

## SERVICES FOR ABUSED WOMEN

- If a program is identified as ► **Alberta Works Funded**, this means that the program is funded by Community and Business Services (CBS), Alberta Human Services (HS).

### Lives in Transition

#### ► Alberta Works Funded

Phone: (780) 496-9224  
Email : [gethelp@litinc.ca](mailto:gethelp@litinc.ca)  
Website: <http://litinc.ca>

#### **Target group:**

Albertans.

#### **Program Description:**

To assist women in the Edmonton area, whose primary barrier to employment is a history of domestic abuse, to move along a continuum towards employment, further education or training by providing comprehensive programming designed to support this group. This is a 30 week program with a main focus on life management skills including developing an understanding of domestic violence and the issues surrounding it. Some of the other elements of the program will include the following:

- Academic Upgrading
- Life Management Skills
- Computer Training
- Employment Readiness
- Occupation-Related Skill Training
- Support for transportation costs
- Supportive personal consultation

#### **Program Length:**

30 Weeks

#### **Intake Dates:**

Please contact for intake dates.

#### **Pre-Requisites/Eligibility Requirement:**

Participants must be at least 18 years of age, and possess barriers to employment resulting from domestic violence and be unemployed or marginally employed.