through the month of May — an exquisite exhibition of artwork, featuring the talents and passions of students from Edson Secondary No. 4 to 6 a.m. Performances by Inuit throat singer Jeni McLennan, with Justine Vandergent and Joel Karmes opening. Reception is free of charge. To stay for the performances will be \$15 per person or \$30 per family. Cash only at the door. For more information call Bev or Twyla at 403-340-4869.

The 100 Ecstasy Series — paintings by Lloydminster artist Brand Heller — is now on display at Harris-Warke Gallery until May 5. Heller is a graduate of Red Deer College Visual Arts program who went on to receive her Bachelor of Fine Arts from Nova Scotia College of Art and Design. The exhibit is comprised of found objects, thoughts, and intuitions bound together with intricate paint. Phone 403-697-0768.

Food for Health — an exhibit from Canada Agriculture Museum and Canadian Institutes of Health Research and other partners — is now on display at Red Deer Museum and Art Gallery until June 24. Take a fresh look at the foods we eat, and get answers to questions about food. Phone 403-309-8405.

Fractals Infrum: Mixed Media by Elyse Ekot-Los and Digital Imagery by Janice Johnson will be on display at the Kiwanis Gallery at Red Deer Public Library Downtown Branch from Feb. 28 to April 29. This collection expresses the marriage of geometry and art, and more.

Victory on the Field, an exhibit at the Alberta Sports Hall of Fame Museum, explores the effects of the First and Second World Wars on sports in Alberta and how war influenced so many Albertans when sport and war collided. For more information call 403-341-8614 or visit www.ashfm.ca. To be included in this listing, please email event details to editorial@reddeeradvocate.com, fax to 403-341-6560, or phone 403-314-4325.



Out In The Cold is a watercolor, pencil and pencil crayon piece by Wilson Harroway exhibited at The Hub on Ross. Harroway is a local visual artist who is exhibiting his second show at The Hub. The show is a work in progress. As the **Urban Wilderness** keeps growing, so does this show. Harroway said he is pleased to present this show as the flower is proud to present itself through the concrete.

LIVE, ON STAGE

The Yat will host Dan Davidson from the Edmonton band **Tycho Honey** on April 21.

The Harroway will host the husband and wife team of Luke Doucet and Melissa McCalland on April 26, supporting their excellent debut mini-album. And don't miss Dave McCall and the Firestarts on May 12. Touring on the strength of their newest album **Disembodied**, which lays a torch to the influence of bluesed country soul, heartland Americana and

southern tinged rock and roll.

Jeans Joint House Concert: J.P. Riemeens and Dan Walsh will make their annual appearance on May 5. A festive celebration in recognition of Cinco de Mayo. Tickets are available from Andy at 403-367-4725.

The Memorial Centre will host Steve Earle on June 15, appealing solo and acoustic. The concert is a fundraiser for the Central Music Festival.

To raise your establishment's live bands included in this space, fax a list to Club Dates by 8 a.m. on Wednesday to 403-341-6560 or email editorial@reddeeradvocate.com.


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The Hub on Ross

Red Deer Scene, December 2012


DECEMBER 2012

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The Hub on Ross

Interview by Mike Lupul



The Hub on Ross is an all-inclusive cultural venue and meeting place for people to build community through the arts. An open space is provided in which people initiate cultural learning opportunities for each other. No person or form of art is excluded and no experience is necessary. This allows participants to gain knowledge of forms of art and expression that they have never experienced before. The Hub is not a club, rather it is a place where people can come and go as they please and participate in any event that interests them. As a result of the connection, unity, and sense of belonging attained by being a part of the community at The Hub, many members experience benefits to their overall health and well-being. The Hub helps keep downtown Red Deer safe and alive through culture and fun.

Many planned events produce a structured learning experience where all forms of art are expressed and shared. Some of the regular weekly events planned for the month of December include a drumming session on Mondays, a pop dance moves class on Tuesdays, a visual art session on Wednesdays, a singing session facilitated by local singer Randi Boulton on Thursdays, and a local market on Fridays. Highlights for the month of December include the 3rd Annual Benefit Concert on the 7th, the First Friday Artist Reception, also on the 7th, and award winning Olivia Smith who will present an afternoon of Christmas music with featured guest Ivan Daines on the 21st. Every event that is facilitated at The Hub is free of charge, aside from the monthly Hub House Concerts which feature local musicians. A small fee is collected that goes toward supporting the musician who performs that evening.

The month of December makes The Hub think of celebrations and gift giving. The Hub is like a gift – both on the giving and receiving end. The partners who bring their passion and ideas to be part of the community are a gift. Individual participants who share their artistic gifts with the community bring light and life to downtown Red Deer on a daily basis, every month of the year. Every day is Culture Day at The Hub on Ross.

Please check out The Hub's website at www.hubpdd.com or visit The Hub on Ross to participate in the exchange of culture and arts.

Just Give'em the Money: The Power and Pleasure of Unrestricted Funding
Quote from Kevin Starr of the Mulago Foundation and the Rainer Arnhold Fellows Program
"What I can't figure out is why everyone doesn't do it. Unrestricted money makes an organization work smoothly, enables innovation, and provides fuel for growth. It unlocks potential and allows people to get down to business and do what they're best at. It makes it possible for great organizations to weather crises without losing momentum. For us, it serves to leverage other people's restricted money—and I love the feeling that we're getting a better deal."

If you believe in having a strong arts/culture community, please give a gift of support for Arts and Culture in Red Deer. The Red Deer Arts Council can give you a charitable donation receipt so that part of your donation dollars comes back through your income taxes. That donation, no matter the amount, helps strengthen and grow the Council's ability to support the Arts community in Red Deer. From a mere \$10.00 to whatever you might give will help us leverage those other restricted funds that are earmarked for programming and special projects.