

Prevention and Early Intervention Services (EI) funded by the Edmonton Region Child and Family Services (CFS) provide a wide range of family-centered, community-based programs and services for families. Preventative programming for children, youth and families encourages healthy outcomes. Families can access appropriate resources to build on their strengths and to increase their support systems.

EI Services promote positive child development and family functioning by:

- supporting the learning and development needs of children, including Head/Early Start programs, play groups, and literacy development
- supporting expectant mothers and new parents to have healthy babies, including prenatal and postnatal care and education and access to community health programs
- teaching positive parenting skills in addition to nutrition, discipline, communication and relationship building
- assisting families to develop social support networks and community linkages
- offering early learning and family resource programs in a variety of settings, including home visits, support groups, one-on-one, outreach, and information sessions
- supporting children, youth and families who are or who may be affected by Fetal Alcohol Spectrum Disorder
- preventing and addressing family violence, through counselling, education and support programs
- collaborating with the community to plan and provide programs and services, including culturally appropriate parenting supports for aboriginal, immigrant and refugee families

EI Services are provided by community-based agencies under contract to the CFS. CFS Neighbourhood Centres connect families in need to community resources and parenting supports.

If you have questions about parenting or need help with meeting your children's needs, contact the Neighbourhood Centre closest to you. Information regarding Early Intervention Services can be obtained from the Neighbourhood Centre office closest to your home.

For more information on Edmonton Region Child and Family Services, call 780-427-2250 or visit our website at www.humanservices.alberta.ca/edmontoncfs.

